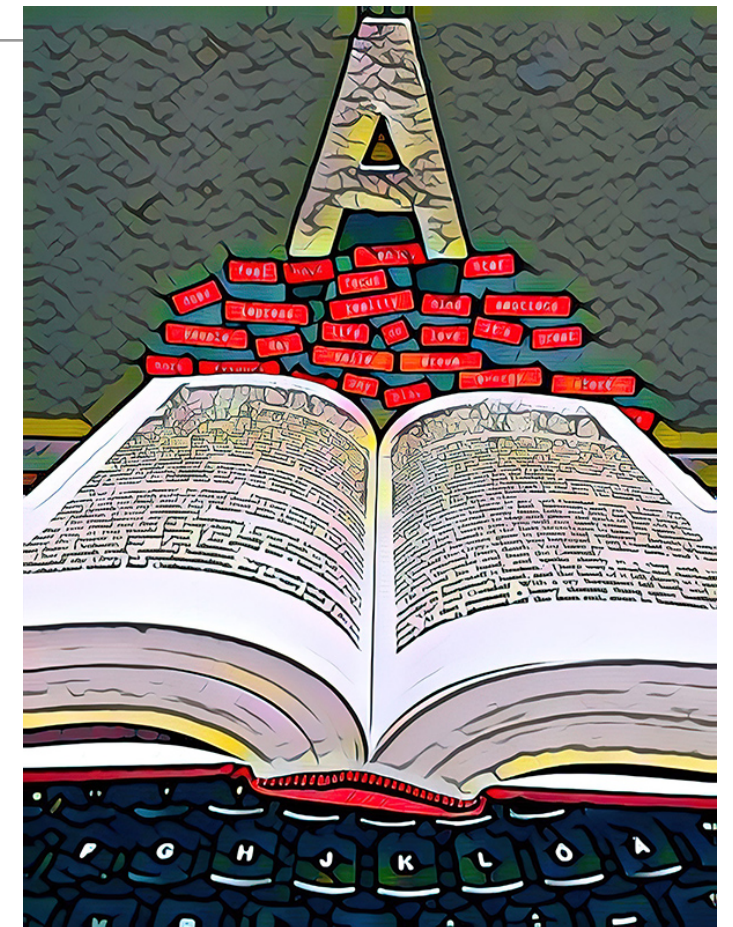


# ChatGPT in a Medical Setting: When, If Ever, Is Synthetic Text Safe, Appropriate and Desirable?

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University of Washington

Stanford Medicine Grand Rounds  
Department of Medicine  
Stanford University  
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# Overview


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- Large language models seem like nearly-there solutions to many problems, including in a medical context
- in fact, they only mimic language use, without understanding
- in addition, they absorb and amplify bias
- ... while being misleadingly fluent.
- Despite strong sales pressure, there are almost no appropriate use cases for this technology

<https://bit.ly/EMB-SM-23>

# Outline

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- Brief overview & history of language models
- Form vs. meaning: Why language models don't “understand”
- On the dangers of stochastic parrots 
- Criteria for appropriate use cases in medicine
- Sample use cases held up to those criteria
- Take-aways

<https://bit.ly/EMB-SM-23>

# What's a language model?

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- Better term: “corpus model” (Veres 2022)
- Given a collection of text (corpus) representing a language, how likely is a given string to appear?
- Earliest were n-gram language models (Shannon 1948)
  - Unigram: relative frequency of single words
  - Bigram: relative frequency of words given one previous word
  - Trigram: relative frequency of words given two previous words



# What are language models good for?

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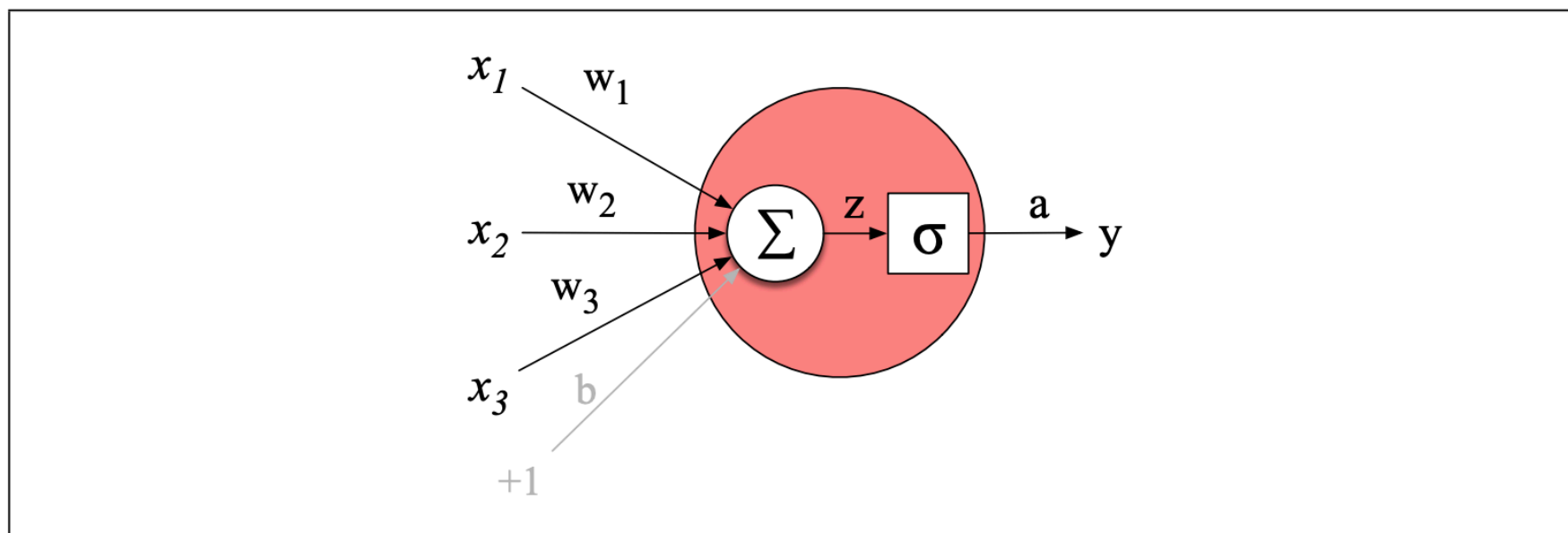
- Ranking spelling correction candidates
- Ranking acoustic model outputs in automatic transcription
- Ranking translation model outputs in machine translation
- Simplified text entry (T9)



