Post-nasal devoicing and the blurring process

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This paper addresses one of the most contested issues in phonology: unnatural alternations. First, non-natural phonological processes are subdivided into unmotivated and unnatural. The central topic of the paper is an unnatural process: post-nasal devoicing. I collect thirteen cases of post-nasal devoicing and argue that in all reported cases, post-nasal devoicing does not derive from a single unnatural sound change (as claimed in some individual accounts of the data), but rather from a combination of three sound changes, each of which is phonetically motivated. I present new evidence showing that the three stages are directly historically attested in the pre-history of Yaghnobi. Based on several discussed cases, I propose a new diachronic model for explaining unnatural phenomena called the Blurring Process and point to its advantages over competing approaches (hypercorrection, perceptual enhancement, and phonetic motivation). The Blurring Process establishes general diachronic conditions for unnatural synchronic processes and can be employed to explain unnatural processes beyond post-nasal devoicing. Additionally, I provide a proof establishing the minimal sound changes required for an unmotivated/unnatural alternation to arise. The Blurring Process and Minimal Sound Change Requirement have implications for models of typology within the Channel Bias approach. This paper thus presents a first step towards the ultimate goal of quantifying the influences of Channel Bias on phonological typology.

Keywords: phonological typology, sound change, naturalness, Channel Bias, voice, post-nasal devoicing

1. Introduction


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are considered natural and processes without it unnatural. The question of the existence of unnatural processes remains challenged both in synchronic and diachronic literature. While some unnatural processes have been argued to exist as productive synchronic alternations (e.g. post-nasal devoicing in Tswana by Coetzee & Pretorius 2010), others, like final voicing, have been argued to be impossible in synchronic grammar (Kiparsky 2006, 2008). Such typological gaps have been used to deduce properties of universal phonological grammar (especially within the OT-family of approaches via factorial typology: Prince & Smolensky 1993/2004), which is why the existence of unnatural processes has direct synchronic implications. The question of naturalness is relevant to the theory of sound change as well (Catford 1974, Chen 1974, Dressler 1974, Blust 2005, 2017, Garrett & Johnson 2013, Garrett 2015). It has long been believed that sound changes are always phonetically motivated, and therefore natural. This position goes back to the Neogrammarian school of thought and posits that ‘typologies of sound change and possible phonetic precursors correspond perfectly’ (Garrett 2015: 232). Recently, however, Blust (2005, 2017) has most notably challenged this long-held assumption by presenting a number of sound changes that lack phonetic motivation.

Several strategies have been used to motivate unnatural sound changes. The case of post-nasal devoicing (PND), for instance, has been analyzed variously as a phonetically motivated process (Solé 2012), a result of Ohala’s (1981) hypercorrection, and a case of perceptual enhancement (Stanton 2016b). Some proposals have also argued that PND is the result of a number of sound changes (Dickens 1984, Hyman 2001).

Several questions regarding the status of unnatural alternations and sound changes thus remain open. This paper addresses two crucial questions in this discussion: whether unnatural sound changes exist and how unnatural synchronic alternations arise. My proposal features four crucial components. First, I argue for a new subdivision of naturalness (Section 2), whereby processes traditionally labeled as unnatural should be subdivided into unmotivated and unnatural processes. Second, based on a particular reported unnatural synchronic alternation and sound change, post-nasal devoicing, I contend that sound change is always phonetically motivated and cannot operate in a phonetically unnatural direction. In other words, one of the rare reported cases of an unnatural sound change can be explained through a combination of natural sound changes (Section 3), not only in Tswana and Shekgalagari (as proposed in Dickens 1984, Hyman 2001), but in all other cases collected in this paper. I present new evidence from Sogdian, Yaghnobi, and other languages that crucially contributes to this conclusion. This allows us to maintain the long-held position that sound change can only operate in a phonetically natural direction. Third, based on the discussion of PND, the paper establishes a diachronic model for deriving and explaining unnatural alternations called the Blurring Process. The Blurring Process describes the exact mechanism for how unnatural alternations arise and can be employed to explain unnatural processes beyond PND. I argue that the Blurring Process explains the data better
than hypercorrection, perceptual enhancement, or phonetic motivation (Section 3.2). Fourth, I argue with a formal proof that a minimum of three sound changes are required for an unnatural segmental alternation to arise and a minimum of two for an unmotivated alternation (Minimal Sound Change Requirement (MSCR)) (Section 4).

