



# ACL Knee Repair

*What to expect after your operation –  
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## Symptoms to report to the doctor:

- Difficulty breathing
- Calf pain
- Fever greater than 100°F
- Pain not controlled by pain medication
- Significant bleeding or swelling
- Redness or signs of infection around incision site
- Nausea/vomiting
- Rash or itching

## Activity

- Weight bearing:
  - Weight bear as tolerated.
  - Toe touch weight bearing.
  - No weight bearing.
  - Use crutches as instructed.
  - Elevate leg as much as possible for two to five days.
- May shower after surgery. Keep incision covered with plastic wrap.

## Dressing

- Remove dressing in \_\_\_\_ days and replace with new gauze or Band-Aids. Replace TED hose.
- Keep dressing on until clinic visit.
- May loosen Velcro straps on brace and cryocuff when awake and reclining.

## Pain

- Use ice or cryocuff on incision as told.

## Medication

- Use medication as told.

- \_\_\_\_\_
- \_\_\_\_\_

