Role of Step and Terrace Nucleation in Heteroepitaxial Growth Morphology: Growth Kinetics of CaF$_2$/Si(111)

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The thickness uniformity and the spatial distribution of lattice relaxation in thin (<8 nm) CaF$_2$/Si(111) films, observed with photoelectron spectroscopy and transmission electron microscopy, are seen to depend strongly on the initial nucleation kinetics. We develop a general model for heteroepitaxial growth that explains both these and literature results. Terrace or step nucleation leads to rough films, although with different relaxation patterns; combined step and terrace nucleation leads to laminar films, although with different relaxation patterns; combined step and terrace nucleation leads to rough films due to different upper-layer nucleation rates on the differently sized islands.

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Molecular beam epitaxial growth involves the deposition of atoms or molecules onto a crystalline surface. This is inherently a nonequilibrium process, and the evolving morphology of the growing film therefore depends on kinetics. The growth kinetics are controlled experimentally through the deposition flux and the substrate temperature, allowing access to a variety of growth regimes expressing different morphologies and epitaxial quality. In addition, intrinsic properties of the growing surface, including diffusion barriers and island or terrace sizes, influence the growth kinetics. These intrinsic properties evolve with growth for a heteroepitaxial system, increasing the complexity relative to homoepitaxy.

In this Letter, we propose a kinetic model to explain the variety of growth morphologies observed for the heteroepitaxial growth of CaF$_2$ on Si(111), and predict that similar behavior should be observed for other heteroepitaxial systems. We concentrate on CaF$_2$/Si films grown at temperatures above $\sim$600 °C, for which the growth begins as a reacted Si-Ca-F layer that covers the surface completely [1,2]. The observed growth modes and morphologies for subsequent CaF$_2$ deposition vary from a fairly uniform morphology resulting from the coalescence of thin islands on the substrate terraces [Figs. 1(a) and 3(c)], through a nonuniform morphology characterized by thin islands on the substrate terraces and simultaneous thick islands along substrate step edges exhibiting multilayer (ML) growth [Figs. 1(b) and 3(a)], to solely step islands leading to layer-by-layer (LBL) growth after coalescence of $\sim$5 layer thick step islands [Fig. 1(c)] [3] and via step flow [Fig. 1(d)] [4]. We propose that these different growth modes are due to different growth parameters, as indicated in Fig. 1.

The prediction of epitaxial growth kinetics involves the time scales for atomic deposition and diffusion. Myers-Beaghton and Vvedensky (MV) [5] introduced two dimensionless scaling parameters $\alpha$ and $\beta$ to describe the kinetic regimes: $\alpha = J a^2 w^2 / D$ is the ratio of the deposition rate per atomic site (flux $J$ times the lattice constant squared, $a^2$) to the rate at which adatoms diffuse to a step edge (surface diffusion constant $D$ divided by the terrace width squared, $w^2$); $\beta = w^2 / a^2$ approximates the number of sites visited by an adatom as it difuses to a step edge. For small $\alpha$ and $\beta$, adatoms will diffuse unimpeded to the step edge where they nucleate islands that grow along the step; for large $\alpha$ and $\beta$, the free adatoms are more likely to collide with each other before they reach the step, forming stable nuclei that grow into terrace islands. MV [5] distinguish three growth modes for homoepitaxial systems—step flow growth ($\alpha \beta < 1$), island formation ($\alpha > 1$), and a mixture of both ($\alpha < 1$, $\alpha \beta > 1$). For the heteroepitaxial case we discuss here, these modes correspond to step nucleation (SN), terrace nucleation (TN), and step and terrace nucleation (SN + TN), respectively.

Although the initial nucleation may be similar for homoepitaxy and heteroepitaxy, the resulting growth is different, since SN does not necessarily lead to step flow in heteroepitaxy. In homoepitaxy, step-nucleated “islands” form an extension of the terrace above the step; growth on top of them is thus identical to growth on the upper terrace.

![FIG. 1. Observed growth modes for CaF$_2$/Si(111) for different values of flux, substrate temperature, and terrace width. (a) Terrace nucleation (TN), (b) step and terrace nucleation (SN + TN), (c) step nucleation (SN), and (d) step flow. Note the nonuniformity in SN + TN due to the different heights of step and terrace islands.](image-url)
In heteroepitaxy, step islands are a different material than the substrate terrace, inducing a distinct growth mode.

