Patient Education

Pavilion Surgery Center



UW Medicine

ACL Knee Repair

What to expect after your operation – Dr. Roger Larson, Dr. Trey Green

Symptoms to report to the	Activity	
doctor:	Weight bearing:	
Difficulty breathing	☐ Weight bear as tolerated.	
	☐ Toe touch weight bearing.	
Calf pain	☐ No weight bearing.	
• Fever greater than 100°F	☐ Use crutches as instructed.	
Pain not controlled by	☐ Elevate leg as much as possible for two to five days.	
pain medication	May shower after surgery. Keep incision covered with plastic wrap	
Significant bleeding or	Dressing	
swelling	Remove dressing in days and replace with new gauze or Band-Aids. Replace TED hose.	
 Redness or signs of 	☐ Keep dressing on until clinic visit.	
infection around incision site	☐ May loosen Velcro straps on brace and cryocuff when awake and reclining.	
Nausea/vomiting	Pain	
Rash or itching	• Use ice or cryocuff on incision as told.	
	Medication	
	• Use medication as told.	
University of Washington MEDICAL CENTER	•	

Questions?

Call 206-543-1552

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC Clinic staff are also available to help at any time.

Sports Medicine 206-543-1552 Monday-Friday 8:30 a.m.-5:00 p.m.

After hours, call 206-598-6190 and ask the operator to page the resident on-call for the Orthopaedic Service.

Follow-Up Appointment

Sports Medicine Clinic Phone: 206-543-1552

Date:	Time:
Notes:	



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Box 356118