

# 学会誌などにおける実践的研究の発表からみた 日本の園芸療法の現状と課題

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## Present Status and Issues of Horticultural Therapy Observed through Articles on Practical Research in Japan

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### Summary

This paper assesses the present status of Japanese horticultural therapy as evidenced through articles concerning practical research in several related fields. Such research articles have increased gradually since the late 1990s. The objectives of most researches were with respect to the elderly. Most of the articles were published in the Journal of the Japanese Society of People-Plant Relationships, with a few in other, medically related, journals. Most of the first authors belonged to medical fields or agricultural/horticultural fields. Although horticultural therapy is an interdisciplinary field, there are only a few collaborative researches conducted by researchers in various different fields. There are few researches conducted by horticultural therapists who collaborated with researchers in the medical field or agricultural/horticultural fields. These results suggest the following possible lines of development for horticultural therapy and its research ; 1) collaborative researches among interdisciplinary fields, such as medical, agricultural/horticultural and welfare agencies should be promoted, 2) the research results should be collected and published for all to share across the different field of study, and 3) horticulture therapists should find means to participate in these researches.

**Key words** : academic journal, practical research, horticulture, horticultural therapy, medical care, welfare, horticultural therapist, cooperation

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