# **The spectra and periodograms of anti-correlated discrete fractional Gaussian noise**

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### **Abstract**

Discrete fractional Gaussian noise (dFGN) has been proposed as a model for interpreting a wide variety of physiological data. The form of actual spectra of discrete fractional Gaussian noise (dFGN) for frequencies near zero varies as  $f^{1-2H}$ , where  $0 < H < 1$  is the Hurst coefficient; however, this form for the spectra need not be a good approximation at other frequencies. When H approaches zero, dFGN spectra exhibit the 1-2H power-law behavior only over a range of low frequencies that is vanishingly small. When dealing with a time series of finite length drawn from a dFGN process with unknown  $H$ , practitioners must deal with estimated spectra in lieu of actual spectra. The most basic spectral estimator is the periodogram. The expected value of the periodogram for dFGN with small H also exhibits non-power law behavior. At the lowest Fourier frequencies associated with a time series of *N* values sampled from a dFGN process, the expected value of the periodogram for *H* approaching zero varies as  $f^0$  rather than  $f^{1-2H}$ . For finite *N* and small *H*, the expected value of the periodogram can in fact exhibit a local power law behavior with a spectral exponent of  $1 - 2H$  at only two distinct frequencies.

*PACS Codes and Key Terms:* 05.45.Tp, 47.53.+n; anti-correlated fractional Gaussian noise, power-law, spectra, Hurst coefficient, periodogram, time series analysis

#### **1. Introduction**

Recently there has been considerable interest in the use of stochastic fractal models to help interpret physiological data (Bassingthwaighte, Liebovitch, and West, 1994). Two models that have been investigated extensively in this context are fractional Brownian motion (FBM) and fractional Gaussian noise (FGN) (Mandelbrot and Van Ness, 1968). These two models are related to one another, but the connection between them and how they are used in practical applications bring up some subtle issues that have not been fully appreciated amongst practitioners and that are the focus of the present manuscript.

Our starting point is FBM, which we denote here as  $B_H(t)$ ,  $0 \le t \le \infty$ . FBM is a continuous parameter stochastic process that depends upon a parameter  $H$ , the Hurst coefficient, where  $0 < H < 1$ . The qualifier 'continuous parameter' refers to the fact that the independent variable,  $t$ , ranges over all nonnegative real values. In practical applications, we must deal with sampled data, which leads us to consider  $B_H(t)$  at just the integers  $t=0, 1, 2, ...$  This sampling leads to a discrete parameter version of FBM, which we refer to as dFBM. For clarity, we henceforth refer to the continuous parameter version of FBM as cFBM.

Flandrin (1989) shows that, even though cFBM is a nonstationary process, it has a well defined power spectrum  $S(f)$  that obeys a power law exactly over all frequencies; i.e.,  $S(f)$  is proportional to  $f^{-1-2H}$  for  $-\infty < f < \infty$ . Flandrin also considers a form of a derivative of cFBM, namely, a process defined as  $\lim_{\delta \to 0} \left( \frac{B_H(t + \delta) - B_H(t)}{\delta} \right)$ . He shows that this derivative process also has a spectrum that obeys a power law exactly over all frequencies and is given by  $S(f) \sim f^{1-2H}$ . The concept of FGN as formulated by Mandelbrot and Van Ness is related to this derivative process in that, rather than letting  $\delta$  decrease to zero, we fix it at unity. This leads us to what we will refer to as continuous FGN (cFGN) and discrete FGN (dFGN). cFGN is defined as  $X(t) = B_H(t+1) - B_H(t)$ , where  $0 \le t \le \infty$ , resulting in a spectrum given by the product of the squared gain function for a first difference filter and the spectrum of cFBM, i.e., lim

 $S(f) \sim 4\sin^2(\pi f) \cdot f^{-1-2H}$ , which approaches a power-law only as  $f \to 0$ . dFGN is obtained by restricting *t* to the nonnegative integers. Note that, in addition to being the sampled version of cFGN, the process dFGN can be regarded as the first difference of dFBM. We also note that, due to the sampling, the spectra for dFBM and dFGN are even periodic functions with a period of unity, so the frequencies of interest satisfy  $-1/2 \le f \le 1/2$ , and their respective spectra also approach power-laws only as  $f \to 0$ .

