Mean-Value Inequalities for Harmonic Functions

Stefan Steinerberger



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Goal of the Talk

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The goal of this talk is to discuss some interesting inequalities for convex/subharmonic functions. They turn out to be related to many interesting things and seem to be new. There are relatively few results and lots of fun questions!

$$f(0) = \frac{1}{|\partial B_r(0)|} \int_{\partial B_r(0)} f(x) dx.$$

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The Mean Value **Inequality** Let $B_r(0) \subset \mathbb{R}^d$ and let $\Delta f \ge 0$ for some nice $f : B_r(0) \to \mathbb{R}$. Then

$$f(0) \leq \frac{1}{|\partial B_r(0)|} \int_{\partial B_r(0)} f(x) dx.$$

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$$f(0) \leq \frac{1}{|\partial B_r(0)|} \int_{\partial B_r(0)} f(x) dx.$$

Proof.

Mean-Value Theorem and Maximum Principle.

$$\frac{1}{|B_r(0)|}\int_{B_r(0)}f(x)dx=\frac{1}{|\partial B_r(0)|}\int_{\partial B_r(0)}f(x)dx.$$

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General Mean-Value Inequalities? What if the domain is not a ball?



General Mean-Value Inequalities? Let $\Omega \subset \mathbb{R}^d$, let $f : \Omega \to \mathbb{R}$ satisfy $\Delta f \ge 0$

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General Mean-Value Inequalities? Let $\Omega \subset \mathbb{R}^d$, let $f : \Omega \to \mathbb{R}$ satisfy $\Delta f \ge 0$ and suppose $f|_{\partial\Omega} \ge 0$.

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Let $\Omega \subset \mathbb{R}^d$, let $f : \Omega \to \mathbb{R}$ satisfy $\Delta f \ge 0$ and suppose $f|_{\partial\Omega} \ge 0$. Is there an inequality

$$\int_{\Omega} f(x) dx \leq c_{\Omega} \int_{\partial \Omega} f(x) dx$$

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and how does the constant c_{Ω} depend on Ω ?

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Let's start with something 'simpler': convex functions.

My interest in this arose when seeing a fun paper on the arXiv.

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ABSTRACT. We present both necessary and sufficient conditions to the convex closed shape X such that the inequality

$$\frac{1}{|X|} \int_X f(x) \, dx \leq \frac{1}{|\partial X|} \int_{\partial X} f(x) \, dx$$

is valid for every convex function $f: X \to \mathbb{R}$ (∂X stands for the boundary of X).

It is proved that this inequality holds if X is (i) an *n*-dimensional parallelotope, (ii) an *n*-dimensional ball, (iii) a convex polytope having an inscribed sphere (tangent to all its facets) with center in the center of mass of ∂X .

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From a letter of Hermite to Hadamard:

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$$f(x) \leq (1-x)f(0) + xf(1).$$

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or, for $\Omega = [0,1]$,

$$\frac{1}{|\Omega|}\int_{\Omega}f(x)dx\leq \frac{1}{|\partial\Omega|}\int_{\partial\Omega}f(x)dx.$$

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- all Platonic solids (Pasteczka)

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Proposition (Pasteczka)

then Ω and $\partial\Omega$ have the same center of mass.

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Proposition (Pasteczka)

then Ω and $\partial\Omega$ have the same center of mass.

Proof.

Plug in $f(x) = \langle a, x \rangle + b$. Both f and -f are convex, therefore

$$\frac{1}{|\Omega|}\int_{\Omega}f(x)dx=\frac{1}{|\partial\Omega|}\int_{\partial\Omega}f(x)dx$$

for all functions of this type.

Let $f:\Omega \to \mathbb{R}$ be convex and suppose we have the inequality

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Proposition (Pasteczka)

then Ω and $\partial\Omega$ have the same center of mass.

Conjecture (Pasteczka)

'Our conjecture is that every convex shape which satisfies this condition is of Jensen-type'.

I think this would be really nice if it were true (maybe too nice?)