By establishing the mechanisms of how unnatural alternations arise and by proving that minimally three sound changes are required for an unnatural alternation to arise, this paper also partially answers the question of why some unmotivated and unnatural processes are rare or non-existent. In the final part of this paper (Section 5), I discuss implications of the two concepts proposed in this paper (the Blurring Process and the MSCR) for the derivation of typology within the Channel Bias approach and point to future directions this line of research should take.

2. Naturalness and sound change

2.1. Subdivision of naturalness

Natural and unnatural processes have traditionally been distinguished by specifying that the former are phonetically motivated and typologically common while the latter are unmotivated and typologically rare. However, this division is insufficient, as it fails to capture crucial distinctions within the unnatural group. In the new division I propose, natural processes are phonetically motivated (as in previous proposals): they operate in the direction of universal phonetic tendencies (for the term, see Hyman 1972). I define a Universal Phonetic Tendency (UPT) as one which exhibits three crucial properties: (i) passive operation, (ii) cross-linguistic operation, and (iii) the ability to result in common sound patterns.

(1) Definition of universal phonetic tendency (UPT)

UPTs are phonetic pressures motivated by articulatory or perceptual mechanisms (for an overview of phonetic mechanisms, see Garrett and Johnson 2013) that passively operate in speech production cross-linguistically and result in typologically common phonological processes.¹

Passive operation of a phonetic tendency means that the tendency targeting some phonetic feature operates automatically (at least in initial stages without active control by the speakers, Kingston & Diehl 1994), even in languages with full phonological contrast of the equivalent feature in a given position. For example, the observation that voiceless stops have universally more phonetic voicing into closure in post-nasal position compared to the elsewhere position

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¹ As Moreton (2008) points out, some phonetic precursors do not cause typologically common phonological processes (see also de Lacy & Kingston 2013). This paper focuses on those unnatural processes that operate against phonetic precursors that are robust enough to yield common sound patterns.
(Hayes & Stivers 2000), even for languages with full contrast of voice post-nasally, fulfills the criterion that post-nasal voicing operates passively in the world’s languages.

I argue that within the traditionally labeled ‘unnatural’ group, we find two types of processes. I label unmotivated those processes that lack phonetic motivation, but do not operate against any UPT. In other words, while unmotivated processes do not correspond to a particular universal articulatory/perceptual force, they are also not operating specifically against such a force. Unnatural processes\(^2\), on the other hand, are those that operate precisely against some UPT and are not a UPT themselves.

(2) **A new division of naturalness**

(a) **Natural processes**: defined as UPTs

(b) **Unmotivated processes**: lack motivation, but do not operate against UPTs

(c) **Unnatural processes**: operate against UPTs, are not UPTs

An example of an unmotivated process would be Eastern Ojibwe ‘palatalization’ of /n/ to [ʃ] before front vowels (e.g. [ki-naːn-aː] ‘you fetch him’ vs. [ki-naː-im-i] ‘you fetch us’; Barnes 2002). This process lacks phonetic motivation, but its reverse process [ʃ] \(\rightarrow\) [n] / [+front] is not a UPT. Examples of unnatural processes include final voicing, intervocalic devoicing, and post-nasal devoicing\(^3\). All of these processes operate directly against clear and well-motivated articulatory phonetic tendencies (see Section 3).

It has to be noted that phonetic motivation of a process must always be evaluated with respect to the context. For example, devoicing of voiced stops is a natural process word-finally, but unnatural post-nasally (Sections 3 and 3.2). Some processes might be motivated in both directions by different mechanisms; the voicing and devoicing of stops, or the fricativization of stops and the occlusion of fricatives are two examples of diametrically opposed processes. However, naturalness always needs to be evaluated in a given context; evaluated globally, in all positions, devoicing of stops and occlusion of fricatives are natural, i.e. phonetically motivated (the first due to Aerodynamic Voicing Constraint, the latter due to a greater level of articulatory precision of fricatives compared to stops; see Section 3.4, Ohala 1983, 2011, Ladefoged & Maddieson 1996, Beguš 2018). In a leniting environment, such as intervocalic or post-nasal position, on the other hand, voicing or fricativization of stops is the natural direction (see Section 3, Kaplan 2010, Beguš 2018). Different contexts that determine the naturalness of a process can sometimes superficially overlap, e.g. in a language that lacks

\[\] Similar, but also crucially different, distinctions have been proposed before. Morley (2014: 4) assumes ‘anti-natural’ processes are those that operate against implicational universals and are unattested: ‘unattested patterns that do not conform with posited language universals’.

