



Knotless Single Row Rotator Cuff Repair using
the PushLock™ and FiberTape®

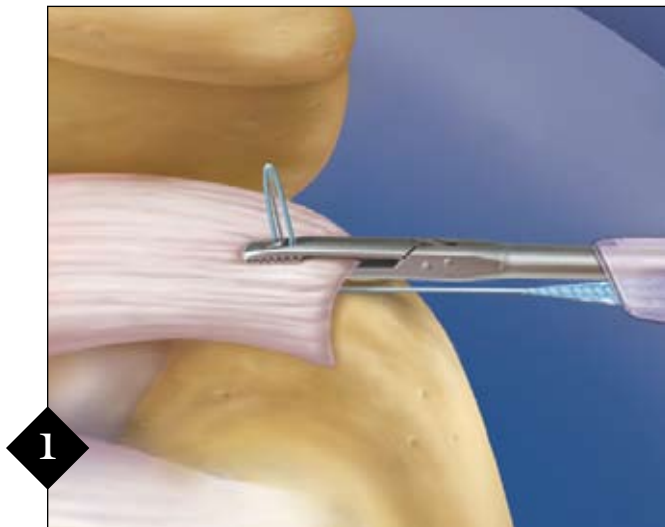
Surgical Technique



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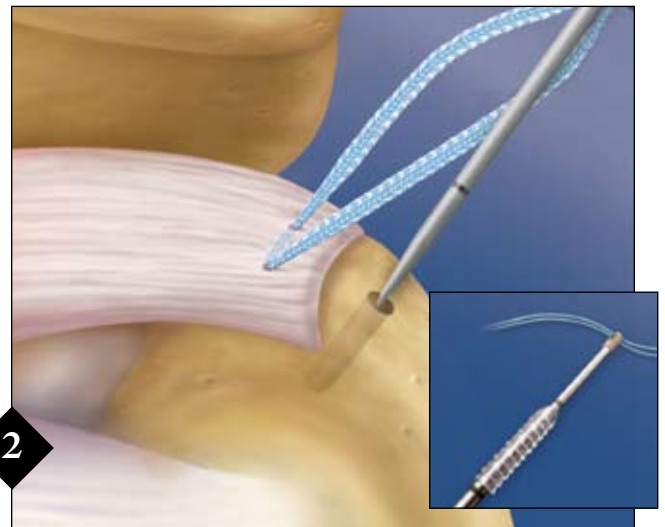
The 4.5 mm PushLock can be combined with #2 FiberTape to provide an easy solution for the knotless repair of small, nonretracted rotator cuff tears.



1

Through a lateral portal, pass both ends of a #2 FiberTape through the tendon in an inverse mattress configuration, using a Scorpion™ Suture Passer.

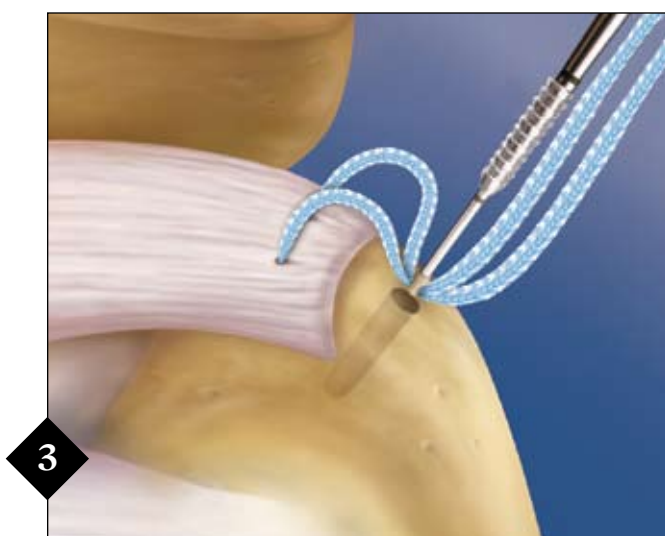
Use the anterior portal to aid suture management.