Proposition (Pasteczka)

If, for all convex $f:\Omega \to \mathbb{R}$

$$\frac{1}{|\Omega|}\int_{\Omega}f(x)dx\leq \frac{1}{|\partial\Omega|}\int_{\partial\Omega}f(x)dx.$$

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then Ω and $\partial\Omega$ have the same center of mass.

In particular, if Ω and $\partial\Omega$ have different centers of mass, then the optimal constant c_Ω

$$\frac{1}{|\Omega|}\int_{\Omega}f(x)dx\leq\frac{c_{\Omega}}{|\partial\Omega|}\int_{\partial\Omega}f(x)dx$$

satisfies $c_{\Omega} > 1$.

$$f: \Omega o \mathbb{R}^d$$
 convex and
 $rac{1}{|\Omega|} \int_{\Omega} f(x) dx \leq rac{c_\Omega}{|\partial \Omega|} \int_{\partial \Omega} f(x) dx.$

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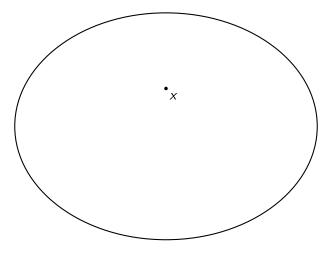
Theorem (S. 2018) $c_{\Omega} \leq c_n$ for all convex domains $\Omega \subset \mathbb{R}^n$.

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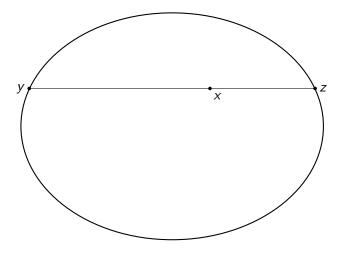
Theorem (S. 2018) $c_{\Omega} \leq c_n$ for all convex domains $\Omega \subset \mathbb{R}^n$.

I will later show much better results. But what is interesting here is that there is a fun transport problem hiding here. I always thought that this was independently interesting.

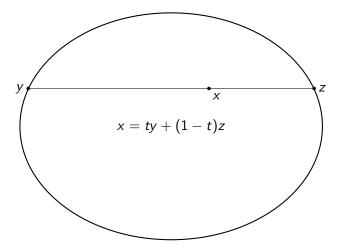
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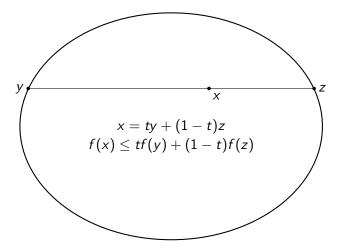
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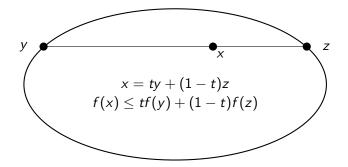


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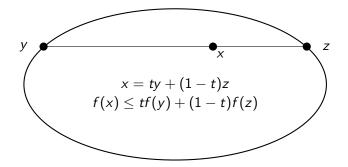
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This can be interpreted as sending a little bit of Lebesgue mass at x to both y and z.

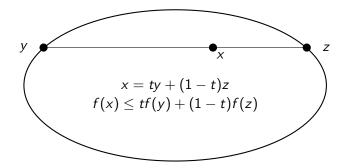
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1 unit of Lebesgue at
$$x \to \begin{cases} t & \text{at } y \\ 1-t & \text{at } z \end{cases}$$

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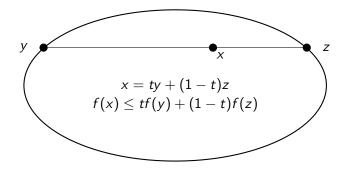


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Mechanism to send $\mathcal{H}^{d}(\Omega)$ to $\mathcal{H}^{d-1}(\partial\Omega)$.

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Main Question

How do you send the \mathcal{H}^d to the boundary so that the final measure on the boundary is as flat as possible?