Both dFGN and dFBM have found application in many areas of science and have been applied to discretely sampled time series of many natural processes. The fact that cFBM and its derivative have spectra that exactly obey a power law over  $-\infty < f < \infty$  has sometimes mistakenly been taken to hold both for the spectra of dFBM and dFGN over  $-1/2 \le f \le 1/2$  and for estimates of these spectra given by the periodogram. Sometimes the power-law expression is cited directly, and it is implied or assumed that the expected estimated spectra as computed by the periodogram for dFGN are a power-law everywhere (Churilla et al., 1996; Pilgram and Kaplan, 1998, Henegan and McDarby, 2000). The idea that the spectra of cFGN are a power-law everywhere has been transferred to power-law behavior of dFGN spectral estimates, and the caveat that the actual spectra for dFGN are only a power-law in the limit as  $f \rightarrow 0$  appears to be unheeded. Churilla et al. (1996) posit separate power-law behavior for the low frequencies and the high frequencies of the periodogram and derive separate Hurst coefficients for both by fitting each band of frequencies with a different power-law based on the power-law formulation. The spectral synthesis method of Peitgen and Saupe (1988) and that modified by Bassingthwaighte and Raymond (1995) generated dFGN by an inverse Fourier transform of the power-law spectral coefficients after phase randomization and multiplying the amplitudes by random Gaussian numbers. The expected value of periodograms from this kind of process will be a power-law, and do not have the same spectrum as a dFGN. Pilgram and Kaplan (1998) used a spectral synthesis method whose basis is the power-law spectrum, but studied only spectra for  $H \geq 0.5$  and

therefore did not observe the incorrect spectral representation at the low frequencies though their method does also represent the highest frequencies incorrectly.

If we plot  $S(f) = f^{1-2H}$  versus f on a log-log scale, we see a line with a slope of  $1-2H$ . To determine frequencies over which  $S(f)$  for dFGN varies as  $f^{1-2H}$ , we define a local spectral exponent

$$
e(f, \delta) = \frac{\log(S(f + \delta)) - \log(S(f - \delta))}{\log(f + \delta) - \log(f - \delta)},
$$
\n(1)

where  $0 < \delta < f$ . As  $\delta \to 0$  and  $f \to 0$ ,  $e(f, \delta) \to 1 - 2H$ . We also define a local Hurst coefficient,

$$
H(f, \delta) = (1 - e(f, \delta))/2. \tag{2}
$$

<span id="page-4-0"></span>By plotting  $H(f, \delta)$  as a function of *f* with  $\delta$  set to a small number, it is possible to see at what frequencies this function is approximately equal to the Hurst coefficient, showing the region where  $S(f)$  varies as  $f^{1-2H}$  to a good approximation. It is not widely appreciated how very low the frequency must become when *H* is also small for the spectra to exhibit power-law behavior.

Marked departure from nominal  $1 - 2H$  behavior of dFGN spectra occur under several conditions. At high frequencies near  $f = 0.5$  (the Nyquist frequency for the data set sampled from cFGN), the dFGN spectra flatten out and the local spectral exponent is zero. When  $H$  is near zero, a significant portion of the frequency band beginning at  $f = 0.5$  and extending through mid-range frequencies also deviate from nominal  $1 - 2H$  power-law behavior. The only spectrum of dFGN that obeys the nominal power-law everywhere is for  $H = 0.5$ , i.e. the "white" noise spectrum with zero exponent everywhere. For  $H > 0.5$ , the spectra of correlated or persistent dFGN exhibit a significant discrepancy from nominal power-law behavior only near the highest frequencies. The flatness of these spectra near  $f = 0.5$  is less remarkable than the overall

impression of power-law behavior (Beran, 1994, page 54). For  $H < 0.5$ , the spectra of anticorrelated or antipersistent dFGN have more extensive regions of non-power law behavior than what is observed for positively correlated dFGN spectra. More attention has been paid to positively correlated than to anti-correlated series, and consequently the impression of power law behavior for all spectra of dFGN has been inadvertently reinforced.