In this paper we discuss the role of different first-layer nucleation modes in heteroepitaxial growth, in particular, first-layer step and terrace islands, on upper-layer nucleation and growth. These initial islands are reflected in the strain relaxation of the subsequent growth, observed with transmission electron microscopy (TEM) for CaF$_2$/Si(111). We find a nearly LBL growth for TN, and ML growth for SN + TN. Our general model, based on nucleation rate calculations, explains the data reported here, as well as observations by others that pure SN leads to LBL growth, either after coalescence at low coverage [3] or through step flow [4].

CaF$_2$ films were grown by molecular beam epitaxy on Si(111) – (7 × 7) substrates prepared by a chemical etch followed by annealing. The details are given in Ref. [6]. Films were characterized with x-ray photoemission spectroscopy and diffraction (XPS and XPD), and then capped by ~40 Å of amorphous Si for TEM. The plan view TEM images (taken on a Phillips 300 operating at 100 kV) show moiré fringes [7] indicative of regions where the CaF$_2$ has relaxed due to the ~2.6% lattice mismatch between CaF$_2$ and Si at the growth temperature (0.6% at room temperature). After cooling, the moiré fringe spacing indicates a final mismatch of ~1%, in agreement with other studies [7–10].

The morphologies of films for different initial nucleation regimes have been studied by combining TEM with XPS and XPD. In previous work [6,11], we used in situ XPS and XPD to obtain information on the average morphology of the first few molecular layers of CaF$_2$ deposited on Si as a function of substrate temperature and CaF$_2$ flux. These results are summarized as the open symbols in Fig. 2.

For growth parameters in region I (see Fig. 2) we observe a nonuniform average morphology. After about 35% of the interface layer is covered with a bilayer of CaF$_2$, upper layers begin to grow without significantly increasing the coverage of the Si-Ca-F layer. The interface layer is completely covered only after deposition of ~7 CaF$_2$ layers [6,11].

For growth parameters in region II we observe a more uniform average morphology. The initial bilayer covers about 75% of the interface layer before the next layer nucleates. Subsequent layers nucleate in an approximately layer-by-layer fashion, and uniform coverage of the Si-Ca-F layer is reached with only 3 CaF$_2$ layers [6,11].

In this paper, we relate the spatial distribution of islands, observed in TEM of somewhat thicker films (6–25 molecular layers), to the initial morphologies (closed symbols in Fig. 2). Bright field TEM images are shown in Fig. 3. In the growth regime characterized by nonuniform morphologies [region I, Fig. 3(a)], we observe relaxed regions (moiré fringes) along substrate steps that increase in size with increased film thickness. TEM showed about half the film to be relaxed at a nominal thickness of 80 Å (~25 layers). In the kinetic regime characterized by uniform coverage [region II, Fig. 3(c)], we observe relaxed regions distributed uniformly across the entire sample, with fractional coverage increasing with film thickness, but no indication of the initial step distribution. At intermediate flux and temperature conditions, a mixture of the two morphologies is observed [Fig. 3(b); denoted by triangles in Fig. 2].

We propose that the relaxed regions of the CaF$_2$ film reflect the initial nucleation. Relaxation of a strained film requires dislocations to nucleate and propagate. The relaxed regions therefore reflect regions where the activation barrier for this nucleation is reduced due to specific sites, such as step edges [12,13] of the substrate or of islands, or due to thickness beyond a critical thickness [14]. As shown in Fig. 3(c), the initial relaxation of the uniform-thickness films of growth parameter region II leaves white convex regions, which we associate with strained terrace islands, surrounded by relaxed regions. Upon coalescence, the relaxed edges of strained islands match up for sufficiently small islands but create defects for larger islands, which nucleate dislocations that cause relaxation between the islands [15]. The gliding of the dislocations into the middle of an island, and thereby relaxing it, is inhibited since the Burgers vectors of the (a/2)(110) type [9] do not lie in the interface, as reasoned by Tsai and Matyi [16]. The centers of strained islands eventually relax at increased coverage.

Uniform distribution of individual islands requires the initial nucleation of clusters across the entire terrace. For region II, the initial nucleation therefore is primarily TN, coalescing to a uniform morphology beyond 3–4 molecular layers [Fig. 1(a)].

In contrast, the nonuniform films of growth parameter region I show relaxed regions with high aspect ratios, parallel to each other and separated by about 1 µm [Fig. 3(a)]. These relaxed regions are thinner, step-nucleated islands along the substrate step edges. These islands nucleate upper layers at a smaller first-layer coverage than do terrace-nucleated islands, resulting in nonuniform films in the initial stages. Thin terrace islands are still present but have not relaxed. They can be observed for thicker films as strained regions framed by relaxed step islands that cover most of the surface, and in XPS or XPD by the coverage of the interface layer. The presence of terrace islands requires
the existence of TN in addition to step-edge nucleation; we thus label region I as SN + TN [Fig. 1(b)].

