Practice using Substitution & FTC

Recall the steps for Integration by Substitution:

- 1. Make a *choice* for u, say u = g(x).
- 2. Compute $\frac{du}{dx} = g'(x)$ (which I often write as du = g'(x)dx).
- 3. Make the substitution u = g(x), du = g'(x)dx, and change your limits of integration. At this state, the *entire* integral must be in terms of u; no x's should remain. If this is not the case, try a different choice of u.
- 4. Evaluate the resulting integral using the Fundamental Theorem of Calculus. If you still are unable to find an antiderivative consider doing a second substitution or start over with a different choice of u.

Find the following exactly (no estimation) using Substitution & the Fundamental Theorem of Calculus.

1.
$$\int_{-2}^{0} (x^2 + 1)^{50} 2x \, dx$$

$$2. \ \int_{1}^{4} \frac{\cos(\sqrt{x})}{\sqrt{x}} \, dx$$

3.
$$\int_0^2 \frac{x}{\sqrt{4-5x^2}} \, dx$$

$$4. \ \int_0^\pi \sin 2x \, dx$$

(a) Draw the graph of $\sin 2x$ on the axes below. Does your answer above make sense?



(b) Can you find $\int_{0}^{2\pi} \sin 2x \, dx$ (exactly) without using either Substitution or the Fundamental Theorem of Calculus?