The next three sections of this paper are devoted to (1) calculating the local Hurst coefficients,  $H(f, \delta)$  from [Eq. 2](#page-4-0), for the spectra of dFGN; (2) comparing the local  $H(f, \delta)$  from spectra and periodograms and showing the effects of series length, N; and (3) evaluating the utility of the local spectral exponents,  $e(f, \delta)$ , obtained at the lowest available frequencies of the periodograms. The results emphasize that the  $1 - 2H$  power-law behavior of the spectra applies only to a very small range of frequencies when the Hurst coefficient is small; the expected value of the periodogram exhibits power law behavior only over a small frequency band, if at all; the expected values of the periodograms at the lowest available frequencies for anti-correlated dFGN do not converge to the actual spectra as N increases; and for very small H, the local spectral exponent of the smallest available frequencies from the periodogram of dFGN is zero.

#### **2. Calculating the local Hurst coefficients,** *H(f,*δ*),* **for the spectra of dFGN**

<span id="page-5-0"></span>The spectral density function (SDF) for dFGN is given by Sinai (1976) and Beran (1994) as

$$
S(f) = 4\sigma^2 C_H \sin^2(\pi f) \sum_{j=-\infty}^{\infty} \frac{1}{|f+j|^{2H+1}}, |f| \le 1/2, \tag{3}
$$

where  $\sigma^2$  is the variance of the process,  $0 < H < 1$  is the Hurst coefficient, and

$$
C_H = \Gamma(2H + 1)\sin(\pi H)/(2\pi)^{2H + 1}.
$$
 (4)

[Eq. 3](#page-5-0) is not useful in calculating the SDF when  $H < 0.5$  because of the slow convergence of the infinite summation. The SDF can be approximated and computational efficiency gained by using an Euler-Maclaurin summation (Percival and Walden, 2000, p280):

$$
S(f) \approx \tilde{S}(f) = 4\sigma^2 C_H \sin^2(\pi f) \left[ \left( \sum_{j=-M}^{M} \frac{1}{|f+j|^{2H+1}} \right) + \sum_{j=-1,1} \left( \frac{1}{2H(If+M+1)^{2H}} - \frac{(2H+1)(2H+2)(2H+3)}{720(If+M+1)^{2H+4}} + \frac{2H+1}{12(If+M+1)^{2H+2}} + \frac{1}{2(If+M+1)^{2H+1}} \right) \right].
$$
\n(5)

Only 2M+3 terms need to be evaluated (note that the second summation is over 1 *and* −1, not 0), and choosing M=100 gives  $|S(f) - \tilde{S} f| / |S(f)| < 10^{-6}$ .

[Fig. 1](#page-15-0) shows the local Hurst coefficient,  $H(f, \delta)$ , calculated from the SDFs for 12 Hurst coefficients,  $H=0.99, 0.9, 0.8, 0.7, 0.6, 0.5, 0.4, 0.3, 0.2, 0.1, 0.01$  and 0.001, with  $\delta = 0.005 f$ . In [Table 1](#page-14-0), we have calculated the frequency below which  $|H(f, \delta) - H| \le 0.1 H$ , that is, the frequency below which the local Hurst coefficients are within 10% of the nominal *H*. For positively correlated FGNs,  $0.5 < H < 1$ , as *f* is decreased from 0.5,  $H(f, \delta)$  rises sharply above the true *H* and then soon decreases to within 10% of the nominal Hurst coefficient when *f* is about 0.2 and to within about 1% when  $f < 0.03$ . The local Hurst coefficient for a white noise spectra,  $(H = 0.5)$  is everywhere 0.5.

For the anti-correlated dFGNs,  $0 < H < 0.5$ ,  $H(f, \delta)$  drops steeply as f decreases from 0.5, undershooting the true or nominal value of the Hurst coefficient [\(Fig. 1](#page-15-0), lower section). The local Hurst coefficient then slowly converges to the nominal  $H$  at low frequencies. The convergence is markedly slower than for positively correlated dFGN. For anti-correlated dFGN, the highest frequency at which  $H(f, \delta)$  is within 10% of *H* decreases as *H* decreases. For a Hurst coefficient

