

Name:

Student number/homeroom:

Date:

Assignment: Food for Life

LO: Understand needs of living things.

SLE: Work well independently.



*Food: a “bear necessity” of life.
Image from Disney’s “The Jungle Book.”*

| | How much carbohydrate, fat, and protein is in 1 serving of this food, according to its nutrition label? | Were you right about this food? |
|---|---|---------------------------------|
| A food you think is high in CARBOHYDRATE: | Carbohydrate: Fat: Protein: | |
| A food you think is high in FAT (LIPIDS): | Carbohydrate: Fat: Protein: | |
| A food you think is high in PROTEIN: | Carbohydrate: Fat: Protein: | |