bro0796X_ch11_393-442 5/14/05 1:31 PM Page 401 Nish _05:Desktop Folder:

EQA

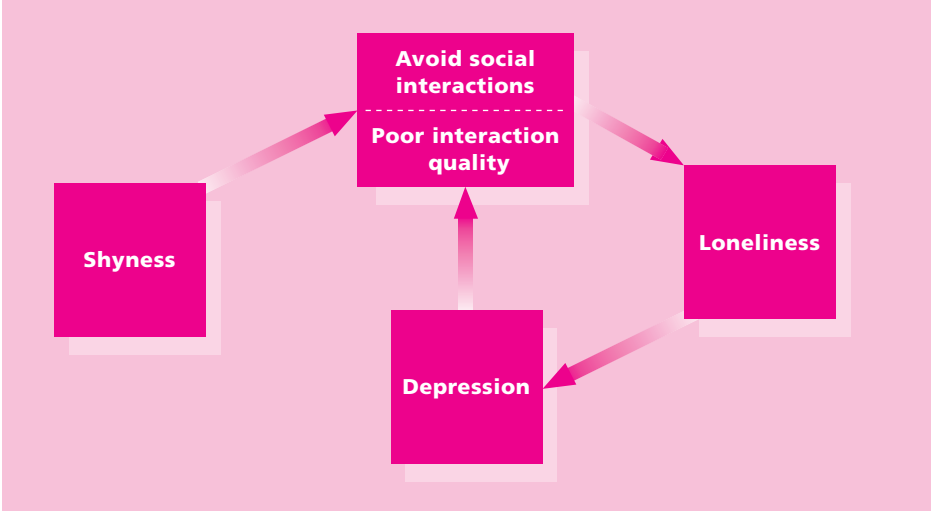

FIGURE 11.3

Shyness, Social Interaction, Loneliness, and Depression

Shyness causes people to avoid social interactions and to interact awkwardly. This, in turn, causes loneliness and depression, which lead to further withdrawal and negative social interactions.