of 0.001, only at frequencies lower than  $2.0 \cdot 10^{-7}$  is  $H(f, \delta)$  within 10% of *H*. The lowest nonzero Fourier frequency in a periodogram that is computed for a time series of length *N* is given by 1/*N*. If we could accurately determine the spectrum by computing the periodogram, we would need a series at least as long as 5 million points when *H* = 0.001in order to achieve a power law at  $f = 1/N$  (as will be shown in the next section, in fact estimation of the spectrum via the periodogram is problematic). Summarizing, [Fig. 1](#page-15-0) indicates that neither positively correlated nor anti-correlated dFGNs have spectra following  $1 - 2H$  power law scaling over the complete range of frequencies. Only a white noise dFGN has a power spectral exponent of 1 - 2H, namely zero.

#### **3. Comparing the local H(f,**δ**) from dFGN spectra and periodograms with H = 0.001 to 0.1**

Given a time series  $X_0, X_1, ..., X_{N-1}$  of length *N*, a basic estimate of the SDF is the periodogram:

$$
\hat{S}^{(p)}(f) = \frac{1}{N} \left| \sum_{\tau=0}^{N-1} X_t e^{-i2\pi ft} \right|^2.
$$
 (6)

The expected value of the periodogram is given by the convolution of Fejér's kernel,

$$
F(f) = \frac{1}{N} \cdot \left[ \frac{\sin(N\pi f)}{\sin(\pi f)} \right]^2 \tag{7}
$$

<span id="page-7-0"></span>with the SDF:

$$
E[\hat{S}^{(p)}(f)] = \int_{-1/2}^{1/2} F(f - f')S(f')df' \tag{8}
$$

where  $S(f)$  is given by [Eq. 3](#page-5-0). The contribution to this expectation at a particular frequency from distant frequencies is called spectral leakage and occurs because of an interplay between the shape of Fejér's kernel and the distribution of power in the spectra. The leakage of power into the lowest frequencies is especially severe as the Hurst coefficient approaches zero. For a long time

series, it is tricky to calculate the expected value of the periodogram via numerical evaluation of the integral in [Eq. 8.](#page-7-0)

Fortunately the following method avoids the convolution integral of [Eq. 8](#page-7-0) and is computationally more efficient. Let  $X_j$ ,  $j = 0,... N$ -*1*, denote a portion of an dFGN process with zero mean. The autocovariance sequence is given by Mandelbrot (1983, p353):

$$
E[X_j X_k] = (\sigma^2/2) \cdot (|j - k - 1|^{2H} - 2|j - k|^{2H} + |j - k + 1|^{2H}), \tag{9}
$$

where  $\sigma^2 = \text{var}(X_j)$  and H is the Hurst coefficient. The *expected* value of the periodogram,  $E[\hat{S}^{(p)}]$ , is given by Percival and Walden (1993, Eq.198) as:

$$
E[\hat{S}^{(p)}(f)] = \frac{\sigma^2}{2N} \sum_{j=-\frac{N-1}{2}}^{N-1} (|j-1|^{2H} - 2|j|^{2H} + |j+1|^{2H}) \cdot \cos(2\pi f j) \cdot (N-|j|). \tag{10}
$$

The estimated spectra from the periodogram is an asymptotically unbiased estimator of  $S(f)$ (Percival and Walden, 1993, p. 199). Thus, for any particular frequency,

$$
\lim_{N \to \infty} E[\hat{S}^{(p)}(f)] = S(f). \tag{11}
$$

Once *f* is fixed, the expected value of the periodogram will equal the actual spectral density at that frequency as the length of the series increases without bound. However, in general,

$$
\lim_{N \to \infty} E[\hat{S}^{(p)}(1/N)] \neq S(1/N). \tag{12}
$$

For anti-correlated dFGN with small *H*, the periodogram at the lowest non-zero Fourier frequency does not give the actual spectra or power-law behavior for dFGN.

In [Fig. 2,](#page-16-0) for  $H = 0.1$ , 0.01, and 0.001, the expected values of the periodogram for series of lengths  $2^k$ , (k=6, 7, ... 24) (series length N = 64, 128, ... 16,777,216) (thin lines) have been used to calculate  $H(f, \delta)$  with  $\delta = 1/(2N)$  for  $1/N \le f \le 1/2$ . The values from the actual spectra are plotted with darker lines for comparison. The corresponding  $H$  is indicated by the horizontal dashed lines.