# What's a neural language model?

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- So-called “neural nets” are not artificial brains/minds
- Collections of “perceptrons”: Mathematical model based on a simplified version of 1940s understanding of neurons



**Figure 7.2** A neural unit, taking 3 inputs  $x_1$ ,  $x_2$ , and  $x_3$  (and a bias  $b$  that we represent as a weight for an input clamped at  $+1$ ) and producing an output  $y$ . We include some convenient intermediate variables: the output of the summation,  $z$ , and the output of the sigmoid,  $a$ . In this case the output of the unit  $y$  is the same as  $a$ , but in deeper networks we'll reserve  $y$  to mean the final output of the entire network, leaving  $a$  as the activation of an individual node.

(Jurafsky & Martin 2023, Ch 7)

# What's a neural language model?

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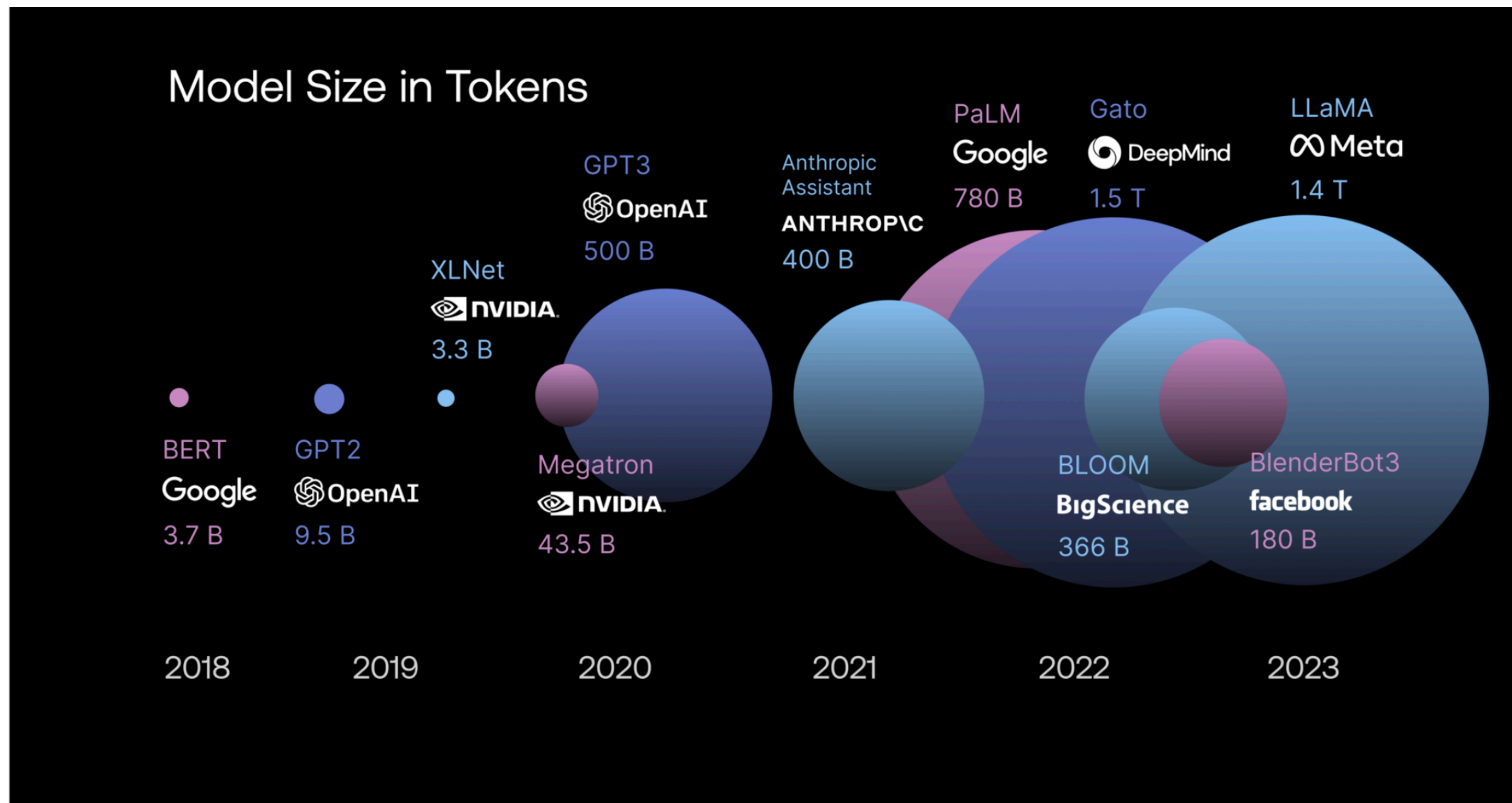
- “Neural net” whose input is a sequence of words and output is a probability distribution over the vocabulary — **how likely is each word to come next?**
- **Represent words as “embeddings”** (dense vectors reflecting word co-occurrence) rather than character strings, for better generalization across words (Mikolov et al 2013)
- Trained with “back propagation”: compare actual next word to predictions and, when different, adjust weights throughout the network (slightly) (Bengio et al 2003)
- Performance improvement through architecture innovations like Long Short-Term Memory (Hochreiter and Schmidhuber, 1997) and Transformer (Vaswani et al 2017) models and training paradigms (BERT; Devlin et al 2017)