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Main Question

How do you send the \mathcal{H}^d to the boundary so that the final boundary measure is as flat as possible?

If we call the measure on the boundary ν , then

 $\nu(\partial\Omega) = |\Omega|.$

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How do you send the \mathcal{H}^d to the boundary so that the final boundary measure is as flat as possible?

If we call the measure on the boundary ν , then

 $\nu(\partial \Omega) = |\Omega|.$

Moreover, for all convex $f: \Omega \to \mathbb{R}$, we have

$$\int_{\Omega} f(x) dx \leq \int_{\partial \Omega} f \ d\nu$$

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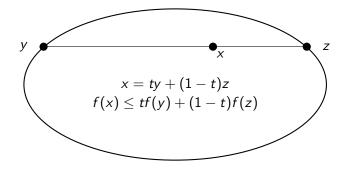
 $\nu(\partial \Omega) = |\Omega|.$

Moreover, for all convex $f: \Omega \to \mathbb{R}$, we have

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and in particular, in terms of the Radon-Nikodym derivative,

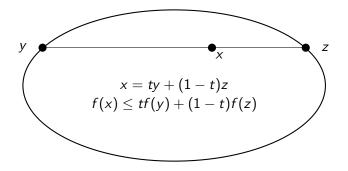
$$\int_{\Omega} f \, dx \leq \left\| \frac{d\nu}{d\sigma} \right\|_{L^{\infty}} \cdot \int_{\partial \Omega} f \, d\sigma$$



If Ω and $\partial\Omega$ have a different center of mass, then the final measure satisfies

$$\left\|\frac{d\mu}{d\sigma}\right\| > \frac{|\Omega|}{|\partial\Omega|},$$

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If Ω and $\partial\Omega$ have a different center of mass, then the final measure satisfies

$$\left|\frac{d\mu}{d\sigma}\right\| > \frac{|\Omega|}{|\partial\Omega|},$$

so it cannot be too evenly distributed. How evenly distributed can it be?

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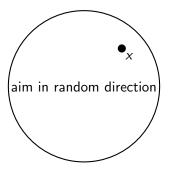
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This interpretation gives a quick proof-by-picture why the constant for the ball is 1.



If we distribute the mass randomly in all directions, then the final distribution on the boundary has to be uniform. Thus the constant is 1 for the ball is admissible (and clearly optimal).

Back to subharmonic

Let $\Omega \subset \mathbb{R}^d$, let $f : \Omega \to \mathbb{R}$ satisfy $\Delta f \ge 0$ and suppose $f|_{\partial\Omega} \ge 0$. $\int_{\Omega} f(x) dx \le c_\Omega \int_{\partial\Omega} f(x) dx$

and how does the constant c_{Ω} depend on Ω ?

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and how does the constant c_{Ω} depend on Ω ?

We start by recalling some arguments from Niculescu-Persson. To this end, we introduce the function $\phi : \Omega \to \mathbb{R}$ such that

$$egin{array}{ccc} -\Delta \phi = 1 & ext{ in } \Omega \ \phi = 0 & ext{ on } \partial \Omega \end{array}$$

$$\int_{\Omega} f(x)dx = \int_{\Omega} f(x)(-\Delta\phi(x))dx$$
$$= \int_{\Omega} (-\Delta f(x))\phi(x)dx + \int_{\partial\Omega} f(x)\frac{\partial\phi}{\partial n}d\sigma$$
$$\leq \int_{\partial\Omega} f(x)\frac{\partial\phi}{\partial n}d\sigma$$

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where n points inside the domain. Equality if and only if f is harmonic.

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Find the harmonic function corresponding to boundary data given by a characteristic function in the neighborhood where that gradient is large.

