The Self 183

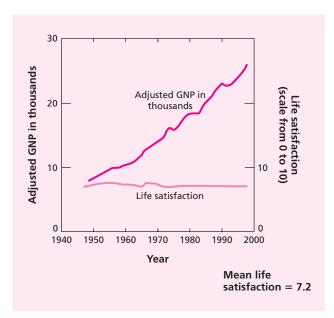


FIGURE 5.15

Ratings of Life Satisfaction and Adjusted Income in America over a 60-Year Period

Although adjusted income has risen steadily in the past 60 years, life satisfaction has remained constant. These findings support the claim that money doesn't buy happiness.

Source: Diener and Seligman (2004).