

Michael V. Vitiello, PhD, Biosketch 2011

Dr. Michael V. Vitiello is an internationally recognized expert in sleep and sleep disorders in aging. He received his bachelor's degree from Columbia University in 1973 and his doctorate in Physiological Psychology from the University of Washington in 1980. He completed post-doctoral training in Gerontology at the Seattle VA Medical Center and in Clinical Psychology at the University of Washington.

Dr. Vitiello is Professor of Psychiatry and Behavioral Sciences, Adjunct Professor of Gerontology and Geriatric Medicine, Adjunct Professor of Biobehavioral Nursing and Health Systems, Co-Director of the Center for Research on the Management of Sleep Disturbances (CRMSD), and Co-Director of the Northwest Geriatric Education Center (NWGEC), University of Washington.

Professor Vitiello's research interests are in the clinical neuroscience and neuroendocrinology of aging, specifically; understanding the causes, consequences and treatments of age-related disturbances in sleep, circadian rhythms and cognitive function. He is the author of over 400 data-based articles, invited reviews and chapters, editorials and scientific abstracts. His research has been funded primarily by the National Institute on Aging (NIA) and the National Institute of Mental Health (NIMH).

Professor Vitiello is currently the principal investigator of two NIA-funded randomized clinical trials; AG025515 - SMART (Somatotrophics Memory and Aging Research Trial), and AG031126 - LIFESTYLES in Osteoarthritis, co-investigator on three other federally-funded research projects (CA116400, MH072736 and NR04101), and sponsor of two NHLBI K-23 awardees. Past recipient of two NIMH K-02 Independent Scientist Research Career Awards, he is a regular consultant reviewer for the NIH, other federal agencies and private foundations.

Professor Vitiello currently serves on Sleep Disorders Research Advisory Board of the NIH National Center on Sleep Disorders Research, and on the Board of Directors and as Scientific Program Chair of the Society of Behavioral Sleep Medicine. Previously he served as President of the Sleep Research Society (2008-2009) and the Sleep Research Society Foundation (2009-2010). He was Scientific Program Chair of the Associated Professional Sleep Societies (Sleep Research Society and American Academy of Sleep Medicine, 2006-2008) and a member of the Board of Directors of the National Sleep Foundation (2005-2009). He is a Fellow (Health Sciences) of the Gerontological Society of America and a founding member of the International College of Geriatric Psychoneuropharmacology and of the Society of Behavioral Sleep Medicine.

He is the founding Co-Editor and the Editor-in-Chief (for the Americas) of *Sleep Medicine Reviews*, a member of the Editorial Boards of; the *Journal of the American Geriatric Society*, and *Sleep Medicine*, and a Triage Editor for the *American Journal of Geriatric Psychiatry*. Previously he served on the editorial boards of; *Behavioral Sleep Medicine*, *European Journal of General Medicine*, *Journal of Gerontology: Medical Sciences* (two terms), *Journal of Gerontology: Psychological Sciences* (two terms), *Research and Practice in Alzheimer's Disease*, and *Sleep*.

Dr. Vitiello was Special Assistant to the Vice-Provost for Research (1998-2002), Assistant Vice-Provost for Research (2002-2005), and Director of the Grant and Contract Initiative (GCI, 1999-2004), University of Washington. As GCI Director, he supervised the development of the Researcher's Guide (<http://www.washington.edu/research/guide/index.php>), and SAGE, a web-based research proposal application development, routing and approval system (<https://ucs.admin.washington.edu/sagenet/>).

Dr. Vitiello chaired the University of Washington Faculty Senate's Faculty Council on Research (1996-1999). He also served on the President's Research Advisory Board (1996-1999), the Faculty Senate (1992-1994, 1996-1999, 2003-2006) and the Faculty Senate Executive Committee (1996-1999, 2005-2006). He is a member of the Department of Psychiatry and Behavioral Sciences' Advisory Board and chairs the department's UWMC Space Committee.