

Short Vowels

peck	lid	tuck	sit	met	5
lab	fell	sham	cut	toss	10
mock	will	mush	gut	thud	15
rap	fat	chug	shun	shock	20
moss	back	mop	hush	pod	25
cod	lot	got	bum	deck	30
fed	med	quick	pad	lack	35
net	job	mob	beck	nab	40
log	jog	bell	kid	bill	45
yum	fad	chock	bin	let	50
sag	had	tip	mud	whim	55
dim	hut	fit	zap	cop	60
bat	dug	yam	puck	ban	65
than	led	fin	luck	lip	70
jell	shush	sun	thick	sud	75

Long & r-controlled Vowels

fir	ago	dry	stake	frame	5
bade	slate	price	slime	preen	10
sprite	chose	swine	mEEK	jail	15
stroke	feed	seal	beam	nope	20
feet	reach	cling	true	spur	25
lean	flight	creak	train	foal	30
tar	bray	peach	boat	lard	35
corn	sheen	for	burn	fade	40
slur	dirt	state	queen	why	45
or	girt	torn	yard	throat	50
part	slay	grain	reed	trail	55
fright	dean	me	blue	hope	60
meet	dart	zing	team	heal	65
need	broke	close	jute	glade	70
bleak	slice	whir	sly	reek	75
mime	write	came	so	be	80
shake	quite	spar	twine	fame	85
mine	core	time	spurn	gate	90
mice	those	spoke	cope	flue	95
brute	flake	beet	lute	jean	100

Single Syllables

brick	clap	spin	mad	cram	5
split	frock	swill	than	crow	10
grip	squid	beet	slob	clack	15
scab	scat	moot	jell	crop	20
blush	snag	troy	screen	dross	25
scud	jut	broil	swum	car	30
smug	rod	trim	me	steed	35
spy	bade	frame	sake	art	40
spite	dump	slice	born	choke	45
pose	jute	so	week	scoop	50
dream	grobe	smog	teach	cling	55
hue	slouch	clean	tight	lore	60
sprain	bun	fray	state	furl	65
card	streak	flirt	trash	sword	70
churn	bath	snail	coat	camp	75
fir	bang	thank	stew	jest	80
frown	spouse	hint	brunch	drink	85
scowl	trot	bent	lime	blend	90
scout	grudge	linch	felt	chow	95
bound	hung	bunk	soon	zeal	100

All Six Syllables

lute	spur	unless	neon	decide	5
candle	highway	swag	clip	fad	10
drill	skid	yell	spore	plot	15
flog	drum	snob	late	floss	20
thud	mush	shack	flick	smock	25
hut	wed	bet	truck	pun	30
jug	shod	wreck	leek	spy	35
quake	flame	shade	drop	vice	40
prime	morn	sprite	wean	tray	45
slope	true	might	she	bleak	50
rail	linch	boy	skirt	grain	55
bar	sheet	beach	string	urn	60
smart	preen	those	boil	camp	65
bard	spine	beam	smash	path	70
smoke	cord	stab	deal	bloat	75
slang	fir	yank	troop	nest	80
town	blouse	stink	jowl	went	85
hunch	sprint	grouch	need	dump	90
melt	tend	vow	hound	swung	95
crew	spoon	drunk	moot	crew	100