For  $H = 0.1$ , top panel of [Fig. 2,](#page-16-0) for the local Hurst coefficient of the periodogram,  $H(f, \delta)$ , to be within 10% of H for the range  $10^{-4} < f < 10^{-3}$  requires a series of length  $N \geq 2^{18}$ . Fitting the log of the expected values of the periodogram versus log frequency to a straight line at the lowest frequencies would give a Hurst coefficient close to 0.2 for  $N \ge 2^9$ . For short series,  $N < 2^{12}$ , the local Hurst coefficient has no significantly long range of frequencies over which it is close to the nominal  $H = 0.1$ , even though it passes through the correct value.

For  $H = 0.01$ , middle panel of [Fig. 2](#page-16-0), a series of  $N \ge 2^{24}$  (16,777,216) points is required to get a substantial range of frequencies over which  $H(f, \delta)$  is close to H. Computing  $e(f, \delta)$  at the lowest frequencies gives a local Hurst coefficient close to 0.4 for  $N \ge 2^{10}$ .

For  $H = 0.001$ , bottom panel of [Fig. 2](#page-16-0), a series of  $N = 2^{24}$  points is not long enough to identify the nominal H. Roughly speaking, a series of approximately one billion points or longer is required to get even a small range of frequencies where there is power-law scaling giving  $H(f, \delta) \approx H$ . At the lowest frequencies the local slope,  $e(f, \delta)$ , would give a local Hurst coefficient close to 0.5 for  $N \ge 2^{10}$ .

[Fig. 3](#page-17-0) displays the information on the upper panel of [Fig. 2](#page-16-0) in another way: it shows the frequency ranges where the local Hurst coefficient of both the spectra and the periodogram are within 10% of the nominal Hurst coefficient when  $H = 0.1$ . For series of length  $N < 2^{12}$ , no such significant range exits. Series of length  $2^{12} < N < 2^{18}$  barely contain a significant frequency band within 10% of the nominal *H*. Series of length greater than one million points are necessary to have a significant frequency band within 10% of the nominal H. The periodogram estimates associated with both the highest and lowest frequencies are always outside this region.

In conclusion, for a given Hurst coefficient for anti-correlated dFGN and a long enough series, a portion of the expected value of the periodogram will vary approximately as  $f^{1-2H}$ , but the interval of frequencies over which this occurs does not include the lowest available Fourier frequencies. If the series is not long enough, there is no substantive region where the periodogram can be expected to vary as  $f^{1-2H}$ .

# **4. The local spectral exponents,** *e(f,*δ*)***, for periodograms of varied H at the lowest available frequencies**

In [Fig. 4,](#page-18-0) for  $10^{-4} < H < 1$ , the local spectral exponent,  $e(f, \delta)$  is shown as the thick line for a set of series, all of length  $N = 2^{15}$ , where  $f = (1 + 1/2)/N$  and  $\delta = (1/2)/N$ . This choice of *f* and  $\delta$  means that  $e(f, \delta)$  depends on the expected value of the periodogram at its two lowest nonzero Fourier frequencies, namely 1/*N* and 2/*N*. The local spectral exponent goes to zero as H goes to zero. On a log-log plot of the periodogram versus frequency, the lowest frequency end behaves as  $f^0$  instead of  $f^{1-2H}$  as H approaches zero. The departure from the nominal power law,  $H(f, \delta) - H \leq 0.1H$  occurs when  $H \leq 0.27$ .

## **5. Summary and Conclusions**

Although the SDF for dFGN approaches a power-law when the frequency approaches zero, it is not everywhere a power-law, except when the Hurst coefficient equals 0.5. For anti-correlated dFGN, the frequency where the SDF becomes a power-law to a decent approximation depends on the Hurst coefficient. As  $H \rightarrow 0$ , the frequency at which the power-law region becomes discernible approaches zero as well. There is an obvious implication for methods generating FGN. Generating dFGN by the Fourier transform of a spectra that is a power-law everywhere

(Peitgen and Saupe, 1988; Bassingthwaighte and Raymond, 1995; Pilgram and Kaplan, 1998) gives series that always deviate from FGN except when H=0.5.