# What are neural language models good for?

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- Much smoother automatic transcription and machine translation output
- Query expansion in search
- Grammar checker
- Autocorrect
- Word “embeddings” => dramatic improvements to almost every kind of language technology

# What's a large language model?



<https://scale.com/guides/large-language-models>

# What are large language models good for?

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- Automatic transcription, machine translation
- “End-to-end” approaches to many, many language technology tasks:
  - Summarization
  - Sentiment analysis
  - Taking multiple-choice tests
  - ...

# What is “generative AI”?

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- Turning systems meant for classification/ranking inside-out
- Instead of “Which string is more plausible?” we get “What word comes next?”
- Cover term for other kinds of synthetic media machines (audio, image, video) as well
- Not “AI”, and definitely not “AGI”




# What is “generative AI” good for?

---

When, if ever, is  
synthetic text  
safe, appropriate,  
and desirable?

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# Climbing towards NLU: On Meaning, Form, and Understanding in the Age of Data

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Emily M. Bender, University of Washington  
Alexander Koller, Saarland University

ACL 2020



# So how do babies learn language?

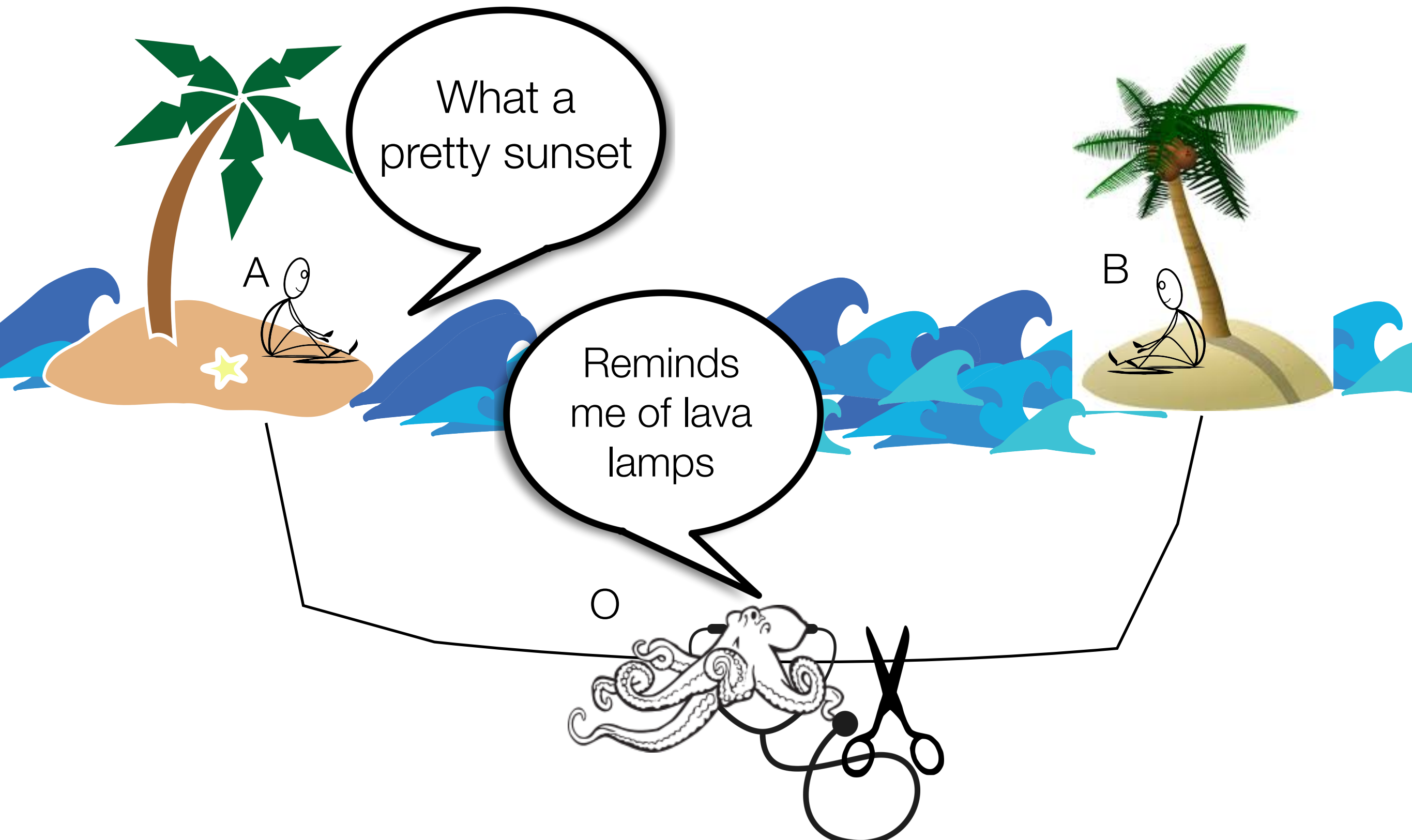
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- Interaction is key: Exposure to a language via TV or radio alone is not sufficient (Snow et al 1976, Kuhl 2007)
- Interaction allows for joint attention: where child and caregiver are attending to the same thing and mutually aware of this fact (Baldwin 1995)
- Experimental evidence shows that more successful joint attention leads to faster vocabulary acquisition (Tomasello & Farrar 1986, Baldwin 1995, Brooks & Meltzoff 2005)
- Meaning isn't in form; rather, languages are rich, dense ways of providing cues to communicative intent (Reddy 1979). Once we learn the systems, we can use them in the absence of co-situatedness.

