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| --- | --- | --- | --- | --- | --- | --- |
| Face | Name | Committees | Twitter | E-mail | Address | Phone |
| Image result | US Senator Patty Murray (D) | Appropriations; Budget; Veteran’s Affairs; Health, Education, Labor & Pensions | [@PattyMurray](https://twitter.com/PattyMurray) | <https://www.murray.senate.gov/public/index.cfm/contactme> | DC: 154 Russell Senate Office Building (20510) Seattle Office: 915 2nd Avenue, Suite 3206 (98174) | Seattle: (206) 220-6400 DC: (202) 224-3441 |
| Image result | US Senator Maria Cantwell (D) | Commerce, Science & Transportation, Energy & Natural Resources; Finance, Small Business & Entrepreneurship; Indian Affairs | [@SenatorCantwell](http://twitter.com/SenatorCantwell) | <https://www.cantwell.senate.gov/contact/email/form> | DC: 311 Hart Senate Office Building (20510)Seattle: 915 2nd Avenue, Suite 3206 (98174 | Seattle: (206) 220-6400DC: (202) 224-3441 |
| Image result | US Rep Pramila Jayapal (D) 7th District | [Budget](https://www.govtrack.us/congress/committees/HSBU), [Judiciary](https://www.govtrack.us/congress/committees/HSJU), [Immigration and Border Security](https://www.govtrack.us/congress/committees/HSJU/01), [Regulatory Reform, Commercial and Antitrust Law](https://www.govtrack.us/congress/committees/HSJU/05) | [@pramilajayapal](https://twitter.com/pramilajayapal) | <https://jayapal.house.gov/contact> | DC: 319 Cannon House Office Building  Washington, DC 20515  Seattle: 904 3rd Ave., Suite 510 Seattle, WA 98101 | DC: 202-225-3106Seattle: 206-674-0040 |
| [Jamie Pedersen Image](http://sdc.wastateleg.org/Pedersen/) | State Senator Jamie Pedersen (D)43rd legislative District | Committees  [Law & Justice](http://leg.wa.gov/Senate/committees/LAW) (Ranking Minority Member) [Ways & Means](http://leg.wa.gov/Senate/committees/WM) |  | <https://app.leg.wa.gov/pbc/memberEmail/43/0> | Olympia: 235 John A. Cherberg Building PO Box 40443 Olympia, WA 98504 | (360) 786 - 7628 |
| [Nicole Macri Image](http://housedemocrats.wa.gov/legislators/Nicole-Macri/) | State Rep Nicole Macri (D) 43rd legislative District | [Community Development, Housing & Tribal Affairs](http://leg.wa.gov/House/committees/CDHT) (Vice Chair) [Health Care & Wellness](http://leg.wa.gov/House/committees/HCW) (Vice Chair) [Capital Budget](http://leg.wa.gov/House/committees/CB) | [@votenicolemacri](https://twitter.com/votenicolemacri) | <https://app.leg.wa.gov/pbc/memberEmail/43/1> | Olympia: 311 John L. O'Brien Building PO Box 40600 Olympia, WA 98504 | (360) 786 - 7826 |
| [Frank Chopp Image](http://housedemocrats.wa.gov/legislators/Frank-Chopp/) | State Rep Frank Chopp (D) Speaker43rd legislative District | [Rules](http://leg.wa.gov/House/committees/RUL) (Chair) | [@WAHouseDems](https://twitter.com/WAHouseDems) | <https://app.leg.wa.gov/pbc/memberEmail/43/2> | Olympia: 339C Legislative Building PO Box 40600 Olympia, WA 98504 | (360) 786 - 7920 |
| KohlWelles_final2x3 | King County Councilmember Jeanne Kohl-Welles (D)4th District | [Budget and Fiscal Management](http://www.kingcounty.gov/council/committees/budget.aspx); [Committee of the Whole](http://www.kingcounty.gov/council/committees/cow.aspx); [Law and Justice](http://kingcounty.gov/council/committees/law_justice.aspx); [Transportation, Economy and Environment](http://www.kingcounty.gov/council/committees/transportation_economy_environment.aspx) | [@JKohlWelles](https://twitter.com/JKohlWelles) | [jeanne.kohl-welles@kingcounty.gov](mailto:jeanne.kohl-welles@kingcounty.gov) | 516 Third Ave, Room 1200. Seattle, WA 98104 | 206-477-1004 |