

Nephron Song by Dave Hoover

(Tune of "All of Me" by John Legend)

What's goin' on in that beautiful bean?
Dirty blood goin' in and coming out clean
Takin' urea, bit of uric acid and some creatinine
Filtration, reabsorption and secretion is good
It's how we take what we need from our food
The nephron's so busy, I'm so dizzy, but I'll be alright
My blood pressure's falling but my pH is fine
Aldosterone saves salt just in time
Filter it all from me, turn it into pee
Take what you need and flush the rest, reabsorption is the best
Secrete it all from me, turn it into pee
Bowman's capsule then proximal tube
Loop of Henle then distal tube
'Cause you take it all from me
And I excrete it all as pee
Ahhhhhhhhh

Artist Statement

I wrote this after contemplating a couple of different songs. I don't seem to have the imagination to create an original song but I can usually change the words like Weird Al. The other tune I was toying with was "What can I say except your welcome" from the exceptional Walt Disney movie "Moana." I was able to get a bit further with the John Legend tune. I am a fan of the nephron and have it down pretty good so this was just basically reviewing information that I know pretty well. I definitely enjoyed the challenge of adapting it into a song. —Dave Hoover