The expected value of the periodogram for an anti-correlated dFGN can differ more markedly from the corresponding true spectrum than does that for a positively correlated dFGN. When *H* approaches zero, the local spectral exponent for the expected value of the periodogram tends to differ significantly from the power law nominally associated with *H* even for quite large sample sizes *N*. Unlike the actual spectra, the estimates from the lowest frequencies of the periodogram available from a series of length *N* (that is,  $f = 1/N, 2/N, ...$ ) never converge to the nominal power-law because of spectral leakage from other frequencies. At high frequencies, the expected value of the periodogram is approximately equal to the true spectrum, but, over these frequencies, the local Hurst coefficient,  $H(f, \delta)$ , is not close to *H*. These facts have two implications. First, practitioners must be very cautious about attempting to deduce *H* from the periodogram, particularly for anticorrelated time series. Blind application of regression analysis to the log periodogram can lead to estimates of *H* that are not good quantifiers of the observed phenomena, even in the case where dFGN is an appropriate model. Second, attempts to make use of the log periodogram for estimating *H* have been motivated largely by the fact that the exact maximum likelihood estimator of *H* is computationally infeasible for large sample sizes (Beran, 1994). Although the expected value of the periodogram can differ significantly from the true spectrum, these values do exhibit a dependence on *H*. Rather than trying to fit portions of the periodogram to the true spectrum via least squares, it might be better to fit the periodogram to its expected value for various hypothesized values of *H*. This suggestion would lead to a nonlinear procedure for deducing *H*, which might form the basis for an attractive alternative to the computationally infeasible maximum likelihood estimator. Exploration of this scheme is a topic for future research.

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<span id="page-14-0"></span>

H	f such that $ H(f, \delta) - H  < 0.1H$
0.99	$f \le 2.1 \cdot 10^{-1}$
0.9	$f \le 2.1 \cdot 10^{-1}$
0.8	$f \le 2.3 \cdot 10^{-1}$
0.7	$f \leq 4.4 \cdot 10^{-1}$
0.6	$f \leq 4.7 \cdot 10^{-1}$
0.5	$f \le 5.0 \cdot 10^{-1}$
0.4	$f \le 2.2 \cdot 10^{-1}$
0.3	$f \le 6.5 \cdot 10^{-2}$
0.2	$f \le 2.3 \cdot 10^{-2}$
0.1	$f \leq 4.5 \cdot 10^{-3}$
0.01	$f \leq 2.4 \cdot 10^{-5}$
0.001	$f \leq 2.0 \cdot 10^{-7}$

**Table 1: The power law frequency limits**



<span id="page-15-0"></span>Figure 1: Estimate of the local Hurst coefficient, *H*(*f*,δ), versus frequency for dFGN of varied true *H*. The power law region where the similarity scaling in the power spectrum exists, or where  $H(f, \delta)$  is approximately equal to a constant, is relatively short for Hurst coefficients below 0.1.



<span id="page-16-0"></span>Figure 2: Comparison of  $H(f, \delta)$  from actual spectra (thick lines), power-law (dashed lines), and periodograms (thin lines).



<span id="page-17-0"></span>Figure 3: The range of series lengths and segments of the frequency range where the local slope,  $e(f, \delta)$  gives acceptable estimates of *H*. The thin lines represent the span of the non-zero Fourier frequencies  $j/N$ ,  $j=1, ..., N/2$ ,  $N = 2<sup>k</sup>$ ,  $k=6,7, ..., 24$ . The dark bars are the regions where  $|H(f, \delta) - H| \leq 0.1H$  for both the spectra and expected value of the periodogram when  $H = 0.1$ .



<span id="page-18-0"></span>Figure 4: The local spectral exponent,  $e(f, \delta)$  (thick line), for series with  $10^{-4}$  <  $H < 1$  of length  $N = 2^{15}$ , taken from the lowest frequencies of the periodogram where  $f = (1 + 1/2) / N$  and  $\delta = (1/2) / N$ . The thin line is  $1 - 2H$ . The vertical dashed line is at  $H = 0.27$ , values above which  $|H(f, \delta) - H| \le 0.1H$ .