



**Up and Over
Interstate 90**

Closed due to
construction. Take
detour

START

to Massachusetts

Up and Over Interstate 90

There are stairways almost every block going down towards the shores of Lake Washington in this neighborhood near Seattle's first floating bridge. On a clear day you can see Mt Rainier over the water. The route goes up 717 steps and down 484 in 3 miles.

Start at the small Day Street park just north of the bridge, on Lakeside Ave S and the shore of Lake Washington.

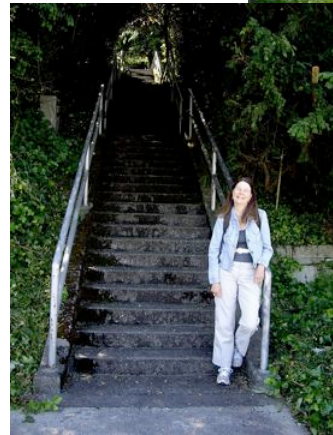


Down 12 steps

Walk under the bridge and follow a grassy trail back to Lakeside Ave S; cross the street.

Up 94 step

Cross a landing and continue



Up 104 steps

At the top you are on Lake Washington Blvd. Turn right and rest at the East Portal Viewpoint.

Return to Day Street and go up one more block to 33rd Ave S, and turn left. In about a block you reach the Atlantic Street stairs.

Up 30 steps

Go up the hill to the top. Here you will find a coffee shop and cafe.



The next stair goes down the other side of the hill.



Down 69 steps

At the bottom, keep going down the hill, past 29th Ave S on the left, then take a path to your right with a bike sign which goes past a playground set in Sam Smith Park. Soon you will reach the philosopher's way which leads to a tunnel.

There begins the Day Street Hillclimb.

Up 147 steps



At the top, cross 31st Ave and start down again, stay on Day street and in one block you will be at another stair.

Down 61 steps



Now you are on 33rd Ave South. Turn left and walk one block to Irving Street, then turn left and climb the hill a block to the next stair.



Up 39 steps

At the top turn right onto 31st Ave and in one block turn right and go down the hill on Judkins St. for one block. Then turn left on 32nd for one block until Norman Street. Walk up the ramp.

Turn right at the top and walk one block to Charles St.



Down 44, 13, and 18 steps.



Back on 33rd Ave again, turn left and in one block you are at Dearborn. Turn left, up the hill.

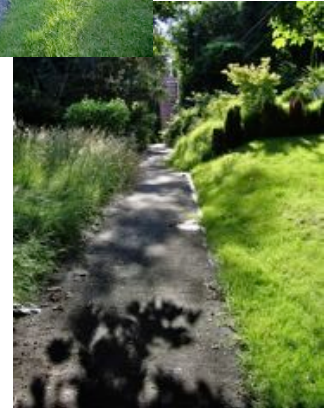


Up 84 steps

Cross 31st street.

Up 69 steps

Cross 30th Ave and crest the ridge, going down Dearborn to 29th Ave S. Turn right and in one block you are at Lane Street.



Up 54 steps

Now follow Lane Street all the way down.

Down 72 steps
Down 55 steps





Down 41 steps

Turn right on Lakeside Ave S and walk 2 blocks to the new stairs on Charles Street and climb back up the hill to 33rd Ave S..

right onto a path towards the lid over the freeway. This path joins one coming from the tunnel. Walk towards the lake and and you will reach the final stairway.

Down 60 steps



Cross freeway on Lk Washington Blvd
Go south to Massachusetts. Go down to the starting point

Follow the path as it goes under the freeway and ends at Lakeside Ave S. Cross the street and return to the starting point.



Up 54 steps

Turn left and in one block find the somewhat hidden stair going down Norman St.

Down 39 steps



Turn right on Lake Washington Blvd and in one block turn right again up the Judkins stair.



Here's the view at the end of the walk.

Up 42 steps



Keep going up the hill until the corner, turn left on 33rd Ave and at Irving St turn left again, going down the hill. Cross Lake Washington Blvd and in a few feet turn