

Dance 235 Integrated Dance: Technique and Composition

...an interest in the diversity of human expression

M/W 6.00-8.00 Meany Hall, Studio 267 3 credits

Instructor	Jürg Koch, Assistant Professor
Office	Meany 258
Office hours	Wednesdays 11-12 or by appointment
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Course information	http://faculty.washington.edu/kochj/

Integrated Dance strives to find ways of teaching and creating dance that are suitable for diverse groups of participants. It does this with regards to their previous dance experience as well as their physical and conceptual abilities. The emphasis is on training dance skills and setting creative tasks that access and challenge each individual dancer's facilities and abilities.

Course Overview

This course gives a praxis-oriented insight into Integrated Dance. Using movement vocabulary and working processes informed by modern and contemporary dance, we train and create together as a company. The group you will be working with, consists both of UW students and community participants. The course invites you to explore and develop your individual abilities within dance. There are several integral aspects to the course:

Technical Warm Up

We establish a shared warm up process, preparing us both physically and mentally for the creative and performance work. In the warm up we will use both set and improvisational techniques.

Creative Tasks

By setting and developing specific creative tasks, we will gradually establish movement material to be included in the performance piece. These tasks include solo as well as partner and group work.

Performance

The piece we set and rehearse will be performed to an audience towards the end of the quarter (November 21 and 22 tbc). Performing in the

concert and taking part in all spacing, technical and dress rehearsals is an integral part of the course.

Writing

You are expected to reflect on the creative process, diversity, access and inclusion through several reflective writing tasks. Guidelines and information about writing tasks are available through the catalyst tool Collect It.

At the beginning of the quarter more time will be dedicated to the warm up section and creative tasks. Over time the emphasis will shift towards rehearsing and staging the emerging dance piece. As the instructor I take responsibility for initiating, structuring and coordinating the creative and rehearsal process, a process, which also heavily relies on your ideas, contributions and consistent performance. To avoid any scheduling conflicts, please consult the term plan.

Class Questionnaire

We all have different circumstances. Individuals may need accommodations to work with the course procedures in order to meet the requirements and objectives outlined here. For this purpose read and fill in the confidential class questionnaire.

Class requirements:

In The Studio

- Commit to the class, rehearsal and performance schedule as detailed in the term plan.
- Arrive on time and prepared for the class. Bring notepaper and a pen to the class. Wear comfortable clothing that reveals the movement. Do not wear jewelry and watches or use lotions, talc etc. on exposed skin.
- Please change in the locker rooms on the lower level, no changing on upper level.
- No street shoes, bags, beverages or food in the studio, water allowed in plastic bottles.
- Use a locker with a padlock on the upper level to keep your belongings safe.
- Take and share responsibility in creating an accessible environment. Make your needs known, while respecting the needs of others. Work safely and effectively in class and be respectful of your peers and instructors.
- Engage actively by following demonstrations, taking in instructions, retaining movement phrases and asking informed questions.
- Explore the dance material and concepts presented in this course and aim to always dance at performance level.

- Observe class when injured and work with adaptations where appropriate. Do not attend class while being ill or contagious.
- Contact the instructor with a reason for absences.
- Make sure you can be reached via your campus email. Check your account regularly.

Beyond The Studio

Attend the Chamber Dance Company Concert, Oct 9-12 in the Meany Hall Theater <http://www.meany.org> Ticket office: 206-543-4880 You are responsible to get your own ticket and to hand in the ticket stub as proof of attendance.

If you have concerns about the course or your instructor, please speak to the instructor as soon as possible. If you are not comfortable talking with the instructor or are not satisfied with the response that you receive, you may contact the Dance Program Chair, Hannah Wiley, in Meany Hall 262, hcw@u.washington.edu.

Class Objectives and Learning Outcomes

The course procedures and the teaching strategies encourage and challenge you to:

- create an understanding for the structure and function of the: warm up, workshop and rehearsal parts of the course.
- create and understanding for the demands the material and tasks make on your physical facilities and conceptual abilities at their present stage of development in dance.
- work with translations and adaptations to suit your physicality and level of experience.
- understand and train basic movement principles and performance skills in solo, partnering and group work including:
 - creating and learning movement phrases
 - remembering and performing section and the entire piece
 - working independently and collaboratively
 - communicating ideas, finding solutions and giving constructive feedback
 - applying and integrating feedback

Evaluation and Grading

The grades are determined via the continuous assessment of your in class contributions, the performance and the writing tasks.

- Participation (40%) You implement the class requirements. You contribute generously to the teaching, creative and performance process. Concert attendance also counts towards this part of your grade. You are a reliable

participant and contact the instructor about absences and scheduling conflicts. Absences without contacting the instructor are unacceptable. Absences and tardiness will be noted and influence your participation grade. It is your responsibility to approach me about ways of dealing with missed classes.

- **Understanding of Class Objectives (30%)** This part of the grade assesses your level of understanding and skills with regards to the class objectives, which you demonstrate through your rehearsal and performance contributions.
- **Class Reflections (30%)** You articulate your reflections on the class and the work in progress with commitment and clarity.