

Issues of Japanese Horticultural Therapy on Practical Research for Elders ; Observed through Practiced Facilities, Clients' Conditions, Activity Styles and Goals

Summary

This study analyzed the horticultural therapy articles concerning with practical research for elders to know actual situations from a number of presented papers, facilities, clients' conditions, activities and goals of horticultural therapy. The number of papers had not been increased. Most activities were performed in a group in the long-term care insurance facilities and many conditions of clients were dementia. Many of the goals were maintenances and improvements of mental function, physical function, activities of daily living (ADL) and quality of life (QOL). In horticultural therapy at elderly welfare facilities, to encourage clients' independence and maintenance or improvement of the mental function or quality of life become most important issues.

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