

Michael V. Vitiello, PhD, Biosketch 2009

Dr. Michael V. Vitiello is an internationally recognized expert in sleep and sleep disorders in aging. He received his bachelor's degree from Columbia University in 1973 and his doctorate from the University of Washington in 1980. He completed post-doctoral training in Gerontology at the Seattle VA Medical Center and in Clinical Psychology at the University of Washington. Dr. Vitiello is Professor of Psychiatry and Behavioral Sciences, Adjunct Professor of Medicine (Gerontology and Geriatrics), Adjunct Professor of Biobehavioral Nursing and Health Systems, Co-Director of the Center for Research on Management of Sleep Disorders (CRMSD) and Associate Director of the Northwest Geriatric Education Center (NWGEC), University of Washington.

His research has been funded by the National Institute on Aging (NIA) and the National Institute of Mental Health (NIMH) for nearly 30 years. Professor Vitiello's research interests are in the clinical neuroscience and neuroendocrinology of aging, specifically; understanding the causes, consequences and treatments of age-related disturbances in sleep, circadian rhythms and cognitive function. He is the author of over 370 data-based articles, invited reviews and chapters, editorials and scientific abstracts.

Professor Vitiello is the principal investigator of two NIA-funded randomized clinical trials; SMART (Somatotrophics Memory and Aging Research Trial) and LIFESTYLES (in Osteoarthritis), co-investigator on three other federally-funded (NCI, NIMH, NINR) research projects, and sponsor of two K-23 (NHLBI) awardees. Recipient of two NIMH Independent Scientist Research Career Awards, he is a regular consultant reviewer for the NIH as well as for numerous other federal agencies and private foundations.

Professor Vitiello is a Past President of the Sleep Research Society (SRS), Past Program Chair of the Associated Professional Sleep Societies (SRS and American Academy of Sleep Medicine), a founding member of the International College of Geriatric Psychoneuropharmacology, a Fellow (Health Sciences) of the Gerontological Society of America, President of the Sleep Research Society Foundation and a member of the Board of Directors of the National Sleep Foundation.

He is the founding Co-Editor and the Editor-in-Chief (for the Americas) of *Sleep Medicine Reviews* and a member of the Editorial Boards of; the *Journal of the American Geriatric Society*, *Behavioral Sleep Medicine*, and *Sleep Medicine*. Previously he served on the editorial boards of; the *European Journal of General Medicine*, the *Journal of Gerontology: Medical Sciences* (two terms), the *Journal of Gerontology: Psychological Sciences* (two terms), *Research and Practice in Alzheimer's Disease* and *Sleep*.

Dr. Vitiello was Special Assistant to the Vice-Provost for Research (1998-2002), Assistant Vice-Provost for Research (2002-2005), and Director of the Grant and Contract Initiative (GCI, 1999-2004), University of Washington. As GCI Director, he supervised the development of the Researcher's Guide (<http://www.washington.edu/research/guide/index.php>), and SAGE, a web-based research proposal application development, routing and approval system (<https://ucs.admin.washington.edu/sagenet/>).

Dr. Vitiello chaired the Faculty Senate's Faculty Council on Research (1996-1999). He also served on the President's Research Advisory Board (1996-1999), the Faculty Senate (1992-1994, 1996-1999, 2003-2006) and the Faculty Senate Executive Committee (1996-1999, 2005-2006). He is a member of the Department of Psychiatry and Behavioral Sciences' Advisory Board and chairs the department's UWMC Space Committee.