Psychology 101B Introduction to Psychology

Spring 2017

Instructor: Dr. Lee Osterhout

Kane Hall, Room 120, 10:30-11:20 Daily, Monday - Friday

Revised 4/4/2017

FOR USE WITH: PSYCHOLOGY IN EVERYDAY LIFE (4TH Edition), David Myers and C. Nathan Dewall

CLASS SCHEDULE AND READING ASSIGNMENTS

Date	Topic	Required Readings
3/27 3/28 3/29	Introductory Remarks Psychology as a Science Psychology as a Science	Syllabus Chapter 1 (pages 1-21)
3/30	Brain and Behavior	Chapter 2 (pages 29-50)
- 4/3 4/4 4/5 4/6 4/7	Brain and Behavior Brain and Behavior Human Development Human Development Human Development	Chapter 3 (pages 67-92)
4/10 4/11 4/12 4/13	Human Development; Review for Exam 1 EXAM 1: Chapters 1, 2, 3 Sensation & Perception Sensation & Perception	Chapter 5 (pages 133-152)
4/14	Consciousness	Chapter 2 (pages 50-62)
4/17 4/18 4/19 4/20 4/21	Consciousness Consciousness Learning Learning Learning	Chapter 6 (pages 169-186)
4/24 4/25 4/26 4/27 4/28	Thinking and Language Thinking and Language Thinking and Language; Review for Exam 2 EXAM 2: Chapters 2, 5, 6, 8 Memory	Chapter 8 (pages 221-237) Chapter 7 (pages 195-216)
4/20	Welliory	Chapter 7 (pages 193-210)
5/1 5/2 5/3 5/4 5/5	Memory Memory Motivation Motivation Motivation	Chapter 9 (pages 257-273, 274-276)
5/8	Stress, and Health	Chapter 10 (pages 285-301, 302-308)
5/9 5/10 5/11 5/12	Stress, and Health Personality Personality Personality; Review for Exam 3	Chapter 12 (pages 349-366)
5/15	EXAM 3: Chapters 7, 9, 10, 12	

5/16 5/17 5/18 5/19	Psychological Disorders Psychological Disorders Psychological Disorders Psychological Disorders	Chapter 13 (pages 375-408)
5/22 5/23	Therapy Therapy	Chapter 14 (pages 415-436)
5/24	Social Psychology	Chapter 11 (pages 313-333)
5/25	Social Psychology	, ,
5/26	Social Psychology	
5/29	No Class: Holiday	
5/30	Social Psychology	Chapter 11 (pages 335-341)
6/1	Social Psychology	
	Review for Exam 4	
6/2	No Class	

6/5 8:30 a.m.: EXAM 4: Chapters 11, 13, 14

ADDITIONAL COURSE INFORMATION

1. Instructional Staff

Name	Phone	Office
Instructor, Lee Osterhout	543-4177	Guthrie, Room 225
Grad T.A., Margarita Zeitlin		Guthrie Annex 3, Room 120
Grad T.A., Karen Chang		Guthrie Annex 3, Room 120
Grad T.A., Carly Loyer		Guthrie Annex 3, Room 120
Peer T.A.Chen Zhao		
Peer T.A. Julie Zhu		

- 2. Class e-mail and phone contact information. The class email is email101@u.washington.edu. Please use this email to contact us concerning all aspects of the class, your grades, etc. You may also contact us by phone, by calling the INTRO PSYCH MESSAGE LINE (operating 24 hours a day, 7 days a week): 685-2906. You can leave a voice message if no one answers the phone when you call, and your call will be returned. You may also e-mail me (Dr. Osterhout) at losterho@uw.edu. However, given the number of students in class, I would respectfully request that you not abuse this privilege. Also, given the large numbers of emails that I receive each day, I will probably not be able to respond to your email for at least several days, and perhaps longer.
- **3. Websites.** Important course-related information (including practice exams and answer keys to exams) can be found at: http://faculty.washington.edu/losterho/psych101b.htm. If you would like to know more about Dr. Osterhout's research interests, you can check out his lab website at http://faculty.washington.edu/losterho/erplab.htm
- **4. Purpose of Course.** We will review the various areas of inquiry within the field of psychology, such as behavioral neuroscience, developmental psychology, cognition, clinical psychology, and social psychology. In this introduction to psychology, breadth will necessarily be stressed over depth.

5. Textbook and on-line resources. Required: D. Myers & C. N. Dewall (2017). *Psychology in Everyday Life*. If you purchase the textbook from the UW bookstore, it might come with access to online study resources, available through the publisher's website. The use of these resources is **not required**, but they do provide students with valuable exam preparation materials.