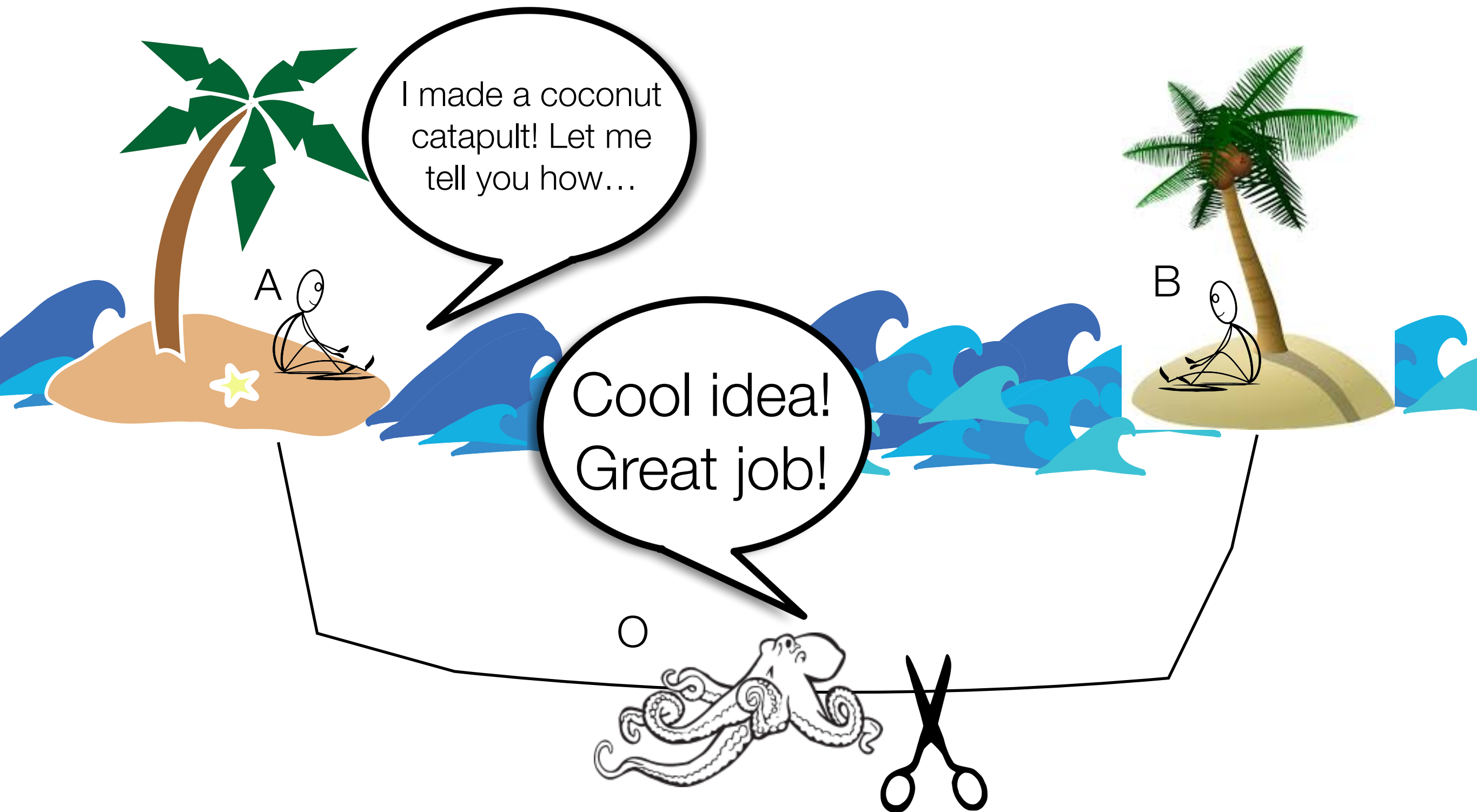
# Thought experiment: Meaning from form alone

