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SPHSC 569
Dependent Variables

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Dependent Variable

Data Collection
What to measure
How to measure
When to measure

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**Quantitative Data
Collection:
What to Measure**

Objective:

- Measurement of the specific presenting problems (treatment objectives) for the client expressed in quantifiable and measurable way
- Measurement of related behaviors (stimulus & response generalization; WHO) (social validity)
- Measurement of control behavior when possible

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**Guidelines for
Collecting Data:
What to Measure**

- Select measures that are both sensitive, meaningful, and accurate
 - consider psychometric properties validity and reliability
 - consider social validity (Schwartz & Baer; Wolf)
 - Normative Comparison
 - Relevant Peer Comparison
 - Subjective Evaluation (consumers)

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Types of Measures

- Probe Measures
 - Target
 - Generalization
 - Control
- Treatment Measures

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**Types of Data/Measures
(Quantitative and Qualitative
Data)**

- Physiological Data
- Self (Other)-Report Data
- Observational Data

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Physiological Data

Data involving instrumentation

Issues:

- Feasibility-costs, standardization
- Organism variables (age, sex, physical fitness, drug use etc.)
- Stimulus/situational variables
- Examples

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Self (Other)-Report Data

- Interview (client/other retrospective, client/other current, clinician observation during interview)
 - Unstructured interviews
 - Semi-structured interviews
- Issues associated with the interview
 - Style/traits of interviewer
 - Style/traits of respondent

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Self (Other)-Report Data

- Questionnaires/Rating Scales
 - Broad questionnaires
 - Specific questionnaires
 - Measures of client (others) satisfaction
 - Self-ratings
 - Informant Reports
- Issues in Self (Other)-Report
 - Stimulus variables
 - Organism variables
 - Design variables (construction of questionnaire/rating scales)

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Observational Data

Direct observation and self-monitoring

- **Observational Quantitative Data**
 - Frequency
 - Time Based (duration)
 - Interval

(Sulzer-Azaroff & Mayer Handout)

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Observational Data

- **Issues**
 - Sources of Bias
 - Observer characteristics (gender, expectation)
 - Reactivity
 - Observer drift (consensual)
 - Complexity of rating system and behaviors to be coded (including valence)
 - Sampling method
 - Ecological variables
 - Observational medium Nature of training (reliability)

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**Guidelines for
Collecting Data:
How to measure**

- Collect data under the same/similar conditions across time--conditions of data collection
- Consider along a continuum
 - Manner of collection (sampling technique)
 - Setting/situation of collection
 - Individuals involved in collection
 - Obtrusiveness/reactivity of collection

(Handout)

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**Data Collection:
When/How Often**

Four Main Considerations

- Change due to treatment versus maturation (or other threats to validity)
 - Multiple measures (control)
- Change that is real versus random
- Importance of change
 - Degree of change, rate/slope of change
- Impact of change
 - Social validity measures

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**Guidelines for
Collecting Data:
When/How often to measure**

- Collect measures often, periodically and systematically (How often is enough?) (How often is feasible?)
 - Weekly
 - Every two/three weeks
 - Monthly
- Consider your research question (e.g., ultimate versus instrumental versus intermediate change)

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**Guidelines for Collecting
Data:
When/How often to measure**

- Record inconvenient measures less frequently than more convenient measures
- Keep track of significant events (anticipated or not) that might account for alterations in or variability in performance
- Consider client reaction to measurement
- Graph the data (including the significant events)

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Guidelines for Collecting Data:

When/How often to measure

- Collect often enough to see change (be mindful of phase changes)
- Follow major treatment breaks
 - Completion of a treatment step
 - Completion of particular treatment criterion
 - Intersperse during treatment

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When to Measure Change

BOTTOM LINE:

- What is reasonable
- What will best allow me to monitor progress
- What will best reflect (and prove) change

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Dependent Variables

- Examples