

**TABLE 12.4** Motivations to Volunteer to Help People with AIDS**COMMUNITY CONCERN**

- To help members of the gay community
- Because of my concern and worry about the gay community

**VALUES**

- Because of my humanitarian obligation to help others
- Because I consider myself a loving and caring person

**GAIN UNDERSTANDING**

- To learn more about how to prevent AIDS
- To learn about how people cope with AIDS

**PERSONAL DEVELOPMENT**

- To meet new people and make new friends
- To challenge myself and test my skills

**SELF-ENHANCEMENT**

- To feel better about myself
- To feel less lonely

Source: Omoto and Snyder (1995).