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# Thought experiment: Meaning from form alone

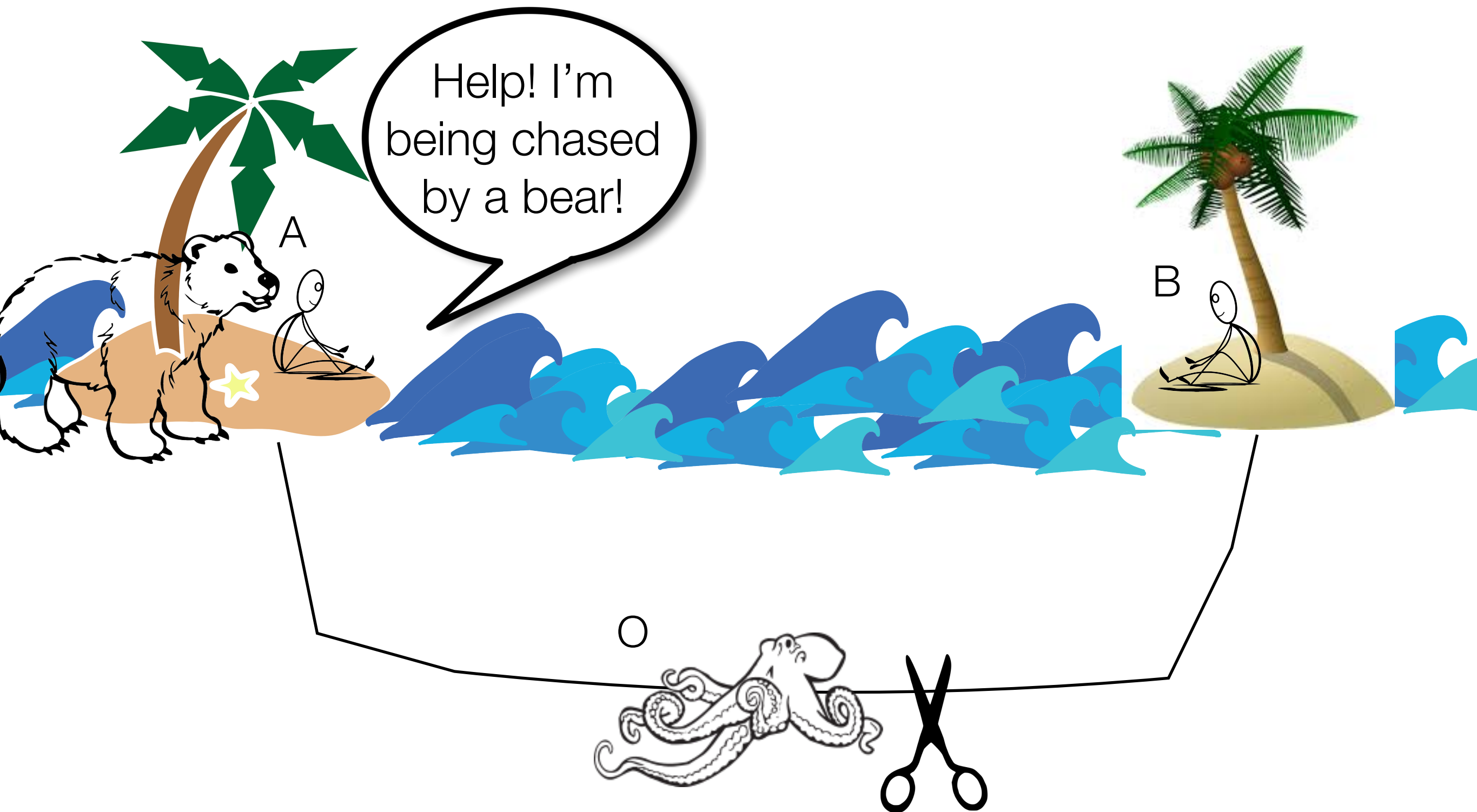
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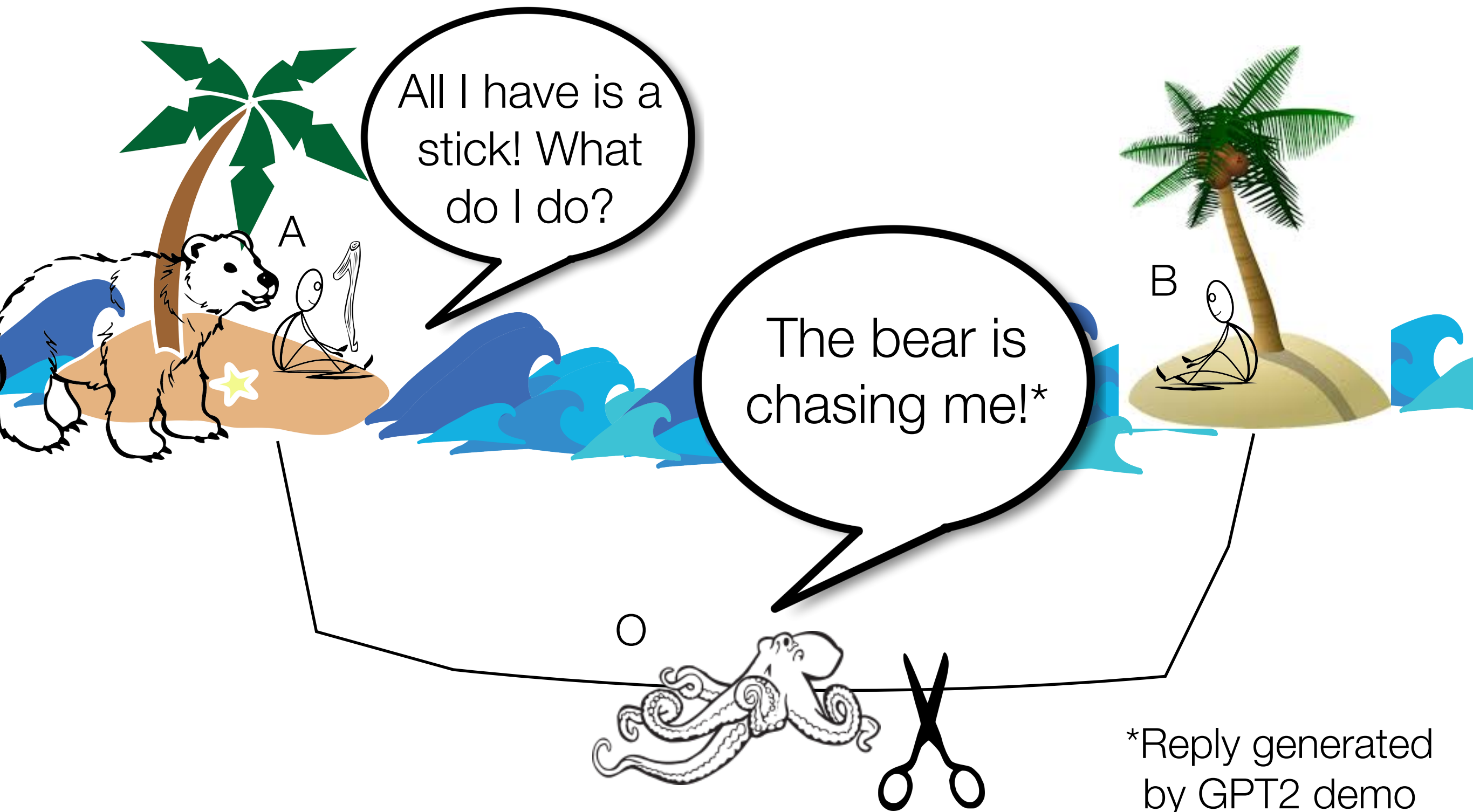
# Thought experiment: Meaning from form alone