6. Grading Policies

- a. *Midterm Exams*. There will be four midterm exams. Each exam will consist of 35 multiple choice questions, worth 1 point each. These exams will be non-cumulative. Exam questions will be based both on lecture material, and on the assigned readings, even if these readings were not covered in class lectures. There will be no comprehensive final exam. **Your LOWEST TWO**SCORES will be averaged together. This will yield a total of 105 possible points. Answer keys and exam grades will be posted1) as soon as possible after each exam.
- b. Appeal Procedure: If your answer to an exam question is marked as being incorrect but you feel it is correct, you may contest the question by writing an appeal. INDICATE WHICH QUESTION YOU ARE APPEALING, THE ANSWER THAT WE THINK IS CORRECT AND THE ANSWER THAT YOU THINK IS BETTER, PLUS A RATIONALE FOR WHY YOU THINK YOUR ANSWER IS BETTER. The written appeal must be based on material presented in the book or in a lecture (please indicate page number of text or date of lecture). The appeal must be e-mailed to email101@uw. edu BEFORE THE DATE OF THE NEXT EXAM. The TAs will review each appeal and give credit if appropriate.
- c. Extra Credit. Extra credit points can be earned by serving as a research subject in projects approved by the Department of Psychology for that purpose. Click on the "Extra Credit" menu item on Psych101B website to learn more, or go directly to the Subject Pool website at http://web.psych.washington.edu/subjectpool/index.html.

7. Course Grades

The exams yield a total of 105 points. At the end of the term, grade points will be assigned in accordance with the University of Washington's Standard Grading scale:

Percentage (points)	Grade Point	Percentage (points)	Grade Point
100-98 (105-103)	4	75 (78)	2.2
97-96 (102-101)	3.9	74 (77)	2.1
95-94 (100-99)	3.8	73 (76)	2
93-92 (98-97)	3.7	72 (75)	1.9
91 (96)	3.6	71 (74)	1.8
90-89 (95-94)	3.5	70 (73)	1.7
88-87 (93-92)	3.4	69 (72)	1.6
86 (91)	3.3	68 (71)	1.5
85(90)	3.2	67 (70)	1.4
84 (89)	3.1	66 (69)	1.3
83 (88-87)	3	65 (68)	1.2
82 (86)	2.9	64 (67)	1.1
81 (85)	2.8	63 (66)	1
80 (84)	2.7	62 (65)	0.9
79 (83)	2.6	61 (64)	0.8
78 (81-82)	2.5	60 (63)	0.7
77 (80)	2.4	59 (62)	0
76 (79)	2.3	< 59 (61 or less)	0

8. What to do on Exam Days

- a. Bring picture ID with signature to exam. You **must** bring identification to all exams bearing your picture and your signature (e.g., driver's license). If you do not have such identification, you can obtain a card through the State of Washington Driver's License Bureau. **Failure to show valid ID might result in a score of 0 for that exam, for that student**.
- b. *Mark sense forms*. In order to take the exam, you must have a "mark sense" form so that your test can be computer-graded. Mark sense forms can be purchased at the UW bookstore. We will not be supplying mark sense forms!
- c. *Materials needed for exam.* Be sure to bring to each exam the following four items: mark sense form; soft lead #2 pencil with eraser; student identification number; picture ID with signature.
- d. Assistance with study skills. If you would like help with your study skills, please see one of the instructional staff, or you may contact the University Counseling Center at 401 Schmitz Hall (phone 543-1240)
- e. *Make-up exams*. Make-up exams will only be given in a very few restricted cases. You must see the instructor for permission to take a make-up exam.
- f. Exam ethics. Please remember that looking at other students' exams, using notes, or any other behavior indicating outside assistance constitutes cheating. If we see you cheat, you **WILL** receive a grade of zero for that particular exam and the Dean's office will be informed.
- **9. Podcasts of Lectures.** Audio recordings of lectures for this class will be available for every lecture. To access the recordings, use the "Panopto Recordings" link on the Pych101B Canvas page. If you need help with this, please contact the instructor or a TA.
- **10. Some Requests Regarding Class Meetings.** I very much enjoy an atmosphere in which students ask questions and participate as much as possible. SO, please don't hesitate to ask

questions during class -- that lets me know you are interested and involved in the material! However, PLEASE COME TO CLASS ONLY IF YOU ARE INTERESTED IN LEARNING. If you want to talk to your friends, send texts, read the newspaper on your phone, etc., please go elsewhere. No one is taking attendance. Please also remember that the class ends at 12:20; so please respect your fellow students and avoid rummaging through your stuff before that time. Please try to arrive on time, and leave early only in emergency situations. *Also, please remember to turn off your cell phones and other noise-making devices before the class starts*.