\[\] Some proposals motivate post-nasal devoicing articulatorily or perceptually. See Section 3.2 for a discussion of these proposals.
target segments in those contexts that distinguish the natural from the unnatural direction (as we will see, this is precisely what happens in the case of post-nasal devoicing). While it is possible that two diametrically opposed processes could both be phonetically motivated in the exactly same context, no detailed research is, to my knowledge, available on such sound changes (cf. Honeybone 2016). Vocalic sound change, for example, is usually less unidirectional, but even there, clear principles can be established in which only one direction is the natural one (Labov 1994). Further research on this topic is a desideratum.

Most of the treatments of unnatural phenomena in phonology in fact discuss unmotivated processes, according to the definition in (2) (Buckley 2000, Blevins 2004, 2008b, a, Blust 2005, 2017), and considerably fewer works treat unnatural processes (as defined in (2)). This paper focuses on an unnatural process, post-nasal devoicing (PND), and its implications for both theoretical and historical phonology.

While naturalness and how to represent it in the grammar design has been primarily the focus of synchronic studies (Stampe 1973, Hellberg 1978, Anderson 1981, Archangeli & Pulleyblank 1994, Hayes 1999, Hyman 2001, Coetzee & Pretorius 2010), it has been the subject of debate within the theory of sound change as well. The well-accepted Neogrammarian position that sound change is always natural and that some sound changes are impossible (for an overview of the literature on this position, see Blust 2005: 219–223, Honeybone 2016) has recently been challenged. Blust (2005, 2017) identifies several unnatural sound changes and argues they had to operate as unitary sound changes. The survey of consonantal sound changes in Kümmel (2007) also lists a number of unnatural sound changes, although they are not labeled as such. A subset of Blust’s unnatural sound changes have been explained as a result of a sequence of multiple natural sound changes (Goddard 2007, Blevins 2007, Garrett 2015). However, the most robust cases of unnatural sound change reported in Blust (2005), including post-nasal devoicing, have yet to receive a sufficient explanation.

In this paper, I collect all known cases of PND. The collection derives from several sources: a survey of sound changes in Kümmel (2007) that examines approximately 294 languages; a UniDia database of 10,349 sound changes from 302 languages (Hamed & Flavier 2009); a survey of unnatural sound changes in Blust (2005), Blevins (2008b), and Goddard (2007); a survey of the *NT constraint in Hyman (2001); and a recent description of post-nasal devoicing in Brown (2017). Isolated cases have been reported in Merrill (2014, 2016a, b).

So far, all cases of PND have been treated in isolation, which has led to several opposing explanations of the phenomenon. Explanations of PND rely variously on appeals to hypercorrection (Blust 2005, Xromov 1972), combinations of sound

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[4] It is difficult to estimate how many languages are surveyed in these collections, as authors often fail to report this information. A reasonable guess would be that Blust (2005) surveys a large sample of Austronesian languages and Hyman (2001) surveys a large sample of Bantu languages.
changes (Dickens 1984, Hyman 2001), claims that unnatural sound changes do exist (Blust 2005), or claims that PND is articulatorily or perceptually motivated (Solé 2012, Gouskova et al. 2011, Stanton 2016b). I shine light on this murky discussion by showing that, in all thirteen cases of PND I have compiled, there exists either direct or strong indirect evidence that PND emerges as the combined result of three separate instances of single, natural sound changes (as has been argued for Tswana in Dickens 1984 and Hyman 2001). I focus primarily on evidence from Yaghnobi and Sogdian, showing that the two languages present direct historical evidence that PND results from a combination of sound changes. Examining all cases of PND together also allows me to generalize common properties and develop a diachronic model for explaining unnatural phenomena. Furthermore, showing that one of the rare reported unnatural sound changes is in fact a product of a combination of natural sound changes lends support to the position that sound change has to be natural and cannot operate against UPTs (pace Blust 2005).