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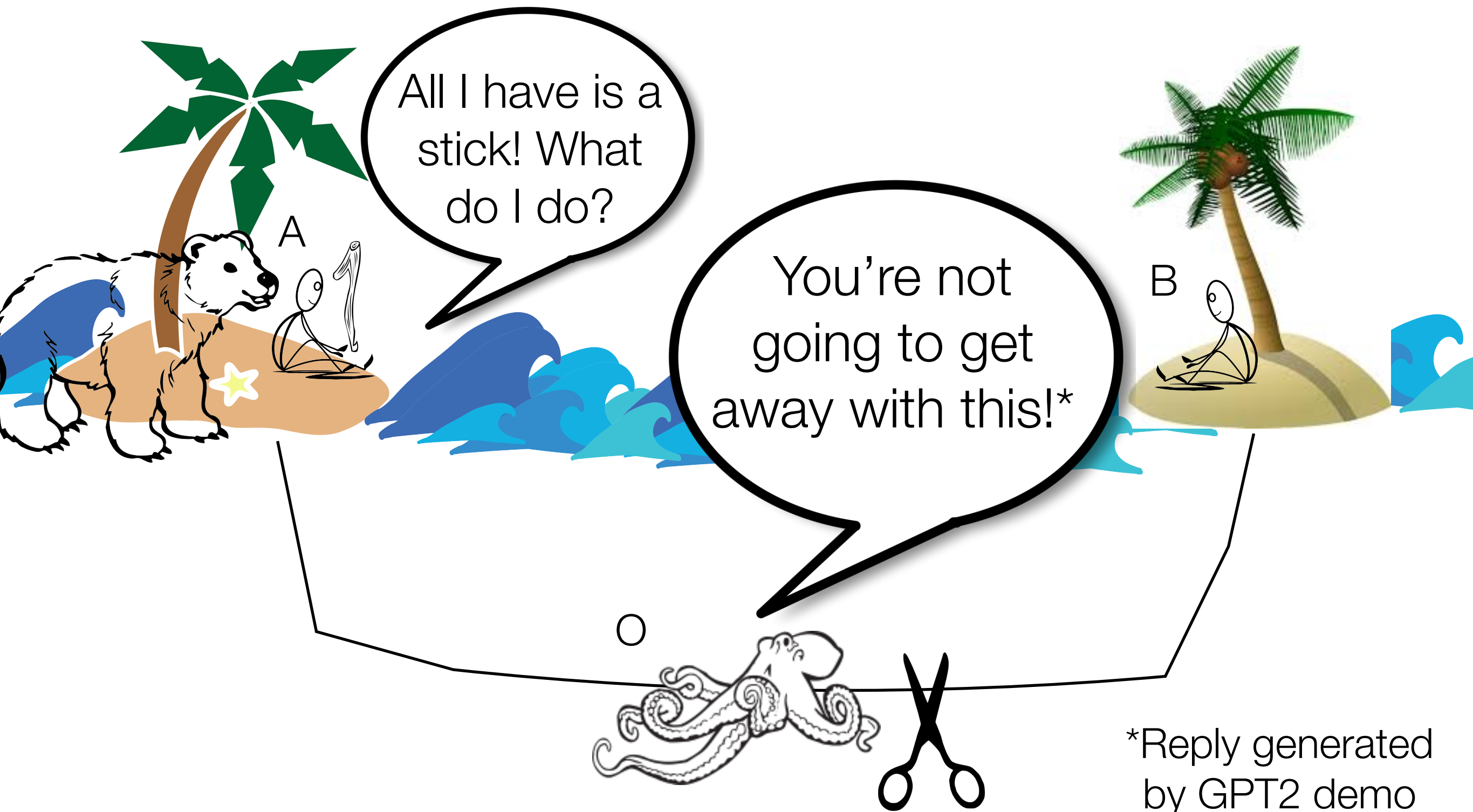