Back to subharmonic

Let $\Omega \subset \mathbb{R}^d$, let $f : \Omega \to \mathbb{R}$ satisfy $\Delta f \ge 0$ and suppose $f|_{\partial \Omega} \ge 0$.

$$\int_{\Omega} f(x) dx \leq c_{\Omega} \int_{\partial \Omega} f(x) dx.$$

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Back to subharmonic

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$$\int_{\Omega} f(x) dx \leq c_{\Omega} \int_{\partial \Omega} f(x) dx.$$

We have

$$c_{\Omega} \leq \left\| rac{\partial \phi}{\partial n}
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where $\phi:\Omega\to\mathbb{R}$ is such that

$$egin{array}{ll} -\Delta \phi = 1 & ext{ in } \Omega \ \phi = 0 & ext{ on } \partial \Omega. \end{array}$$

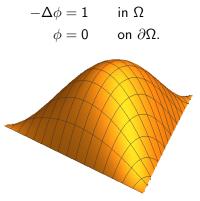
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So it boils down to understanding the maximal gradient of

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So it boils down to understanding the maximal gradient of



(solution on an equilateral triangle)

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This turns out to be a classical problem and there are lots of estimates that are known.

This perspective lead to some nice results.

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This perspective lead to some nice results.

Theorem (Beck, Brandolini, Burdzy, Henrot, Langford, Larson, Smits, S, 2019)

Let $f:\Omega \to \mathbb{R}$ be positive, $\Delta f \ge 0$ and let Ω be convex. Then

$$\frac{1}{|\Omega|}\int_{\Omega} f dx \leq \frac{c_n}{|\partial\Omega|}\int_{\partial\Omega} f d\sigma,$$

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where $n \leq c_n \leq n^{3/2}$.

This perspective lead to some nice results.

Theorem (Beck, Brandolini, Burdzy, Henrot, Langford, Larson, Smits, S, 2019)

Let $f:\Omega \to \mathbb{R}$ be positive, $\Delta f \ge 0$ and let Ω be convex. Then

$$\frac{1}{|\Omega|}\int_{\Omega} f dx \leq \frac{c_n}{|\partial \Omega|}\int_{\partial \Omega} f d\sigma,$$

where $n \lesssim c_n \lesssim n^{3/2}$.

Theorem (Simon Larson, 2020) Let $f : \Omega \to \mathbb{R}$ be positive, $\Delta f \ge 0$ and let Ω be convex. Then

$$\frac{1}{|\Omega|}\int_{\Omega} \mathbf{f} dx < \frac{n}{|\partial\Omega|}\int_{\partial\Omega} \mathbf{f} d\sigma$$

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and n is the sharp constant. (No extremizers!)

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Theorem (Jianfeng Lu and S, 2019) Let $f : \Omega \to \mathbb{R}$ be positive, $\Delta f > 0$ and let Ω be convex. Then

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What's nice about this is the nice universal constant 1 in front of everything.

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What's nice about this is the nice universal constant 1 in front of everything. **Open Problem:** the sharp constant, how it scales with n, whether there is an extremal domain and how the extremal domain looks like, that is less clear.

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The optimal constant has to satisfy $1/(2\sqrt{\pi e}) \le c_n \le 1$. (Lower bound given by ellipsoids, example by Thomas Beck.)

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The optimal constant has to satisfy $1/(2\sqrt{\pi e}) \le c_n \le 1$. (Lower bound given by ellipsoids, example by Thomas Beck.) It's not entirely clear how extremal domain has to look.

Focusing on n = 2

The goal is to now focus on convex sets $\Omega \subset \mathbb{R}^2$ which are scaled to have area 1.

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As it turns out, this question is 165 years old!

Focusing on n = 2

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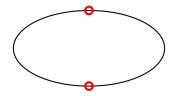
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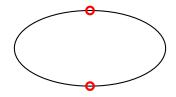
We need to understand how large ϕ can be. The points where $\|\nabla \phi\|$ assumes its largest value are known as the *fail points*. Or as **points dangereux**!

Les points dangereux sont donc, comme dans l'ellipse et le rectangle, les points du contour les plus rapproches de l'axe de torsion, ou les extremites des petits diametre. (Saint Venant, 1856)



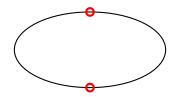
People thought that this was very strange!