That combinations of sound changes produce unmotivated results is a long-standing and well-known claim. ‘Telescoping,’ for example, describes a phenomenon in which a sound change A > B in the environment X is followed by B > C, resulting in a sound change A > C that may not be phonetically motivated in environment X (Wang 1968, Kenstowicz & Kisseberth 1977: 64, Anderson 1981, Stausland Johnsen 2012). This paper, however, takes the concept of telescoping one step further, by focusing on alternations that are not only unmotivated, but that operate in exactly the opposite direction of UPTs. I show that for unnatural processes to arise we need a special type of combination of sound changes which I term the Blurring Process.

2.2. Sound change

Before we turn to a more detailed discussion of unnatural alternations and sound changes, a clarification of the term sound change is necessary (Blevins 2004, Garrett 2015). Despite more than a century of scientific research on sound change, Garrett (2015) in his recent overview of the field acknowledges that sound change has ‘no generally accepted definition’. Many definitions involve the concept of ‘phonologization’ (Hyman 1976, 2013, Barnes 2002) ‘whereby an automatic phonetic property evolves into a language-specific phonological one’ (Garrett 2015: 227, see also Kiparsky 2015) and this process constitutes a sound change. The question remains, however, at what level of abstraction should we define sound change: at a ‘language-specific’ phonetic or phonological ‘structured’ level (Hyman 1972: 170; Hyman 2013: 3,7; Fruehwald 2016, Lass 1997)? Even more relevant for our discussion is the question of what distinguishes a single sound

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[5] A more conservative count gives nine cases of PND; some scholars count Sicilian and Calabrian and Tswana, Shekgalagari, and Makuwa as two cases rather than five, due to the close genetic relationships between these languages.
change from a combination of sound changes.

Every model, be it phonological or diachronic, has to operate with some level of abstraction. We could assume that sound change is a change of any articulatory target/gesture (cf. Browman & Goldstein 1992) or, in exemplar-theoretic terms, any change in a label of a category (Pierrehumbert 2001, Bybee 2001), regardless of how small the difference between the two diachronic stages would be (see also Lass 1997). For example, a minimally higher degree of coarticulation (fronting of \([k]\) in \([ki]\)-sequences) or a minimal change in the F1 target in low vowels would constitute a sound change according to this definition. In such a model, for example, a gradual sound change \([a] > [æ]\) would involve an infinite or at least a very large number of individual sound changes. To be sure, each of these minimal sound changes would have no phonological implications: languages cannot contrast /a/ and /æ/ with a minor difference in the F1 target or other similarly minimal phonetic differences. While such a radical and phonetically oriented model, in which sound change represents a change in any phonetic specification that is not automatic, might be valid, it would fail to provide results that would be meaningful to phonological theory. For a discussion on the ‘notoriously fuzzy boundary’ (Hyman 2013: 7) between phonetics and phonology, see Kingston & Diehl (1994), Cohn (2006), Keyser & Stevens (2006).

The focus of this paper is on phonological alternations (allophonic or neutralizing) that result, via phonologization, from non-analogical regular sound changes (regardless of the mechanisms of their origin; for an overview, see Garrett & Johnson 2013, Garrett 2015). For this reason, I adopt the concept of features from phonology, together with the level of abstraction of the phonological feature system (Chomsky & Halle 1968, Hall 2007, Keyser & Stevens 2006, Hyman 2013) and define sound change as a change in one feature that is phonologized (i.e. results in a synchronic alternation) and non-automatic (Hyman 2013, Keyser & Stevens 2006) and that operates throughout the lexicon in a given environment. Synchronic alternations are alternations of at least one feature in a given environment, but can also involve alternations of multiple features simultaneously. I posit that a single instance of sound change can only involve change of a single feature in a given environment. That a single sound change involves a change in a single ‘phonetic property’ has in fact been previously claimed by Donegan & Stampe (1979) and Picard (1994: 18) (see also Lass 1997). Picard (1994: 18) calls this assumption the ‘minimality’ principle: ‘sound changes are always minimal, and so can involve no more than one basic phonetic property’. The minimality principle arises from the assumption that ‘the substituted sound’ should be ‘as perceptually similar to the original target as possible’ (Donegan & Stampe 1979: 137). There is also an articulatory argument for the minimality principle: variation in coarticulation which is the initial mechanism of sound

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[6] We are interested in sound changes that operate categorically throughout the lexicon, regardless of whether they result from lexical diffusion or the Neogrammarian regular sound change.
change (cf. Ohala 1983, Lindblom 1990, Lindblom et al. 1995, Beddor 2009) is often continuous and gradual (cf. Garrett 2015, Pierrehumbert 2001), which means that phonologically relevant change proceeds through minimal phonetic changes, and minimal phonetic changes are usually not substantial enough to change two phonological features. I adopt this assumption of minimality (Donegan & Stampe 1979, Picard 1994) and posit that a single sound change is a change in one feature in a given environment. A combination of sound changes is a set of such individual sound changes operating in a given language.