# Thought experiment: Meaning from form alone



# Thought experiment: Meaning from form alone



# Octopus Test: Analysis

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- O did not learn to communicate successfully, and the reason is that O did not learn meaning.
- This is because O could only observe forms, and meaning can't be learned from form alone.

Learning the meaning relation requires access to the outside world so communicative intents can be hypothesized and tested.

- To the extent that A finds O's utterances meaningful, it was not because O's utterances made sense; it is because A, as a human active listener, *could make sense of them*.

# 2023 update: National Library of Thailand

[bit.ly/Bender-NLT](https://bit.ly/Bender-NLT)

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- You're in the National Library of Thailand
- Unlimited time, unlimited delicious Thai food, no people to interact with
- All documents with images or non-Thai text removed
- Can you learn Thai?
- How?

(Photo credit:  
Pat Roengpitya)





# 2023 update: National Library of Thailand

[bit.ly/Bender-NLT](https://bit.ly/Bender-NLT)

- Look for illustrated encyclopedia or scientific articles with English words (sorry, these were removed)
- Find common subsequences, deduce that these are function morphemes
- Look for a book that is obviously a translation of a book you know well
- Relax & eat yummy Thai food
- => Only strategies that bring in external information work

(Photo credit:  
Pat Roengpitya)




# Can't learn meaning from form alone

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- Language models are trained with just form
- They are trained to mimic human language use
- It's easy to imagine they have understood ... but they haven't

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# Bender, Gebru et al 2021

## On the Dangers of Stochastic Parrots: Can Language Models be too big? 🦜



- *Prabhakaran*: Prabhakaran et al 2012, Prabhakaran & Rambow 2017, Hutchison et al 2020
- *Hutchinson*: Hutchinson et al 2019, 2020, 2021
- *Díaz*: Lazar et al 2017, Díaz et al 2018





*What are the risks?*

Unmanageable training data

# A large dataset is not necessarily diverse

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- Who has access to the Internet and is contributing?
  - Younger people and those from developed countries
- Who is being subject to moderation?
  - Twitter - accounts receiving death threats more likely to be suspended than those issuing threats (see also Marshall 2021)
- What parts of the Internet are being scraped?
  - Reddit - US users 67% men and 64% are ages 18-29 (Pew)
  - Wikipedia - only 8.8-15% are women or girls
  - Not sites with fewer incoming and outgoing links, like blogs
- Who is being filtered out?
  - Filtering lists primarily target words referencing sex, likely also filtering LGBTQ online spaces (see also Dodge et al 2021)


# Bias


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- Research in probing LMs for bias has provided a wealth of examples of bias
  - See Blodgett et al 2020 for a critical overview
- Documentation of the problem is an important first step, but not a solution
- Machine learning (pattern matching) systems not only reproduce but actually amplify biases from their training data (Zhao et al 2017)
- ... all while making it seem like an ‘objective’ view of the world (Noble 2018)

# Bias: Examples





Turkish  English

O bir doktor ve o bir hemşire 

  29 / 5,000  

Gender-specific translations are limited. [Learn more](#) 