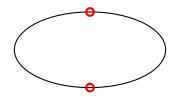


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M. de St. Venant also calls attention to a conclusion from his solutions which to many may be startling, that in the simpler cases the places of greatest distortion are those points of the boundary which are nearest to the axis [...] and the places of least distortion those farthest from it. (Thomson & Tait, Treatise on Natural Philosophy, 1867)

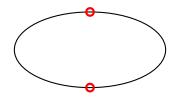


▶ 1871: Boussinesq gives a heuristic explanation



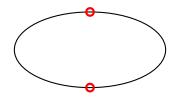
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▶ 1930: Polya proves the maximum is on the boundary.

Suppose $\Omega \subset \mathbb{R}^2$ is a convex set and $-\Delta u = 1$ with Dirichlet boundary conditions.

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Theorem (Hoskins & S, 2019) There exists 0.35 $\leq c < (2\pi)^{-1/2} \sim 0.39 \ldots$ such that

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 ϕ is the expected lifetime of Brownian motion.

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What we therefore looking for

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If we start Brownian motion close to the boundary of a convex domain, we are going to hit the boundary pretty quickly. But certainly if the boundary is curved, we are going to hit it even faster.

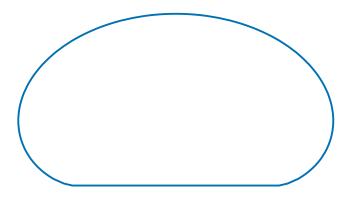
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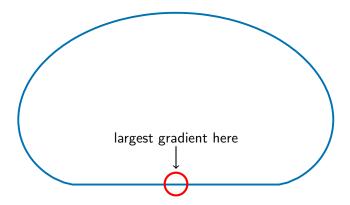
If we start Brownian motion close to the boundary of a convex domain, we are going to hit the boundary pretty quickly. But certainly if the boundary is curved, we are going to hit it even faster. So the boundary should be pretty flat close to the point of optimal gradient.

Here's the result of some high precision numerics.

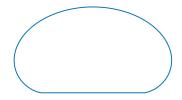


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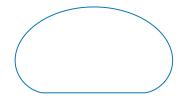


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Independent verification by Guido Sweers.





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coming with an explicit construction. Let Ω be a simply connected domain and let $h: E \to \Omega$ be a biconformal map. Then the solutions of

$$\begin{cases} -\Delta w = f & \text{in } \Omega \\ w = 0 & \text{on } \partial \Omega \end{cases}$$

and

$$\begin{cases} -\Delta u = \left| h'(\cdot) \right|^2 (f \circ h) & \text{ in } E \\ u = 0 & \text{ on } \partial E \end{cases}$$

are related via

$$(w \circ h)(x, y) = u(x, y).$$

Independent verification by Guido Sweers.

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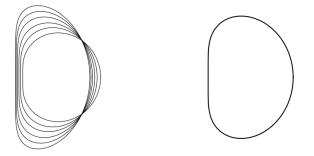
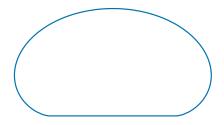


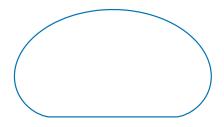
FIGURE 13. Left: $h_q(E_q)$ for $1 \le q \le 2$. Right: $h_q(E_q)$ for q = 1.386.

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What can be said about this domain?

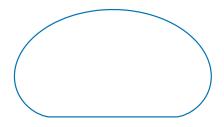
best constant in mean value inequalities



What can be said about this domain?

- best constant in mean value inequalities
- largest possible strain in material science (points dangereoux)

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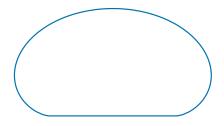


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Iongest lifetime of Brownian motion close to boundary



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- best constant in mean value inequalities
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- Iongest lifetime of Brownian motion close to boundary And what about higher dimensions?