(3) **A single sound change vs. a combination of sound changes**

Sound change is a change of one feature in a given environment; a combination of sound changes is a set of such individual sound changes operating in a given language.

To my knowledge, no detailed studies exist on the question of whether a single sound change can involve a change of more than one feature simultaneously. Direct evidence of such a sound change is hard to obtain because we have only limited access to sound changes in progress and even apparent sound changes in process might not always yield conclusive results: it is, for example, possible that what seems to be a sound change in progress that targets two features simultaneously might in fact be variation between two end-points that result from operation of two individual sound changes. Typological surveys of sound change support the minimality hypothesis, at least as a strong tendency: the substantial majority of sound changes surveyed in Kümmel (2007) do involve a change of only a single feature. Likewise, in a phylogenetic modeling of sound changes in Turkic in Hay et al. (2015), 79% of consonantal and 70% of vocalic sound changes involved a change in a single feature. It is reasonable to assume that at least a subset of the two-feature changes involve an additional sound change that is not observed on the surface, although this assumption cannot be proven (see discussion below).

To be sure, universally redundant (hence referred to as ‘automatic’) features (cf. Hyman 2013, Keyser & Stevens 2006) do not contribute to sound change minimality: if stops nasalize (D > N), [±sonorant] is changed along with [±nasal], but [±sonorant] is not contrastive in either nasals or voiced stops and this change does not count as an instance of an additional sound change. More problematic for the minimality assumption are (i) cases of perceptually driven sound changes that involve change of place of articulation, (ii) cases of total assimilation, and (iii) cases of epenthesis, metathesis, or deletion. Some of the recurrent sound changes that appear to target more than a single feature simultaneously are changes that primarily arise due to perceptual similarity, e.g. changes between [ɣ] and [w], [kʷ] and [p], or [pʰ] and [t] (Ohala 1989). It is nevertheless reasonable to assume that a subset of such changes proceed through intermediate stages, e.g. [ɣ] > [β] > [w]. While Ohala (1989) argues strongly against such proposals, there is independent evidence that makes such intermediate stages plausible. Ohala
(1989), for example, specifically argues against Whatmough (1937) (via Ohala 1989) who claims that Proto-Indo-European *kʷ develops to Greek [pp] through an interstage with [kp]. Northwest Caucasian languages, however, confirm that labialized alveolar stops [tʷ] or [dʷ] can and do develop to doubly articulated bilabio-alveolar stops [tp] or [db] (for example in Ubykh), even though these are typologically much rarer than bilabio-velar stops (Catford 1972, Ladefoged & Maddieson 1996, Garrett & Johnson 2013, Beguš To appear). Some dialects of Ubykh then merge these with plain labial stops [p] and [b] (Fenwick 2011), which means we have the full chain of developments [tʷ] > [tp] > [p] attested. Intermediate stages can thus be motivated at least for a subset of cases that are traditionally used as examples of non-gradual changes involving more than a single feature. In other words, not all changes targeting two features that appear to result from perceptual confusion necessarily lack intermediate stages.

While it has been stipulated that assimilation in more than one feature often (or always) arises through inter-stages or that a segment often (or always) deletes with an intermediate stage with [ʔ], [h], or a glide [j] (Hock 1991 or McCarthy 2008 for a synchronic perspective), one of the most well-studied sound changes in progress, final /d/-deletion in English, points to the contrary as no intermediate stages are observed.\(^7\) Moreover, while epenthesis can be a gradual process (Morley 2012), it would be difficult to represent it with a change of a single feature value. Complete deletion or epenthesis of a segment/feature matrix thus has to count as a single sound change under my approach. Metathesis is another non-canonical sound change: it does not involve a change in a feature’s value, but rather a change in the ordering of features/feature matrices. While usually a sporadic sound change, \(\text{metathesis can be regular and it can also be gradual (Lass 1997, Blevins & Garrett 1998), involving several intermediate stages. Slavic metathesis (/VRC/} > /RVC/), for example, most likely involves an interstage with vowel epenthesis (/V₁RC/ > /V₁RV₂C/) and vowel deletion (/V₁RV₂C/} > /RV₂C/) (Blevins & Garrett 1998).\(^8\)

In sum, I adopt phonological features to represent sound changes that via phonologization result in synchronous alternations. By the word \text{change in (3) I mean either a change of one non-automatic feature value in a given environment, a complete deletion/insertion of a feature matrix, or a change of ordering of features/feature matrices in two diachronic stages. In all cases, my assumption is that a single sound change is minimal: it involves a change of a single feature or deletion/epenthesis/reordering of a single feature matrix. Further research on sound changes in progress is needed to confirm the minimality assumption – currently, I can claim that the minimality assumption is a strong tendency: it holds

\[^7\] One could argue that in synchronic variation between [t/d] and \(\varnothing\), the potential intermediate stage with *\[ʔ\] might be lost and that the variation between deleted and undeleted forms is phonologized. To evaluate the probability of such an assumption is beyond the scope of this paper.

\[^8\] Unless noted otherwise, the following symbols are used in this paper: V – vowel, C – consonant, T – voiceless obstruent, D – voiced obstruent, S – voiceless fricative, Z – voiced fricative, N – nasal, R – non-nasal sonorant, V – vowel.
for at least the majority of sound changes documented and it is articulatorily and perceptually well-grounded. It is possible that a relatively small subset of sound changes can indeed target more than a single feature simultaneously. Such sound changes are likely rare and the concepts proposed in the rest of the paper (MSCR) hold as strong tendencies even if the minimality principle is not exceptionless.

3. **Post-nasal devoicing**

The claim that PND is an unnatural process according to the definition in (2) is supported by strong articulatory phonetic evidence. Post-nasal voicing (T > D / N_; PNV), the exact inverse process to PND, is a UPT: it is phonetically well motivated, operates passively in world languages, and is typologically common.

The phonetics of PNV are thoroughly investigated in Hayes & Stivers (2000) (cf. Hayes 1999, Pater 1999). Supported by previous work including Rothenberg (1968), Kent & Moll (1969), Ohala & Ohala (1993), Ohala (1983), and others, the authors identify two phonetic factors that render stops in post-nasal position prone to voicing: (i) nasal airflow leak and (ii) expansion of oral cavity volume during velic rising. Both of these factors promote voicing, i.e. counter the anti-voicing effects of closure (Hayes & Stivers 2000). It has long been known that coarticulation occurs in the transition from nasal to oral stops: the velum must rise from a low position to a high position, at which point it closes the nasal cavity. During this process, airflow can leak through the nasal cavity, which means that the airflow necessary to maintain voicing that would otherwise stop during the closure can be maintained longer (Hayes & Stivers 2000). Moreover, when the velum rises from a high position to complete closure, the volume of the oral cavity increases, which again allows a longer period of sufficient airflow that would otherwise stop due to closure (Hayes & Stivers 2000).

Not only is post-nasal voicing phonetically motivated, it is also universally present as a passive phonetic tendency: that is to say, phonetic voicing is found even in languages without phonological PNV, such as English. Hayes & Stivers (2000) show that speakers produce more passive phonetic voicing on voiceless stops in post-nasal position than elsewhere. Speakers produce ‘significantly more closure voicing’ in words like [tampa] than in words like [tarpa] Hayes & Stivers (2000: 29). The data in Davidson (2016, 2017) show that English voiceless and voiced stops have the highest percentage of voicing into closure precisely in post-nasal position. PNV thus meets all the criteria for being a UPT.

PNV is commonly attested not only as a phonological and phonetic process, but also as a sound change. Locke (1983) identifies 15 languages, out of a sample of 197, that exhibit PNV as a synchronic process (reported in Hayes & Stivers 2000). Kümmel (2007: 53–54) lists approximately 32 languages in a survey of approximately 294 in which PNV operates as a sound change. By comparison, PND in the same survey is reported only twice: in one instance it targets stops and in the other affricates.

While post-nasal voicing is a well-motivated and natural process – the
opposite process, devoicing of voiced stops in post-nasal position, is unnatural: it operates against a UPT. For reasons discussed above (nasal leakage and increased volume of oral cavity; see Hayes & Stivers 2000, Coetzee & Pretorius 2010), the post-nasal environment is in all aspects antagonistic to devoicing (compared to other positions, e.g. word-initial and word-final), in the sense that it counters the anti-voicing effects of the closure in stops. In other words, in the transition from nasal to oral stop, the velum does not close instantaneously; as a result, air leakage occurs into a portion of the following stop closure, prohibiting the ‘air pressure buildup’ necessary to articulate a voiceless stop (Coetzee & Pretorius 2010: 405). Expansion of the oral cavity due to velic rising also has an effect of promoting voicing during the closure: greater volume allows longer period of time before the air pressure buildup (for a discussion on phonetics, see Hayes & Stivers 2000, Coetzee & Pretorius 2010, and literature therein). Moreover, to my knowledge, PND has not been reported as a passive tendency in any language. For a discussion on the unnaturalness of PND, see also Sections 3.2 and 3.4.

3.1. The data

According to my survey, the existence of PND as a sound change has been reported in thirteen languages and dialects from eight language families.

3.1.1. Yaghnobi

PND was first proposed for Yaghnobi by Xromov (1972). Yaghnobi is an Iranian language, spoken by approximately 13,500 speakers in five different areas of Tajikistan (Paul et al. 2010: 4). It is the only living descendant of Sogdian, an Eastern Iranian language that was spoken around the fourth century CE. Xromov (1972) observes that NT sequences in Yaghnobi correspond to ND sequences in ancestral Sogdian; on the basis of this observation, he posits a sound change D > T / N in the development from Sogdian to Yaghnobi. The following table lists cognates from Yaghnobi and Sogdian that confirm this correspondence.

Outside of post-nasal position, original voiced stops surface as voiced fricatives [β, ɹ, ɣ] in Sogdian: this is the result of a sound change that turns voiced stops into voiced fricatives except post-nasally. In Yaghnobi, velar and labial fricatives in the elsewhere condition are preserved as fricatives [w/β] and [ɣ]. The Sogdian dental fricative [ð], on the other hand, surfaces as a stop: [dah] ‘ten’ for Sogdian [ðəsa] (data from Novák 2010: 31, Novák 2014). Voiceless stops remain unchanged in Sogdian, except post-nasally, where they become voiced (Yoshida 2016) before being devoiced in Yaghnobi.

Regarding the Yaghnobi synchronic system, Novák (2010) reports voiceless stops to be aspirated except pre-consonantally and voiced stops to be phonetically voiced, although no instrumental studies are offered. Synchronic Yaghnobi

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[9] Data from older descriptions has been adjusted throughout this paper, as accurately as the descriptions allow, to fit IPA conventions.
phonology contrasts voiced and voiceless stops in all positions: initially, finally, intervocally, in clusters, and post-nasally. The fact that [±voice] contrasts fully in NT and ND sequences in synchronic Yaghnobi means that PND is not an active alternation anymore. The post-nasal contrast in the feature [±voice] is, however, likely secondary, introduced late in the language’s development through borrowings from Tajik (cf. Xromov 1972). Some examples of borrowed ND sequences from Tajik are given in Xromov (1972: 128): [angi] ‘coal’, [ňang] ‘dust’, [baland] ‘high’, [lunda] ‘round’. It is even possible to find pairs of native and borrowed words with and without devoicing. For example, the inherited Yaghnobi [vant] ‘tie’ – with an unvoiced stop after a nasal – stands in contrast to the borrowed [band] ‘tie’ with a voiced variant.

### 3.1.2. Tswana, Shekgalagari, and Makhuwa

PND has been reported as a synchronic phonological process in the languages/dialects of the Sotho-Tswana group of Southern Bantu languages, especially in Tswana and Shekgalagari (Hyman 2001, Solé et al. 2010), but also in Sotho (Janson 1991/1992). The three languages are closely related and mutually intelligible (Makalela 2009). Because PND is least well-described in Sotho, I will focus on Tswana and Shekgalagari. Tswana is spoken by approximately 4–5 million people in Botswana, Namibia, Zimbabwe, and South Africa (Coetzee & Pretorius 2010), and Shekgalagari by approximately 272,000 people in Botswana (Solé et al. 2010).

