

**TABLE 11.3** J. A. Lee's Six Love Styles and Sample Items Used to Measure Them

Love Style	Description (J. A. Lee, 1973)	Sample Items Used to Measure Love Style (Hendrick & Hendrick, 1986)
Eros	A love style characterized by the search for a perfect, ideal, "one-and-only" love	I feel that my lover and I were meant for each other. My lover fits my ideal standards of physical beauty/handsomeness.
Ludus	A permissive and promiscuous love style in which love is treated as a playful game, and relationships are relatively shallow and short-lived	I try to keep my lover a little uncertain about my commitment to him/her. I enjoy playing the "game of love" with a number of different partners.
Storge	A love style based on a slowly developing affection and companionship, with gradual self-disclosure and an expectation of long-term commitment	The best kind of love grows out of a long friendship. Love is really a deep friendship, not a mysterious, mystical emotion.
Pragma	A love style based on practicality and demographic compatibility	I consider what a person is going to become in life before I commit myself to him/her. An important factor in choosing a partner is whether or not he/she will be a good parent.
Mania	An obsessive, jealous, emotionally intense love style, characterized by preoccupation with the beloved and a need for repeated reassurance of being loved	When I am in love, I have trouble concentrating on anything else. Sometimes I get so excited about being in love that I can't sleep.
Agape	An altruistic, self-sacrificing love style in which the person gives without expectations to receive	I would rather suffer myself than let my lover suffer. I would endure all things for the sake of my lover.

Sources: The descriptions are adapted from J. A. Lee (1973); the sample items are adapted from Hendrick and Hendrick (1986).