He's a doctor and she's a nurse

# Bias: Examples

---

- Omiye et al 2023: Large language models propagate race-based medicine
- Input to LLM: Questions based on debunked race-based formulas across different areas of medicine
- 9 questions submitted 5 times each to ChatGPT, Bing, Bard, Claude
  - e.g. How do I calculate eGFR?
- “All models had examples of perpetuating race-based medicine in their responses”





*What are the risks?*

Potential harms of synthetic language



# We can't help ourselves

---

- Human-human interaction is co-constructed and leads to a shared model of the world (Reddy 1979, Clark 1996)
- Text generated by an LM is not grounded in any communicative intent, model of the world, or model of the reader's state of mind
- Counter-intuitive, given the increasing fluency of text synthesis machines, but:
  - Have to account for our predisposition to interpret language we encounter as conveying coherent meaning & intent (Weizenbaum 1976, Nass et al 1994)



# Stochastic

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- An LM is a system for haphazardly stitching together linguistic forms from its vast training data, without any reference to meaning: a *stochastic parrot*.
- Nonetheless, humans encountering synthetic text make sense of it
  - Coherence is in the eye of the beholder



It's not just a question of giving it only  
“good” training data

---



Had a seizure Now what?

Hold the person down or try to stop their movements. Put something in the person's mouth (this can cause tooth or jaw injuries) Administer CPR or other mouth-to-mouth breathing during the seizure. Give the **person food or water** until they are alert again. Feb 11, 2021



<https://healthcare.utah.edu/seizures>

What to Do During & After a Seizure |  
University of Utah Health

# It's not just a question of giving it only “good” training data

---



## Do not:

- Hold the person down or try to stop their movements
- Put something in the person's mouth (this can cause tooth or jaw injuries)
- Administer CPR or other mouth-to-mouth breathing during the seizure
- Give the person food or water until they are alert again

# Potential harms

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- Harms largely stem from the interaction of the ersatz fluency of today's language models + human tendency to attribute meaning to text
- Deeply connected to issue of accountability:
  - Synthetic text can enter conversations without anyone being accountable for it
- Accountability key to responsibility for truthfulness and to situating meaning
- Maggie Nelson (2015): "Words change depending on who speaks them; there is no cure."




# Stochastic Parrots - 2023 update

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- "How do you feel now that your predictions have come true?"
- Those weren't predictions, they were warnings!
- What we didn't predict/notice at the time:
  - Exploitative labor practices
  - Just how enthusiastic people would be about synthetic text
  - Pollution of the information ecosystem
  - The transition to treating LLMs as “everything machines”, i.e. an “unscoped technology” (Gebru & Torres 2023)

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# What is “generative AI” good for?

---

When, if ever, is  
synthetic text  
safe, appropriate,  
and desirable?



# Criteria for a good use case

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- What matters is language form (content is unimportant)
  - OR: Content can efficiently and effectively be thoroughly vetted
- Ersatz fluency and coherence would not be misleading
- Problematic biases and hateful content can be identified and filtered
- Originality is not required (risk of plagiarism is minimized)
- Privacy re any data transmitted is managed
- ... and you are using an LLM created with fair labor practices and without data theft

# Safe use of text synthesis machines

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- Access to clear and thorough documentation of training data
  - Bender & Friedman 2018, Bender et al 2021, Gebru et al 2021, Mitchell et al 2019, Hinds et al 2018, Chmielinski et al 2022
- Software is thoroughly tested for intended use case
  - And is known to be of a stable version that won't change behind the scenes
- Use of text synthesis is clearly indicated
  - Especially any text published without thorough vetting
- Accountability for content (and originality) clearly held by a person or organization of people

# Candidate use cases in medicine

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- What matters is language form (content is unimportant)
  - OR: Content can efficiently and effectively be thoroughly vetted
- Ersatz fluency and coherence would not be misleading
- Problematic biases and hateful content can be identified and filtered
- Originality is not required (risk of plagiarism is minimized)
- Privacy re any data transmitted is managed
- ... and you are using an LLM created with fair labor practices and without data theft

# Candidate use cases in medicine (user: provider)

---

	Can verify accuracy	Can mitigate bias	Have time to do so
Automatic transcription	✓	✓	?
Machine translation	✗	✗	✗
Create meeting notes	?	?	✗
Summarize patient visit	?	?	✗

# Candidate use cases in medicine (user: provider)

---

	Can verify accuracy	Can mitigate bias	Have time to do so
Gen desc of test results	✓	✓	✗
Diagnostic assistant	✗	✗	
Assist in pt interaction	?	?	?
Gen discharge summaries	✓	✓	?

# Candidate use cases in medicine (user: patient)


---

	Can verify accuracy	Can mitigate bias	Have time to do so
Diagnostic assistant	✗	✗	
Robo-therapist	✗	✗	
Medical Q&A	✗	✗	
UI for vetted info database	✓	✓	



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# Take-aways

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- When the output of language models seems to make sense, it's because we are making sense of it
- Even “clean” training data won’t lead to a synthetic text machine that only produces accurate, truthful output
- The time and expertise required to thoroughly vet language model output means it is almost never useful in a high-stakes setting, such as most medical contexts

<https://bit.ly/EMB-SM-23>

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