

////// Wellness Resource List

LOCAL RESOURCES

UW School of Dentistry Office of Student Services and Admissions

D-322/D-323
206-685-2372 or 206-616-3087
dental.washington.edu/student-life

UW Counseling Center

401 Schmitz Hall
206.543.1240 (business hours), 866.427.4747 (24hr Crisis Clinic)
washington.edu/counseling

Husky Health and Wellbeing

wellbeing.uw.edu

The Whole U

thewholeu.uw.edu

NATIONAL RESOURCES

Tools and Resources from the Accreditation Council for Graduate Medical Education

acmge.org/what-we-do/initiatives/physician-well-being/resources

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline

800.662.HELP (4357)

SAMHSA Behavioral Health Treatment Services Locator

findtreatment.samhsa.gov

National Suicide Prevention Hotline

800.273.8255