Necessary But Not Sufficient

by Greg Crowther

1. The muscle starts to pull its load, but glucose use is slow.

2. Contraction ends, gain, the glucose use is because P sides. This sudden i drop and cannot be stopped.

and A - M - P by high me - ta - are low. Ne-ces-sa-ry but not suf-fi-cient:
something's there and yet something's missing, and the textbook authors sure will be surprised.

High metabolites? Not sufficient. Muscles pulling tight?

Not sufficient. The two must coexist for flux to rise.

'Cause you need two things to keep glycosis on, and you need two things to keep the flux going strong. Yes, you need two things; you need two things, just two things.