Age:	$\mathcal{F} \ \mathcal{F}$ From:	V	Wt:	Ht:	BP:		Affix Pt Label Here
Dominant H	and: R L A	Occupation:					Name: U Number:
Chief Comp	laint: R L B Shoulder Elbow	Post: TSA Hemi	Instability R&R Delta wks month	a TEA	Weakness RCR S&M	Stiffness Bankart	DOB: DOS:
Hx: Onset:							

Hx Trauma:

Stiffness: Instability: Smoothness:

Pain: Strength:

\square Ø Fevers, Chills, Nausea, Vomiting or Malaise Patient would like: \uparrow Function \uparrow ROM									↑ Strength ↑ Comfort ↑ Smoothness Return to							 												
SST N SET N Circle		R:												12 12			L: L:									10 10	11 11	12 12
Medical Issues: See Patient Information Form See Attached List O O CV O Ø DM Ø Resp																												
Medications: See Patient Information Form See Attached List Allergies: See Patient Information Form Ø Narcotic Use NKDA PCN Sulfa																												
ROS: □see Patient Information Form Const Eyes ENT Allergic/Immuno Resp GI GU Hemato/Lymph CV Neuro Psych Skin/ Integ Endo MS Rest Neg																												
SHx: Smoker: Nonsmoker PPD PPW FHx: See Patient Information Form ETOH: Nondrinker Occasional Rare																												

PE: \Box Well developed, well nourished $\Diamond \ \Diamond$ in no apparent distress. General: Three Vital Signs in Chart (such as: Pulse, Respirations, BP, Temp, Ht, Wt) Circle if applicable: Well Groomed Poorly Groomed Tobacco Smell **PSYCH:** □ Judgment, insight, memory, mood and affect within normal limits. □ Patient is alert and oriented to person, place and time. Left Upper Extremity **Right Upper Extremity Skin Inspection** Skin Inspection □ No rashes, lesions, cafe-au-lait spots, ulcers, edema, ecchymosis or cyanosis □ No rashes, lesions, cafe-au-lait spots, ulcers, edema, ecchymosis or cyanosis □ Previous surgical scar Previous surgical scar \Box Incision Site C/D/I Ø erythema or signs of infection □ Incision Site C/D/I Ø erythema or signs of infection Musculoskeletal Inspection **Musculoskeletal Inspection** $\Box \phi$ obvious deformity noted on visual inspection $\Box \phi$ obvious deformity noted on visual inspection □ Ø Crepitus □ Ø Crepitus Crepitus Crepitus Ø Defect Palpated Defect Palpated in Rotator Cuff Area Ø Defect Palpated Defect Palpated in Rotator Cuff Area Bicep Saw Nml □ Bicep Saw Abnormal Bicep Saw Nml □ Bicep Saw Abnormal ROM Str (-/5) ROM Str (-/5) FE ERA S. Spinatus FE ERA S. Spinatus ER ER IRA IRA ER ER IR CBA IR IR CBA IR IR Lift off Nml IR Lift off Nml Delt Delt Stability Neuro Stability Neuro □ Unremarkable and Stable SILT M/R/U Unremarkable and Stable SILT M/R/U EPL/FPL/IO Intact EPL/FPL/IO Intact □ Abnml Apprehension □ Abnml Apprehension □ Abnml Load and Shift □ Biceps Intact □ Abnml Load and Shift □ Biceps Intact Neck Skin: 🗆 No rashes, lesions, cafe-au-lait spots, or ulcers noted **Musculoskeletal:** $\Box \emptyset$ obvious deformity noted on visual inspection □Ø Crepitus Crepitus $\Box \phi$ Pain with axial compression □ Pain with axial compression $\Box \emptyset \Delta$ in pain with Traction $\Box \downarrow$ in pain with Traction **ROM:** \Box Full flexion, extension, lateral flexion, lateral rotation □ No pain c head turn side of pain (Spurling's) \Box pain c head turn side of pain (Spurling's)

Imaging:

XRay: R L ØFx Ødislocation Prosthesis in good anatomical alignment Glenohumeral joint space is: preserved decreased destroyed Arthritis Ant Pos Wear pattern High riding Humeral Head R L MRI Full Part Ø RCT

Assessment: DJD RCT RC Arthropathy Shoulder Instability Adhesive Capsulitis Normal Post Surgical Course

Plan	Discussed sur	gical and non-su	irgical managemei	nt options to	include risks	s and possibl	e benefits of each.	Intro to surg scheduler	Order MRI
\Box PT:	Cont FE	ER	4Quad Stretch	RC STR	Scap Stab	Lat Pull↓	Prog Sup Bench	Old Records Reviewed	□ Smoking talk

F/U: 2 3 4 6 wks months If Ø improvement AS needed After M	
Seen & Exam with Consulted with	Exp - gen, any MS 213 - exp PE or x-ray + PT/surgery Visit Greater than 50% Counseling
Winston J Warme Alexander Bertelsen	New 10 - 201 20 - 202 30 - 203 45 - 204 60 - 205 Est 5 - 211 10 - 212 15 - 213 25 - 214 40 - 215
Signature:	Frederick A. Matsen Winston J Warme Alexander Bertelsen Date: