1 Outsiders

All social groups make rules and attempt, at some times and under some circumstances, to enforce them. Social rules define situations and the kinds of behavior appropriate to them, specifying some actions as “right” and forbidding others as “wrong.” When a rule is enforced, the person who is supposed to have broken it may be seen as a special kind of person, one who cannot be trusted to live by the rules agreed on by the group. He is regarded as an *outsider*.

But the person who is thus labeled an outsider may have a different view of the matter. He may not accept the rule by which he is being judged and may not regard those who judge...
him as either competent or legitimately entitled to do so. Hence, a second meaning of the term emerges: the rule-breaker may feel his judges are outsiders.

In what follows, I will try to clarify the situation and process pointed to by this double-barrelled term: the situations of rule-breaking and rule-enforcement and the processes by which some people come to break rules and others to enforce them.

Some preliminary distinctions are in order. Rules may be of a great many kinds. They may be formally enacted into law, and in this case the police power of the state may be used in enforcing them. In other cases, they represent informal agreements, newly arrived at or encrusted with the sanction of age and tradition; rules of this kind are enforced by informal sanctions of various kinds.

Similarly, whether a rule has the force of law or tradition or is simply the result of consensus, it may be the task of some specialized body, such as the police or the committee on ethics of a professional association, to enforce it; enforcement, on the other hand, may be everyone’s job or, at least, the job of everyone in the group to which the rule is meant to apply.

Many rules are not enforced and are not, in any except the most formal sense, the kind of rules with which I am concerned. Blue laws, which remain on the statute books though they have not been enforced for a hundred years, are examples. (It is important to remember, however, that an unenforced law may be reactivated for various reasons and regain all its original force, as recently occurred with respect to the laws governing the opening of commercial establishments on Sunday in Missouri.) Informal rules may similarly die from lack of enforcement. I shall mainly be concerned with what we can call the actual operating rules of groups, those kept alive through attempts at enforcement.

Finally, just how far “outside” one is, in either of the senses I have mentioned, varies from case to case. We think of the person who commits a traffic violation or gets a little too drunk at a party as being, after all, not very different from the rest of us and treat his infraction tolerantly. We regard the thief as less like us and punish him severely. Crimes such as murder, rape, or treason lead us to view the violator as a true outsider.

In the same way, some rule-breakers do not think they have been unjustly judged. The traffic violator usually subscribes to the very rules he has broken. Alcoholics are often ambivalent, sometimes feeling that those who judge them do not understand them and at other times agreeing that compulsive drinking is a bad thing. At the extreme, some deviants (homosexuals and drug addicts are good examples) develop full-blown ideologies explaining why they are right and why those who disapprove of and punish them are wrong.

**Definitions of Deviance**

The outsider—the deviant from group rules—has been the subject of much speculation, theorizing, and scientific study. What laymen want to know about deviants is: why do they do it? How can we account for their rule-breaking? What is there about them that leads them to do forbidden things? Scientific research has tried to find answers to these questions. In doing so it has accepted the common-sense premise that there is something inherently deviant (qualitatively distinct) about acts that break (or seem to break) social rules. It has also accepted the common-sense assumption that the deviant act occurs because some characteristic of the person who commits it makes it necessary or inevitable that he should. Scientists do not ordinarily question the label “deviant”
when it is applied to particular acts or people but rather take it as given. In so doing, they accept the values of the group making the judgment.

It is easily observable that different groups judge different things to be deviant. This should alert us to the possibility that the person making the judgment of deviance, the process by which that judgment is arrived at, and the situation in which it is made may all be intimately involved in the phenomenon of deviance. To the degree that the common-sense view of deviance and the scientific theories that begin with its premises assume that acts that break rules are inherently deviant and thus take for granted the situations and processes of judgment, they may leave out an important variable. If scientists ignore the variable character of the process of judgment, they may by that omission limit the kinds of theories that can be developed and the kind of understanding that can be achieved.1

Our first problem, then, is to construct a definition of deviance. Before doing this, let us consider some of the definitions scientists now use, seeing what is left out if we take them as a point of departure for the study of outsiders.

The simplest view of deviance is essentially statistical, defining as deviant anything that varies too widely from the average. When a statistician analyzes the results of an agricultural experiment, he describes the stalk of corn that is exceptionally tall and the stalk that is exceptionally short as deviations from the mean or average. Similarly, one can describe anything that differs from what is most common as a deviation. In this view, to be left-handed or redheaded is deviant, because most people are right-handed and brunette.

So stated, the statistical view seems simple-minded, even trivial. Yet it simplifies the problem by doing away with many questions of value that ordinarily arise in discussions of the nature of deviance. In assessing any particular case, all one need do is calculate the distance of the behavior involved from the average. But it is too simple a solution. Hunting with such a definition, we return with a mixed bag—people who are excessively fat or thin, murderers, redheads, homosexuals, and traffic violators. The mixture contains some ordinarily thought of as deviants and others who have broken no rule at all. The statistical definition of deviance, in short, is too far removed from the concern with rule-breaking which prompts scientific study of outsiders.

A less simple but much more common view of deviance identifies it as something essentially pathological, revealing the presence of a “disease.” This view rests, obviously, on a medical analogy. The human organism, when it is working efficiently and experiencing no discomfort, is said to be “healthy.” When it does not work efficiently, a disease is present. The organ or function that has become deranged is said to be pathological. Of course, there is little disagreement about what constitutes a healthy state of the organism. But there is much less agreement when one uses the notion of pathology analogically, to describe kinds of behavior that are regarded as deviant. For people do not agree on what constitutes healthy behavior. It is difficult to find a definition that will satisfy even such a select and limited group as psychiatrists; it is impossible to find one that people generally accept as they accept criteria of health for the organism.2

Sometimes people mean the analogy more strictly, because they think of deviance as the product of mental disease. The


behavior of a homosexual or drug addict is regarded as the symptom of a mental disease just as the diabetic's difficulty in getting bruises to heal is regarded as a symptom of his disease. But mental disease resembles physical disease only in metaphor:

Starting with such things as syphilis, tuberculosis, typhoid fever, and carcinomas and fractures, we have created the class "illness." At first, this class was composed of only a few items, all of which shared the common feature of reference to a state of disordered structure or function of the human body as a physio-chemical machine. As time went on, additional items were added to this class. They were not added, however, because they were newly discovered bodily disorders. The physician's attention had been deflected from this criterion and had become focused instead on disability and suffering as new criteria for selection. Thus, at first slowly, such things as hysteria, hypochondriasis, obsessive-compulsive neurosis, and depression were added to the category of illness. Then, with increasing zeal, physicians and especially psychiatrists began to call "illness" (that is, of course, "mental illness") anything and everything in which they could detect any sign of malfunctioning, based on no matter what norm. Hence, agoraphobia is illness because one should not be afraid of open spaces. Homosexuality is illness because heterosexuality is the social norm. Divorce is illness because it signals failure of marriage. Crime, art, undesired political leadership, participation in social affairs, or withdrawal from such participation—all these and many more have been said to be signs of mental illness.³

The medical metaphor limits what we can see much as the statistical view does. It accepts the lay judgment of something as deviant and, by use of analogy, locates its source within the individual, thus preventing us from seeing the judgment itself as a crucial part of the phenomenon.


Some sociologists also use a model of deviance based essentially on the medical notions of health and disease. They look at a society, or some part of a society, and ask whether there are any processes going on in it that tend to reduce its stability, thus lessening its chance of survival. They label such processes deviant or identify them as symptoms of social disorganization. They discriminate between those features of society which promote stability (and thus are "functional") and those which disrupt stability (and thus are "dysfunctional"). Such a view has the great virtue of pointing to areas of possible trouble in a society of which people may not be aware.³

But it is harder in practice than it appears to be in theory to specify what is functional and what dysfunctional for a society or social group. The question of what the purpose or goal (function) of a group is and, consequentially, what things will help or hinder the achievement of that purpose, is very often a political question. Factions within the group disagree and maneuver to have their own definition of the group's function accepted. The function of the group or organization, then, is decided in political conflict, not given in the nature of the organization. If this is true, then it is likewise true that the questions of what rules are to be enforced, what behavior regarded as deviant, and which people labeled as outsiders must also be regarded as political.⁴ The functional view of deviance, by ignoring the political aspect of the phenomenon, limits our understanding.

Another sociological view is more relativistic. It identifies


⁵ Howard Brodz similarly identifies the question of what phenomena are "functional" or "dysfunctional" as a political one in "Functionalism and Dynamic Analysis." European Journal of Sociology, II (1961), 170-179.
deviance as the failure to obey group rules. Once we have described the rules a group enforces on its members, we can say with some precision whether or not a person has violated them and is thus, on this view, deviant.

This view is closest to my own, but it fails to give sufficient weight to the ambiguities that arise in deciding which rules are to be taken as the yardstick against which behavior is measured and judged deviant. A society has many groups, each with its own set of rules, and people belong to many groups simultaneously. A person may break the rules of one group by the very act of abiding by the rules of another group. Is he, then, deviant? Proponents of this definition may object that while ambiguity may arise with respect to the rules peculiar to one or another group in society, there are some rules that are very generally agreed to by everyone, in which case the difficulty does not arise. This, of course, is a question of fact, to be settled by empirical research. I doubt there are many such areas of consensus and think it wiser to use a definition that allows us to deal with both ambiguous and unambiguous situations.

**Deviance and the Responses of Others**

The sociological view I have just discussed defines deviance as the infraction of some agreed-upon rule. It then goes on to ask who breaks rules, and to search for the factors in their personalities and life situations that might account for the infractions. This assumes that those who have broken a rule constitute a homogeneous category, because they have committed the same deviant act.

Such an assumption seems to me to ignore the central fact about deviance: it is created by society. I do not mean this in the way it is ordinarily understood, in which the causes of deviance are located in the social situation of the deviant or in "social factors" which prompt his action. I mean, rather, that _social groups create deviance by making the rules whose infraction constitutes deviance_, and by applying those rules to particular people and labeling them as outsiders. From this point of view, deviance is _not_ a quality of the act the person commits, but rather a consequence of the application by others of rules and sanctions to an "offender." The deviant is one to whom that label has successfully been applied; deviant behavior is behavior that people so label.

Since deviance is, among other things, a consequence of the responses of others to a person's act, students of deviance cannot assume that they are dealing with a homogeneous category when they study people who have been labeled deviant. That is, they cannot assume that these people have actually committed a deviant act or broken some rule, because the process of labeling may not be infallible; some people may be labeled deviant who in fact have not broken a rule. Furthermore, they cannot assume that the category of those labeled deviant will contain all those who actually have broken a rule, for many offenders may escape apprehension and thus fail to be included in the population of "deviants" they study. Insofar as the category lacks homogeneity and fails to include all the cases that belong in it, one cannot reasonably expect to find common factors of personality or life situation that will account for the supposed deviance.

What, then, do people who have been labeled deviant have

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in common? At the least, they share the label and the experience of being labeled as outsiders. I will begin my analysis with this basic similarity and view deviance as the product of a transaction that takes place between some social group and one who is viewed by that group as a rule-breaker. I will be less concerned with the personal and social characteristics of deviants than with the process by which they come to be thought of as outsiders and their reactions to that judgment.

Malinowski discovered the usefulness of this view for understanding the nature of deviance many years ago, in his study of the Trobriand Islands:

One day an outbreak of wailing and a great commotion told me that a death had occurred somewhere in the neighborhood. I was informed that Kima'i, a young lad of my acquaintance, of sixteen or so, had fallen from a coco-nut palm and killed himself. . . . I found that another youth had been severely wounded by some mysterious coincidence. And at the funeral there was obviously a general feeling of hostility between the village where the boy died and that into which his body was carried for burial.

Only much later was I able to discover the real meaning of these events. The boy had committed suicide. The truth was that he had broken the rules of exogamy, the partner in his crime being his maternal cousin, the daughter of his mother's sister. This had been known and generally disapproved of but nothing was done until the girl's discarded lover, who had wanted to marry her and who felt personally injured, took the initiative. This rival threatened first to use black magic against the guilty youth, but this had not much effect. Then one evening he insulted the culprit in public—accusing him in the hearing of the whole community of incest and hurling at him certain expressions intolerable to a native.

For this there was only one remedy; only one means of escape remained to the unfortunate youth. Next morning he put on festive attire and ornamentation, climbed a coco-nut palm and addressed the community, speaking from among the palm leaves and bidding them farewell. He explained the reasons for his desperate deed and also launched forth a veiled accusation against the man who had driven him to his death, upon which it became the duty of his clansmen to avenge him. Then he wailed aloud, as is the custom, jumped from a palm some sixty feet high and was killed on the spot. There followed a fight within the village in which the rival was wounded; and the quarrel was repeated during the funeral . . .

If you were to inquire into the matter among the Trobrianders, you would find . . . that the natives show horror at the idea of violating the rules of exogamy and that they believe that sores, disease and even death might follow incest. This is the ideal of native law, and in moral matters it is easy and pleasant strictly to adhere to the ideal—when judging the conduct of others or expressing an opinion about conduct in general.

When it comes to the application of morality and ideals to real life, however, things take on a different complexion. In the case described it was obvious that the facts would not tally with the ideal of conduct. Public opinion was neither outraged by the knowledge of the crime to any extent, nor did it react directly—it had to be mobilized by a public statement of the crime and by insults being hurled at the culprit by an interested party. Even then he had to carry out the punishment himself. . . . Probing further into the matter and collecting concrete information, I found that the breach of exogamy—as regards intercourse and not marriage—is by no means a rare occurrence, and public opinion is lenient, though decidedly hypocritical. If the affair is carried on sub rosa with a certain amount of decorum, and if no one in particular stirs up trouble—"public opinion" will gossip, but not demand any harsh punishment. If, on the contrary, scandal breaks out—everyone turns against the guilty pair and by ostracism and insults one or the other may be driven to suicide.7

Whether an act is deviant, then, depends on how other people react to it. You can commit clan incest and suffer from no more than gossip as long as no one makes a public accusa-

tion; but you will be driven to your death if the accusation is made. The point is that the response of other people has to be regarded as problematic. Just because one has committed an infraction of a rule does not mean that others will respond as though this had happened. (Conversely, just because one has not violated a rule does not mean that he may not be treated, in some circumstances, as though he had.)

The degree to which other people will respond to a given act as deviant varies greatly. Several kinds of variation seem worth noting. First of all, there is variation over time. A person believed to have committed a given "deviant" act may at one time be responded to much more leniently than he would be at some other time. The occurrence of "drives" against various kinds of deviance illustrates this clearly. At various times, enforcement officials may decide to make an all-out attack on some particular kind of deviance, such as gambling, drug addiction, or homosexuality. It is obviously much more dangerous to engage in one of these activities when a drive is on than at any other time. (In a very interesting study of crime news in Colorado newspapers, Davis found that the amount of crime reported in Colorado newspapers showed very little association with actual changes in the amount of crime taking place in Colorado. And, further, that peoples' estimate of how much increase there had been in crime in Colorado was associated with the increase in the amount of crime news but not with any increase in the amount of crime.)

The degree to which an act will be treated as deviant depends also on who commits the act and who feels he has been harmed by it. Rules tend to be applied more to some persons than others. Studies of juvenile delinquency make the point clearly. Boys from middle-class areas do not get as far in the legal process when they are apprehended as do boys from slum areas. The middle-class boy is less likely, when picked up by the police, to be taken to the station; less likely when taken to the station to be booked; and it is extremely unlikely that he will be convicted and sentenced. This variation occurs even though the original infraction of the rule is the same in the two cases. Similarly, the law is differentially applied to Negroes and whites. It is well known that a Negro believed to have attacked a white woman is much more likely to be punished than a white man who commits the same offense; it is only slightly less well known that a Negro who murders another Negro is much less likely to be punished than a white man who commits murder. This, of course, is one of the main points of Sutherland's analysis of white-collar crime: crimes committed by corporations are almost always prosecuted as civil cases, but the same crime committed by an individual is ordinarily treated as a criminal offense.

Some rules are enforced only when they result in certain consequences. The unmarried mother furnishes a clear example. Vincent points out that illicit sexual relations seldom result in severe punishment or social censure for the offenders. If, however, a girl becomes pregnant as a result of such activities the reaction of others is likely to be severe. (The illicit pregnancy is also an interesting example of the differential enforcement of rules on different categories of people. Vincent notes that unmarried fathers escape the severe censure visited on the mother.)


Why repeat these commonplace observations? Because, taken together, they support the proposition that deviance is not a simple quality, present in some kinds of behavior and absent in others. Rather, it is the product of a process which involves responses of other people to the behavior. The same behavior may be an infraction of the rules at one time and not at another; may be an infraction when committed by one person, but not when committed by another; some rules are broken with impunity, others are not. In short, whether a given act is deviant or not depends in part on the nature of the act (that is, whether or not it violates some rule) and in part on what other people do about it.

Some people may object that this is merely a terminological quibble, that one can, after all, define terms any way he wants to and that if some people want to speak of rule-breaking behavior as deviant without reference to the reactions of others they are free to do so. This, of course, is true. Yet it might be worthwhile to refer to such behavior as rule-breaking behavior and reserve the term deviant for those labeled as deviant by some segment of society. I do not insist that this usage be followed. But it should be clear that insofar as a scientist uses “deviant” to refer to any rule-breaking behavior and takes as his subject of study only those who have been labeled deviant, he will be hampered by the disparities between the two categories.

If we take as the object of our attention behavior which comes to be labeled as deviant, we must recognize that we cannot know whether a given act will be categorized as deviant until the response of others has occurred. Deviance is not a quality that lies in behavior itself, but in the interaction between the person who commits an act and those who respond to it.

Whose Rules?

I have been using the term “outsiders” to refer to those people who are judged by others to be deviant and thus to stand outside the circle of “normal” members of the group. But the term contains a second meaning, whose analysis leads to another important set of sociological problems: “outsiders,” from the point of view of the person who is labeled deviant, may be the people who make the rules he had been found guilty of breaking.

Social rules are the creation of specific social groups. Modern societies are not simple organizations in which everyone agrees on what the rules are and how they are to be applied in specific situations. They are, instead, highly differentiated along social class lines, ethnic lines, occupational lines, and cultural lines. These groups need not and, in fact, often do not share the same rules. The problems they face in dealing with their environment, the history and traditions they carry with them, all lead to the evolution of different sets of rules. Insofar as the rules of various groups conflict and contradict one another, there will be disagreement about the kind of behavior that is proper in any given situation.

Italian immigrants who went on making wine for themselves and their friends during Prohibition were acting properly by Italian immigrant standards, but were breaking the law of their new country (as, of course, were many of their Old American neighbors). Medical patients who shop around for a doctor may, from the perspective of their own group, be doing what is necessary to protect their health by making sure they get what seems to them the best possible doctor; but, from the perspective of the physician, what they do is wrong.
because it breaks down the trust the patient ought to put in his physician. The lower-class delinquent who fights for his "turf" is only doing what he considers necessary and right, but teachers, social workers, and police see it differently.

While it may be argued that many or most rules are generally agreed to by all members of a society, empirical research on a given rule generally reveals variation in people's attitudes. Formal rules, enforced by some specially constituted group, may differ from those actually thought appropriate by most people.13 Factions in a group may disagree on what I have called actual operating rules. Most important for the study of behavior ordinarily labeled deviant, the perspectives of the people who engage in the behavior are likely to be quite different from those of the people who condemn it. In this latter situation, a person may feel that he is being judged according to rules he has had no hand in making and does not accept, rules forced on him by outsiders.

To what extent and under what circumstances do people attempt to force their rules on others who do not subscribe to them? Let us distinguish two cases. In the first, only those who are actually members of the group have any interest in making and enforcing certain rules. If an orthodox Jew disobeys the laws of kashruth only other orthodox Jews will regard this as a transgression; Christians or nonorthodox Jews will not consider this deviance and would have no interest in interfering. In the second case, members of a group consider it important to their welfare that members of certain other groups obey certain rules. Thus, people consider it extremely important that those who practice the healing arts abide by certain rules; this is the reason the state licenses physicians, nurses, and others, and forbids anyone who is not licensed to engage in healing activities.

To the extent that a group tries to impose its rules on other groups in the society, we are presented with a second question: Who can, in fact, force others to accept their rules and what are the causes of their success? This is, of course, a question of political and economic power. Later we will consider the political and economic process through which rules are created and enforced. Here it is enough to note that people are in fact always forcing their rules on others, applying them more or less against the will and without the consent of those others. By and large, for example, rules are made for young people by their elders. Though the youth of this country exert a powerful influence culturally—the mass media of communication are tailored to their interests, for instance—many important kinds of rules are made for our youth by adults. Rules regarding school attendance and sex behavior are not drawn up with regard to the problems of adolescence. Rather, adolescents find themselves surrounded by rules about these matters which have been made by older and more settled people. It is considered legitimate to do this, for youngsters are considered neither wise enough nor responsible enough to make proper rules for themselves.

In the same way, it is true in many respects that men make the rules for women in our society (though in America this is changing rapidly). Negroes find themselves subject to rules made for them by whites. The foreign-born and those otherwise ethnically peculiar often have their rules made for them by the Protestant Anglo-Saxon minority. The middle class makes rules the lower class must obey—in the schools, the courts, and elsewhere.

Differences in the ability to make rules and apply them to other people are essentially power differentials (either legal

Outsiders

or extralegal). Those groups whose social position gives them weapons and power are best able to enforce their rules. Distinctions of age, sex, ethnicity, and class are all related to differences in power, which accounts for differences in the degree to which groups so distinguished can make rules for others.

In addition to recognizing that deviance is created by the responses of people to particular kinds of behavior, by the labeling of that behavior as deviant, we must also keep in mind that the rules created and maintained by such labeling are not universally agreed to. Instead, they are the object of conflict and disagreement, part of the political process of society.

2 Kinds of Deviance

A SEQUENTIAL MODEL

It is not my purpose here to argue that only acts which are regarded as deviant by others are "really" deviant. But it must be recognized that this is an important dimension, one which needs to be taken into account in any analysis of deviant behavior. By combining this dimension with another—whether or not an act conforms to a particular rule—we can construct the following set of categories for the discrimination of different kinds of deviance.

Two of these types require very little explanation. Conforming behavior is simply that which obeys the rule and which others perceive as obeying the rule. At the other ex-
of nudes, no pictures of any version of the sex act. Instead, it contained page after page of pictures of girls in straitjackets, girls wearing boots with six-inch heels, girls holding whips, girls in handcuffs, and girls spanking one another. Each page served as a sample of as many as 120 pictures stocked by the dealer. A quick calculation revealed that the catalog advertised for immediate sale somewhere between fifteen and twenty thousand different photographs. The catalog itself was expensively printed and this fact, taken together with the number of photographs for sale, indicated clearly that the dealer did a land-office business and had a very sizable clientele. Yet one does not run across sadomasochistic fetishes every day. Obviously, they are able to keep the fact of their perversion secret (“All orders mailed in a plain envelope”).

Similar observations have been made by students of homosexuality, who note that many homosexuals are able to keep their deviance secret from their nondeviant associates. And many users of narcotic drugs, as we shall see later, are able to hide their addiction from the nonusers they associate with.

The four theoretical types of deviance, which we created by cross-classifying kinds of behavior and the responses they evoke, distinguish between phenomena that differ in important respects but are ordinarily considered to be similar. If we ignore the differences we may commit the fallacy of trying to explain several different kinds of things in the same way, and ignore the possibility that they may require different explanations. A boy who is innocently hanging around the fringes of a delinquent group may be arrested with them some night on suspicion. He will show up in the official statistics as a delinquent just as surely as those who have actually been involved in wrongdoing, and social scientists who try to de-

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velop theories to explain delinquency will attempt to account for his presence in the official records in the same way they try to account for the presence of the others. But the cases are different; the same explanation will not do for both.

Simultaneous and Sequential Models of Deviance

The discrimination of types of deviance may help us understand how deviant behavior originates. It will do so by enabling us to develop a sequential model of deviance, a model that allows for change through time. But before discussing the model itself, let us consider the differences between a sequential model and a simultaneous model in the development of individual behavior.

First of all, let us note that almost all research in deviance deals with the kind of question that arises from viewing it as pathological. That is, research attempts to discover the "etiology" of the "disease." It attempts to discover the causes of unwanted behavior.

This search is typically undertaken with the tools of multivariate analysis. The techniques and tools used in social research invariably contain a theoretical as well as a methodological commitment, and such is the case here. Multivariate analysis assumes (even though its users may in fact know better) that all the factors which operate to produce the phenomenon under study operate simultaneously. It seeks to discover which variable or what combination of variables will best "predict" the behavior one is studying. Thus, a study of juvenile delinquency may attempt to discover whether it is the intelligence quotient, the area in which a child lives, whether or not he comes from a broken home, or a combination of these factors that accounts for his being delinquent.

But, in fact, all causes do not operate at the same time, and we need a model which takes into account the fact that patterns of behavior develop in an orderly sequence. In accounting for an individual's use of marijuana, as we shall see later, we must deal with a sequence of steps of changes in the individual's behavior and perspectives, in order to understand the phenomenon. Each step requires explanation, and what may operate as a cause at one step in the sequence may be of negligible importance at another step. We need, for example, one kind of explanation of how a person comes to be in a situation where marijuana is easily available to him, and another kind of explanation of why, given the fact of its availability, he is willing to experiment with it in the first place. And we need still another explanation of why, having experimented with it, he continues to use it. In a sense, each explanation constitutes a necessary cause of the behavior. That is, no one could become a confirmed marijuana user without going through each step. He must have the drug available, experiment with it, and continue to use it. The explanation of each step is thus part of the explanation of the resulting behavior.

Yet the variables which account for each step may not, taken separately, distinguish between users and nonusers. The variable which disposes a person to take a particular step may not operate because he has not yet reached the stage in the process where it is possible to take that step. Let us suppose, for example, that one of the steps in the formation of an habitual pattern of drug use—willingness to experiment with use of the drug—is really the result of a variable of personality or personal orientation such as alienation from conventional norms. The variable of personal alienation, however, will only

2. I have profited greatly from reading an unpublished paper by John Kitsuse on the use of official statistics in research on deviance.
produce drug use in people who are in a position to experiment because they participate in groups in which drugs are available; alienated people who do not have drugs available to them cannot begin experimentation and thus cannot become users, no matter how alienated they are. Thus alienation might be a necessary cause of drug use, but distinguish between users and nonusers only at a particular stage in the process.

A useful conception in developing sequential models of various kinds of deviant behavior is that of career. Originally developed in studies of occupations, the concept refers to the sequence of movements from one position to another in an occupational system made by any individual who works in that system. Furthermore, it includes the notion of "career contingency," those factors on which mobility from one position to another depends. Career contingencies include both objective facts of social structure and changes in the perspectives, motivations, and desires of the individual. Ordinarily, in the study of occupations, we use the concept to distinguish between those who have a "successful" career (in whatever terms success is defined within the occupation) and those who do not. It can also be used to distinguish several varieties of career outcomes, ignoring the question of "success."

The model can easily be transformed for use in the study of deviant careers. In so transforming it, we should not confine our interest to those who follow a career that leads them into ever-increasing deviance, to those who ultimately take on an extremely deviant identity and way of life. We should also consider those who have a more fleeting contact with deviance, whose careers lead them away from it into conventional ways of life. Thus, for example, studies of delinquents who fail to become adult criminals might teach us even more than studies of delinquents who progress in crime.

In the rest of this chapter I will consider the possibilities inherent in the career approach to deviance. Then I will turn to a study of a particular kind of deviance: the use of marijuana.

Deviant Careers

The first step in most deviant careers is the commission of a nonconforming act, an act that breaks some particular set of rules. How are we to account for the first step?

People usually think of deviant acts as motivated. They believe that the person who commits a deviant act, even for the first time (and perhaps especially for the first time), does so purposely. His purpose may or may not be entirely conscious, but there is a motive force behind it. We shall turn to the consideration of cases of intentional nonconformity in a moment, but first I must point out that many nonconforming acts are committed by people who have no intention of doing so; these clearly require a different explanation.

Unintended acts of deviance can probably be accounted for relatively simply. They imply an ignorance of the existence of the rule, or of the fact that it was applicable in this case, or to this particular person. But it is necessary to account for the lack of awareness. How does it happen that the person does not know his act is improper? Persons deeply involved in a particular subculture (such as a religious or ethnic subculture) may simply be unaware that everyone does not act "that way" and thereby commit an impropriety. There may,
outsiders

in fact, be structured areas of ignorance of particular rules. Mary Haas has pointed out the interesting case of interlingual word taboos. Words which are perfectly proper in one language have a "dirty" meaning in another. So the person, innocently using a word common in his own language, finds that he has shocked and horrified his listeners who come from a different culture.

In analyzing cases of intended nonconformity, people usually ask about motivation: why does the person want to do the deviant thing he does? The question assumes that the basic difference between deviants and those who conform lies in the character of their motivation. Many theories have been pro- pounded to explain why some people have deviant motivations and others do not. Psychological theories find the cause of deviant motivations and acts in the individual's early experiences, which produce unconscious needs that must be satisfied if the individual is to maintain his equilibrium. Sociological theories look for socially structured sources of "strain" in the society, social positions which have conflicting demands placed upon them such that the individual seeks an illegitimate way of solving the problems his position presents him with. (Merton's famous theory of anomie fits into this category.)

But the assumption on which these approaches are based may be entirely false. There is no reason to assume that only those who finally commit a deviant act actually have the impulse to do so. It is much more likely that most people experience deviant impulses frequently. At least in fantasy, people are much more deviant than they appear. Instead of asking why deviants want to do things that are disapproved of, we might better ask why conventional people do not follow through on the deviant impulses they have.

Something of an answer to this question may be found in the process of commitment through which the "normal" person becomes progressively involved in conventional institutions and behavior. In speaking of commitment, I refer to the process through which several kinds of interests become bound up with carrying out certain lines of behavior to which they seem formally extraneous. What happens is that the individual, as a consequence of actions he has taken in the past or the operation of various institutional routines, finds he must adhere to certain lines of behavior, because many other activities than the one he is already engaged in would be adversely affected if he does not. The middle-class youth must not quit school, because his occupational future depends on receiving a certain amount of schooling. The conventional person must not indulge in his interests in narcotics, for example, because much more than the pursuit of immediate pleasure is involved; his job, his family, and his reputation in his neighborhood may seem to him to depend on his continuing to avoid temptation.

In fact, the normal development of people in our society (and probably in any society) can be seen as a series of progressively increasing commitments to conventional norms and institutions. The "normal" person, when he discovers a deviant impulse in himself, is able to check that impulse by thinking of the manifold consequences acting on it would produce for him. He has staked too much on continuing to be normal.

to allow himself to be swayed by unconventional impulses.

This suggests that in looking at cases of intended non-conformity we must ask how the person manages to avoid the impact of conventional commitments. He may do so in one of two ways. First of all, in the course of growing up the person may somehow have avoided entangling alliances with conventional society. He may, thus, be free to follow his impulses. The person who does not have a reputation to maintain or a conventional job he must keep may follow his impulses. He has nothing staked on continuing to appear conventional.

However, most people remain sensitive to conventional codes of conduct and must deal with their sensitivities in order to engage in a deviant act for the first time. Sykes and Matza have suggested that delinquents actually feel strong impulses to be law-abiding, and deal with them by techniques of neutralization: "justifications for deviance that are seen as valid by the delinquent but not by the legal system or society at large." They distinguish a number of techniques for neutralizing the force of law-abiding values.

In so far as the delinquent can define himself as lacking responsibility for his deviant actions, the disapproval of self or others is sharply reduced in effectiveness as a restraining influence. . . . The delinquent approaches a "billiard ball" conception of himself in which he sees himself as helplessly propelled into new situations. . . . By learning to view himself as more acted upon than acting, the delinquent prepares the way for deviance from the dominant normative system without the necessity of a frontal assault on the norms themselves . . .

A second major technique of neutralization centers on the injury or harm involved in the delinquent act . . . For the delinquent . . . wrongfulness may turn on the question of whether or not anyone has clearly been hurt by his deviance, and this matter is open to a variety of interpretations. . . . Auto theft may be viewed as "borrowing," and gang fighting may be seen as a private quarrel, an agreed upon duel between two willing parties, and thus of no concern to the community at large . . .

The moral indignation of self and others may be neutralized by an insistence that the injury is not wrong in light of the circumstances. The injury, it may be claimed, is not really an injury; rather, it is a form of rightful retaliation or punishment. . . . Assaults on homosexuals or suspected homosexuals, attacks on members of minority groups who are said to have gotten "out of place," vandalism as revenge on an unfair teacher or school official, thefts from a "crooked" store owner—all may be hurts inflicted on a transgressor, in the eyes of the delinquent . . .

A fourth technique of neutralization would appear to involve a condemnation of the condemners. . . . His condemners, he may claim, are hypocrites, deviants in disguise, or impelled by personal spite. . . . By attacking others, the wrongfulness of his own behavior is more easily repressed or lost to view . . .

Internal and external social controls may be neutralized by sacrificing the demands of the larger society for the demands of the smaller social groups to which the delinquent belongs such as the sibling pair, the gang, or the friendship clique . . . The most important point is that deviation from certain norms may occur not because the norms are rejected but because other norms, held to be more pressing or involving a higher loyalty, are accorded precedence.7

In some cases a nonconforming act may appear necessary or expedient to a person otherwise law-abiding. Undertaken in pursuit of legitimate interests, the deviant act becomes, if not quite proper, at least not quite improper. In a novel dealing with a young Italian-American doctor we find a good example.8 The young man, just out of medical school, would

8. Guido D'Agostino, Olives on the Apple Tree (New York: Doubleday, Doran, 1940). I am grateful to Everett C. Hughes for calling this novel to my attention.
like to have a practice that is not built on the fact of his being Italian. But, being Italian, he finds it difficult to gain acceptance from the Yankee practitioners of his community. One day he is suddenly asked by one of the biggest surgeons to handle a case for him and thinks that he is finally being admitted to the referral system of the better doctors in town. But when the patient arrives at his office, he finds the case is an illegal abortion. Mistakenly seeing the referral as the first step in a regular relationship with the surgeon, he performs the operation. This act, although improper, is thought necessary to building his career.

But we are not so much interested in the person who commits a deviant act once as in the person who sustains a pattern of deviance over a long period of time, who makes of deviance a way of life, who organizes his identity around a pattern of deviant behavior. It is not the casual experimenters with homosexuality (who turned up in such surprisingly large numbers in the Kinsey Report) that we want to find out about, but the man who follows a pattern of homosexual activity throughout his adult life.

One of the mechanisms that lead from casual experimentation to a more sustained pattern of deviant activity is the development of deviant motives and interests. We shall examine this process in detail later, when we consider the career of the marijuana user. Here it is sufficient to say that many kinds of deviant activity spring from motives which are socially learned. Before engaging in the activity on a more or less regular basis, the person has no notion of the pleasures to be derived from it; he learns these in the course of interaction with more experienced deviants. He learns to be aware of new kinds of experiences and to think of them as pleasurable. What may well have been a random impulse to try something new becomes a settled taste for something already known and experienced. The vocabularies in which deviant motivations are phrased—reveal that their users acquire them in interaction with other deviants. The individual learns, in short, to participate in a subculture organized around the particular deviant activity.

Deviant motivations have a social character even when most of the activity is carried on in a private, secret, and solitary fashion. In such cases, various media of communication may take the place of face-to-face interaction in inducting the individual into the culture. The pornographic pictures I mentioned earlier were described to prospective buyers in a stylized language. Ordinary words were used in a technical shorthand designed to what specific tastes. The word "bondage," for instance, was used repeatedly to refer to pictures of women restrained in handcuffs or straitjackets. One does not acquire a taste for "bondage photos" without having learned what they are and how they may be enjoyed.

One of the most crucial steps in the process of building a stable pattern of deviant behavior is likely to be the experience of being caught and publicly labeled as a deviant. Whether a person takes this step or not depends not so much on what he does as on what other people do, on whether or not they enforce the rule he has violated. Although I will consider the circumstances under which enforcement takes place in some detail later, two notes are in order here. First of all, even though no one else discovers the nonconformity or enforces the rules against it, the individual who has committed the impropriety may himself act as enforcer. He may brand himself as deviant because of what he has done and punish himself in one way or another for his behavior. This is not always or necessarily the case, but may occur. Second, there may be cases like those described by psychoanalysts in which the individual really wants to get caught and perpetrates his deviant act in such a way that it is almost sure he will be.

In any case, being caught and branded as deviant has
important consequences for one's further social participation and self-image. The most important consequence is a drastic change in the individual's public identity. Committing the improper act and being publicly caught at it place him in a new status. He has been revealed as a different kind of person from the kind he was supposed to be. He is labeled a “fairy,” “dope fiend,” “nut” or “lunatic,” and treated accordingly.

In analyzing the consequences of assuming a deviant identity, let us make use of Hughes’ distinction between master and auxiliary status traits. Hughes notes that most statuses have one key trait which serves to distinguish those who belong from those who do not. Thus the doctor, whatever else he may be, is a person who has a certificate stating that he has fulfilled certain requirements and is licensed to practice medicine; this is the master trait. As Hughes points out, in our society a doctor is also informally expected to have a number of auxiliary traits: most people expect him to be upper middle class, white, male, and Protestant. When he is not there is a sense that he has in some way failed to fill the bill. Similarly, though skin color is the master status trait determining who is Negro and who is white, Negroes are informally expected to have certain status traits and not to have others; people are surprised and find it anomalous if a Negro turns out to be a doctor or a college professor. People often have the master status trait but lack some of the auxiliary, informally expected characteristics; for example, one may be a doctor but be female or Negro.

Hughes deals with this phenomenon in regard to statuses that are well thought of, desired and desirable (noting that one may have the formal qualifications for entry into a status but be denied full entry because of lack of the proper auxiliary traits), but the same process occurs in the case of deviant statuses. Possession of one deviant trait may have a generalized symbolic value, so that people automatically assume that its bearer possesses other undesirable traits allegedly associated with it.

To be labeled a criminal one need only commit a single criminal offense, and this is all the term formally refers to. Yet the word carries a number of connotations specifying auxiliary traits characteristic of anyone bearing the label. A man who has been convicted of housebreaking and thereby labeled criminal is presumed to be a person likely to break into other houses; the police, in rounding up known offenders for investigation after a crime has been committed, operate on this premise. Further, he is considered likely to commit other kinds of crimes as well, because he has shown himself to be a person without “respect for the law.” Thus, apprehension for one deviant act exposes a person to the likelihood that he will be regarded as deviant or undesirable in other respects.

There is one other element in Hughes’ analysis we can borrow with profit: the distinction between master and subordinate statuses. Some statuses, in our society as in others, override all other statuses and have a certain priority. Race is one of these. Membership in the Negro race, as socially defined, will override most other status considerations in most other situations; the fact that one is a physician or middle-class or female will not protect one from being treated as a Negro first and any of these other things second. The status of deviant (depending on the kind of deviance) is this kind of master status. One receives the status as a result of breaking a rule, and the identification proves to be more important than most others. One will be identified as a deviant first, before other identifications are made. The question is raised:


10. Ibid.
"What kind of person would break such an important rule?"
And the answer is given: "One who is different from the rest of us, who cannot or will not act as a moral human being and therefore might break other important rules." The deviant identification becomes the controlling one.

Treating a person as though he were generally rather than specifically deviant produces a self-fulfilling prophecy. It sets in motion several mechanisms which conspire to shape the person in the image people have of him. In the first place, one tends to be cut off, after being identified as deviant, from participation in more conventional groups, even though the specific consequences of the particular deviant activity might never of themselves have caused the isolation had there not also been the public knowledge and reaction to it. For example, being a homosexual may not affect one's ability to do office work, but to be known as a homosexual in an office may make it impossible to continue working there. Similarly, though the effects of opiate drugs may not impair one's working ability, to be known as an addict will probably lead to losing one's job. In such cases, the individual finds it difficult to conform to other rules which he had no intention or desire to break, and perforce finds himself deviant in these areas as well. The homosexual who is deprived of a "respectable" job by the discovery of his deviance may drift into unconventional, marginal occupations where it does not make so much difference. The drug addict finds himself forced into other illegitimate kinds of activity, such as robbery and theft, by the refusal of respectable employers to have him around.

When the deviant is caught, he is treated in accordance with the popular diagnosis of why he is that way, and the treatment itself may likewise produce increasing deviance.


The drug addict, popularly considered to be a weak-willed individual who cannot forego the indecent pleasures afforded him by opiates, is treated repressively. He is forbidden to use drugs. Since he cannot get drugs legally, he must get them illegally. This forces the market underground and pushes the price of drugs up far beyond the current legitimate market price into a bracket that few can afford on an ordinary salary. Hence the treatment of the addict's deviance places him in a position where it will probably be necessary to resort to deceit and crime in order to support his habit. The behavior is a consequence of the public reaction to the deviance rather than a consequence of the inherent qualities of the deviant act.

Put more generally, the point is that the treatment of deviants denies them the ordinary means of carrying on the routines of everyday life open to most people. Because of this denial, the deviant must of necessity develop illegitimate routines. The influence of public reaction may be direct, as in the instances considered above, or indirect, a consequence of the integrated character of the society in which the deviant lives.

Societies are integrated in the sense that social arrangements in one sphere of activity mesh with other activities in other spheres in particular ways and depend on the existence of these other arrangements. Certain kinds of work lives presuppose a certain kind of family life, as we shall see when we consider the case of the dance musician.

Many varieties of deviance create difficulties by failing to mesh with expectations in other areas of life. Homosexuality is a case in point. Homosexuals have difficulty in any area of social activity in which the assumption of normal sexual interests and propensities for marriage is made without question.

In stable work organizations such as large business or industrial organizations there are often points at which the man who would be successful should marry; not to do so will make it difficult for him to do the things that are necessary for success in the organization and will thus thwart his ambitions. The necessity of marrying often creates difficult enough problems for the normal male, and places the homosexual in an almost impossible position. Similarly, in some male work groups where hetero sexual prowess is required to retain esteem in the group, the homosexual has obvious difficulties. Failure to meet the expectations of others may force the individual to attempt deviant ways of achieving results automatic for the normal person.

Obviously, everyone caught in one deviant act and labeled a deviant does not move inevitably toward greater deviance in the way the preceding remarks might suggest. The prophecies do not always confirm themselves; the mechanisms do not always work. What factors tend to slow down or halt the movement toward increasing deviance? Under what circumstances do they come into play?

One suggestion as to how the person may be immunized against increasing deviance is found in a recent study of juvenile delinquents who "hustle" homosexuals. These boys act as homosexual prostitutes to confirmed adult homosexuals. Yet they do not themselves become homosexual. Several things account for their failure to continue this kind of sexual deviancy. First, they are protected from police action by the fact that they are minors. If they are apprehended in a homosexual act, they will be treated as exploited children, although in fact they are the exploiters; the law makes the adult guilty. Second, they look on the homosexual acts they engage in simply as a means of making money that is safer and quicker than robbery or similar activities. Third, the standards of their peer group, while permitting homosexual prostitution, allow only one kind of activity, and forbid them to get any special pleasure out of it or to permit any expressions of endearment from the adult with whom they have relations. Infractions of these rules, or other deviations from normal heterosexual activity, are severely punished by the boy's fellows.

Apprehension may not lead to increasing deviance if the situation in which the individual is apprehended for the first time occurs at a point where he can still choose between alternate lines of action. Faced, for the first time, with the possible ultimate and drastic consequences of what he is doing, he may decide that he does not want to take the deviant road, and turn back. If he makes the right choice, he will be welcomed back into the conventional community; but if he makes the wrong move, he will be rejected and start a cycle of increasing deviance.

Ray has shown, in the case of drug addicts, how difficult it can be to reverse a deviant cycle. He points out that drug addicts frequently attempt to cure themselves and that the motivation underlying their attempts is an effort to show non-addicts whose opinions they respect that they are really not as bad as they are thought to be. On breaking their habit successfully, they find, to their dismay, that people still treat them as though they were addicts (on the premise, apparently, of "once a junkie, always a junkie").

A final step in the career of a deviant is movement into an organized deviant group. When a person makes a definite move into an organized group—or when he realizes and accepts the fact that he has already done so—it has a powerful impact on his conception of himself. A drug addict once told


me that the moment she felt she was really “hooked” was when she realized she no longer had any friends who were not drug addicts.

Members of organized deviant groups of course have one thing in common: their deviance. It gives them a sense of common fate, of being in the same boat. From a sense of common fate, from having to face the same problems, grows a deviant subculture: a set of perspectives and understandings about what the world is like and how to deal with it, and a set of routine activities based on those perspectives. Membership in such a group solidifies a deviant identity.

Moving into an organized deviant group has several consequences for the career of the deviant. First of all, deviant groups tend, more than deviant individuals, to be pushed into rationalizing their position. At an extreme, they develop a very complicated historical, legal, and psychological justification for their deviant activity. The homosexual community is a good case. Magazines and books by homosexuals and for homosexuals include historical articles about famous homosexuals in history. They contain articles on the biology and physiology of sex, designed to show that homosexuality is a “normal” sexual response. They contain legal articles, pleading for civil liberties for homosexuals. Taken together, this material provides a working philosophy for the active homosexual, explaining to him why he is the way he is, that other people have also been that way, and why it is all right for him to be that way.

Most deviant groups have a self-justifying rationale (or “ideology”), although seldom is it as well worked out as that of the homosexual. While such rationales do operate, as pointed out earlier, to neutralize the conventional attitudes that deviants may still find in themselves toward their own behavior, they also perform another function. They furnish the individual with reasons that appear sound for continuing the line of activity he has begun. A person who quieted his own doubts by adopting the rationale moves into a more principled and consistent kind of deviance than was possible for him before adopting it.

The second thing that happens when one moves into a deviant group is that he learns how to carry on his deviant activity with a minimum of trouble. All the problems he faces in evading enforcement of the rule he is breaking have been faced before by others. Solutions have been worked out. Thus, the young thief meets older thieves who, more experienced than he is, explain to him how to get rid of stolen merchandise without running the risk of being caught. Every deviant group has a great stock of lore on such subjects and the new recruit learns it quickly.

Thus, the deviant who enters an organized and institutionalized deviant group is more likely than ever before to continue in his ways. He has learned, on the one hand, how to avoid trouble and, on the other hand, a rationale for continuing.

One further fact deserves mention. The rationales of deviant groups tend to contain a general repudiation of conventional moral rules, conventional institutions, and the entire conventional world. We will examine a deviant subculture later when we consider the case of the dance musician.