In their discussion of homoepitaxial kinetics, MV [5] separate TN and SN + TN with $\alpha = J a^2 w^2 / D = 1$, i.e., the time to deposit one monolayer equals the average diffusion time of an adatom to a step edge. The condition $\alpha = 1$ is fitted as a function of flux and temperature in Fig. 2, separating regions I and II. Assuming $D = a^2 \nu \exp(-E_d / kT)$ with attempt frequency $\nu = 10^{13} \text{s}^{-1}$ ($= \text{CaF}_2$ optical phonon frequency [17]), we deduce the diffusion barrier for CaF$_2$ molecules on the Si-Ca-F interface to be $E_{d_1} = 1.4 \text{ eV}$.

The data for CaF$_2$/Si(111) can be summarized as follows. TN dominates in the kinetic regime $\alpha > 1$. It yields a uniform coverage beyond about three layers of CaF$_2$ on the reacted CaF$_2$ interface, but the regions where islands coalesce form nucleation sites for subsequent relaxation. When CaF$_2$ molecules have a higher probability of reaching step edges ($\alpha < 1$, $\alpha \beta > 1$), nucleation occurs at both steps and terraces. The morphology of films with SN + TN is very nonuniform—at least in the initial stages—indicating that nucleation of additional layers is quite different on step- and terrace-nucleated islands.

We have never observed a single CaF$_2$ layer on top of the reacted Si-Ca-F layer in our investigated coverage range (>0.6 total CaF$_2$ deposited layers beyond the initial interface); rather we observe bilayers [6,11]. The covalently bonded interface Ca atoms are less ionized than in bulk CaF$_2$. This reduces the ionic attraction between the incident CaF$_2$ molecules and the Si-Ca-F effective substrate relative to that with subsequent CaF$_2$ layers, resulting in weaker binding energies and lower diffusion barriers on the interface layer than on subsequent layers [11]. Once CaF$_2$ molecules landing on the first CaF$_2$ layer nucleate a second layer, CaF$_2$ molecules diffusing on the weakly binding interface layer can gain energy by stepping up after the nucleation of the second layer until all upper sites are occupied and a bilayer is created. Similar behavior has been observed for CaF$_2$ on Si(111) for the nonreacted interface [18].

The difference in morphology for step- and terrace-nucleated islands we observe for CaF$_2$ on Si(111) should be a general feature of many heteroepitaxial systems. The principal material parameters used in our general model of the following paragraphs are the diffusion barriers of the substrate and of the deposited material, therefore encompassing different types of bonding, ionic or covalent, as well as different orientations of the surface. The model nevertheless is not strictly applicable to systems with strongly anisotropic surface diffusion, e.g., Si(100), which exhibits an effective one-dimensional surface diffusion along dimer rows.

When applying our general model to CaF$_2$/Si, the “substrate” (S) corresponds to the chemisorbed Si-Ca-F interface, the “first layer” (L1) corresponds to the bilayer of CaF$_2$, and the “second layer” (L2) corresponds to the actual third layer of CaF$_2$, and “atoms” or “adatoms” refer to CaF$_2$ molecules.

The critical issue for the relative lateral and vertical growth of islands is the L1 coverage at the time L2 nucleates. Atoms in L2, deposited on top of the L1 islands, can either diffuse across island edges and step down to L1 or, if the free adatom density is high enough on top of the island, form stable nuclei and initiate the growth of L2. If the coverage of L1 is complete when L2 nucleates, the growth evolves in a LBL fashion, whereas incomplete coverage results in a ML growth.

The critical size of an island, beyond which L2 nucleation occurs, has been calculated by Tersoff, Denier van der Gon, and Tromp [19] for the case of terrace islands in homoepitaxy. We extend these calculations to terrace and step islands in heteroepitaxy by considering the different sizes and shapes of these islands as well as the different diffusion constants $D_1$ and $D_2$ on $S$ and $L_1$, respectively. Round terrace islands are spaced apart by a nucleation distance [20] $\ell_n = (4a^2 D_1 / J)^{1/6}$. We assume that step islands extend a width $L$ across the substrate terrace of width $w$. The SN calculation is done for an area of $L^2$, which contains the complete random walk of an adatom between deposition and reaching the island edge. The boundary conditions at the edges of the islands reflect the energetic barriers, often called Schwoebel barriers [21], which adatoms must overcome to cross step edges. From preliminary calculations, we find that island edges of CaF$_2$
Exhibit negative Schwoebel barriers. The edge toward the upper terrace is assumed to reflect adatoms due to the step-induced defect [3] inherent in the twinned, type-B epitaxy [22]. Nevertheless, the results are qualitatively the same whether one or both edges act as sinks. For CaF$_2$ we assume a stable nucleus size of two molecules.