2

Create a stab incision off the lateral edge of the acromion for the PushLock bone socket preparation and insertion.

Retrieve both FiberTape tails through this portal and preload them through the PushLock eyelet. Punch through the same portal using the Punch for the 4.5 mm PushLock.



3

Insert the PushLock through the stab incision and bring the eyelet to the edge of the bone socket.

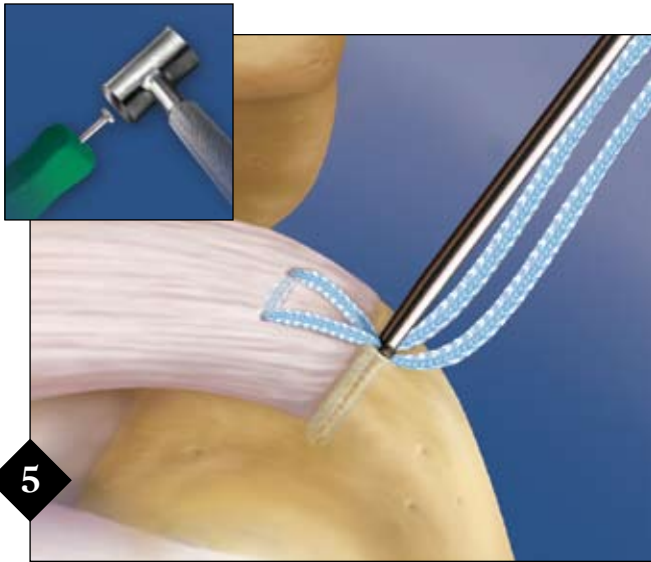
Leave approximately 20 mm of slack in the FiberTape to ease tensioning.



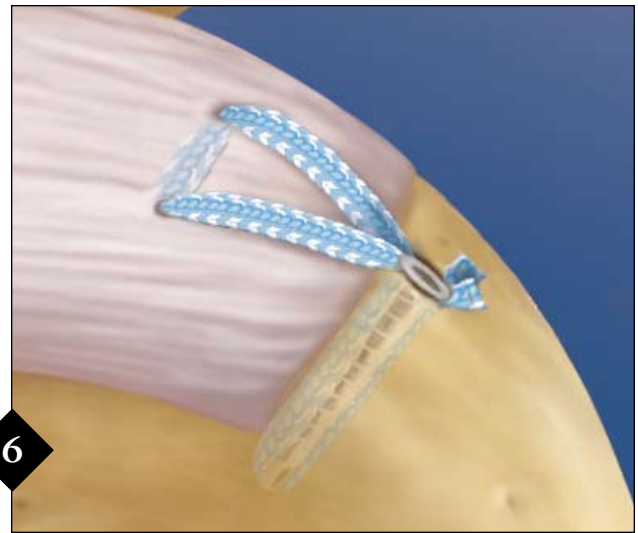
4

Advance the driver into the bone socket until the anchor body makes contact with the bone. Evaluate tissue tension.

Additional tension may be added by keeping a firm grip on the driver handle while pulling on each individual FiberTape tail.



Using a mallet, tap the button on the driver until the laser line is flush with the humerus.



Turn the driver handle counterclockwise six full turns to remove the driver.

Cut the FiberTape tails flush using an open ended FiberWire cutter to complete the repair. It is best to cut each FiberTape tail individually.

Ordering Information

Implants/Disposables:

Bio-PushLock, 4.5 mm x 18.5 mm	AR-1922B
Bio-PushLock, 5.5 mm x 18.5 mm	AR-1924B
FiberTape, 2 mm	AR-7237
Scorpion Needle	AR-13990N
Crystal Cannula, 5.75 mm I.D. x 7 cm	AR-6560

Accessory Instruments:

Punch for 4.5 mm PushLock	AR-1922P
Scorpion Suture Passer, 16 mm	AR-13990
KingFisher Suture Retriever/Tissue Grasper	AR-13970SR
Suture Cutter, open ended	AR-11794L

**Other implant sizes and materials are available.
Please contact your Arthrex Sales Representative for more information.**



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