The critical size for L2 nucleation—width $L_c$ for step islands and radius $R_s$ for terrace islands—can be simplified by using the scaling parameters $\alpha$ and $\beta$, and expressed in terms of a critical coverage $\Theta_s = L_c/w$ for step islands and $\Theta_T = R_s^2/E_a^s$ for terrace islands,

$$\Theta_s \approx 1.8 \left(\frac{\alpha^2}{w^2} \frac{1}{\alpha \beta} \frac{D_2}{D_1}\right)^{1/7}, \quad \Theta_T \approx 1.5 \left(\frac{D_2}{D_1}\right)^{1/4}. \quad (1)$$

For $D_2 < 0.2D_1$, as is the case for CaF$_2$ on Si(111), the terrace islands nucleate L2 at a coverage $\Theta_T < 1$. With a small diffusion coefficient in L2, it is harder for adatoms to diffuse to the island edge. This increases both the adatom density on top of the islands and the probability of nucleation of L2. The result for step islands includes $(a/w)^{2/7}$, which is a small number on the order of 0.1, and $(\alpha \beta)^{-1/7}$, which depends on the kinetic regime. For SN + TN, $\alpha \beta > 1$ and $\Theta_S < \Theta_T$; i.e., step islands in the kinetic regime of SN + TN nucleate upper layers at an earlier stage of growth than do terrace islands, resulting in a nonuniform morphology of thick step islands and thin terrace islands. By decreasing $\alpha \beta$, i.e., changing growth parameters towards a SN regime, $\Theta_S$ increases and step islands nucleate upper layers at a later stage of growth, eventually reaching step flow growth. The terrace width $w$ has a strong effect on the growth mode, entering $\Theta_S$ as $(w^2 \alpha \beta)^{1/7} \propto w^{6/7}$.

These calculations explain the observed morphologies for CaF$_2$/Si(111) shown in Fig. 1. The TN and SN + TN regimes are demonstrated in Figs. 2 and 3, which are described by $\alpha = 1$, $\alpha \beta = 10^7$. Substituting the experimental value $\Theta_T \approx 0.75$ at $T = 700$ °C implies $D_2/D_1$ = 1/16, or $E_{d_2} - E_{d_1} = 0.2$ eV. The two SN regimes in Fig. 1 are due to smaller terrace widths, as well as smaller fluxes, which decrease $w^2 \alpha \beta$ and increase $\Theta_S$, leading to no terrace islands and to more uniform morphologies. Coalescing SN islands were observed by Wong et al. [3] with experimental parameters ($J = 30$ Å/min, $w = 0.1 \mu$m) yielding $\alpha \beta = 60$. Tromp [4] has observed pure step flow, LBL growth, with growth parameters ($J = 0.6$ Å/min, $w = 0.1 \mu$m) yielding $\alpha \beta = 1$. Even though Eq. (1) does not yield $\Theta_S > 1$ for the latter case, the large difference in magnitudes for $\alpha \beta$ shows qualitative agreement with the heteroepitaxial theory. The morphologies change from fairly uniform to nonuniform, and back to uniform—a type of reentrant LBL behavior.

The physical reason that step islands lead to a nonuniform morphology for SN + TN, but to a more uniform morphology for SN, is that in the former case step islands are larger than terrace islands and therefore have less edge area, and it is harder for adatoms in L2 to find the edge and leave. By changing growth parameters to reach pure SN, islands grow larger in L1 before nucleating L2. Since step islands are limited by the terrace width, there are always growth parameters for which step islands are too small to nucleate L2 before L1 is complete, leading to LBL growth.

We conclude that different experimental results for CaF$_2$/Si with the Si-Ca-F interface are due to different kinetic regimes of growth. For heteroepitaxy, step islands lead to second-layer nucleation at smaller (larger) first-layer coverage for SN + TN (SN) compared to TN. For growth of laminar films, the regime SN + TN should be avoided.

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