In Makhuwa, PND is reported as a sound change followed by nasal deletion (Janson 1991/1992). Makhuwa is closely related to Sotho-Tswana too and is spoken by approximately 3.5 million speakers in Mozambique (Simons & Fennig 2018).

Table 2 shows that synchronic voiced stops (that surface as voiced stops in the elsewhere condition) in Shekgalagari become voiceless when preceded by a nasal. Voiceless stops remain unchanged both post-nasally and elsewhere.

Both Tswana and Shekgalagari have unaspirated voiced (D) and voiceless

<table>
<thead>
<tr>
<th>Yaghnobi</th>
<th>Sogdian</th>
<th>Gloss</th>
</tr>
</thead>
<tbody>
<tr>
<td>¥antum</td>
<td>¥andum</td>
<td>‘wheat’</td>
</tr>
<tr>
<td>¥ikamipa</td>
<td>¥jkamb</td>
<td>‘stomach’</td>
</tr>
<tr>
<td>sank(a)</td>
<td>sang</td>
<td>‘stone’</td>
</tr>
<tr>
<td>ranki:na</td>
<td>rang</td>
<td>‘color’</td>
</tr>
<tr>
<td>unkust</td>
<td>angu$t</td>
<td>‘finger’</td>
</tr>
<tr>
<td>Ùintir</td>
<td>Ù@ndor</td>
<td>postp.</td>
</tr>
</tbody>
</table>

-ant -and 3rd pl.

Table 1

PND in Shekgalagari (table from Solé et al. 2010). The N-prefix functions as the first person singular prefix, e.g. \( \chi u-pak-a \) ‘to praise’ vs. \( \chi u-m-pak-a \) ‘to praise me’ (Solé et al. 2010).

\[ \begin{array}{lll}
\text{No N-prefix} & \text{N-prefix} & \text{Gloss} \\
\chi u-pak-a & \chi u-m-pak-a & \text{‘to praise’} \\
\chi u-tut-a & \chi u-n-tut-a & \text{‘to respect’} \\
\chi u-côb-á & \chi u-\eta-côb-á & \text{‘to beat’} \\
\chi u-kêl-a & \chi u-\eta-kêl-a & \text{‘to show’} \\
\chi u-bôn-á & \chi u-m-pôn-á & \text{‘to see’} \\
\chi u-duṣ-a & \chi u-n-tuṣ-a & \text{‘to anoint’} \\
\chi u-ŷs-a & \chi u-\eta-ŷs-a & \text{‘to feed’} \\
\chi u-at-a & \chi u-\eta-kat-a & \text{‘like’} \\
\end{array} \]

Table 2

(T) and aspirated voiceless stops (\( T^h \)) in their inventories (for phonetic studies, see Coetzee & Pretorius 2010 and Solé et al. 2010: they surface initially, intervocally, and post-nasally. The only permitted syllable structures are ‘V, CV, CGV, N’ (where G = glide and N = syllabic nasal; Coetzee & Pretorius 2010: 406). Detailed instrumental acoustic studies of the Tswana and Shekgalagari stop system in Coetzee & Pretorius (2010) and in Solé et al. (2010) confirm that post-nasal devoicing is indeed realized as change in the feature \[ \pm \text{voice} \], and not as a change in \[ \pm \text{spread glottis} \].

Several peculiarities need to be noted with respect to Tswana. First, /g/ never surfaces as a voiced stop: while it is devoiced to [k] post-nasally, it gets deleted elsewhere, e.g. [\( \chi u-at-a \)] for /\( \chi u-qaṭ-a/\) (cf. [\( \chi u-\eta-kat-a\)], Solé et al. 2010). Second, voiced alveolar stop [d] surfaces as an allophone of /l/ before the high vowels /i/ and /u/ (Coetzee & Pretorius 2010). Third, voiced stops in nasal clusters of secondary origin (from NVD after vowel deletion) do not undergo devoicing, but undergo assimilation in Tswana (see Table 3). Finally, the nasal in NT sequences Tswana (and Shekgalagari) is retained when stressed and in the 1st person object prefix, but gets deleted elsewhere (see Dickens 1984). Hyman (2001) gives an example of preservation of N-: in the case of class 9 and 10 prefix, when roots are monosyllabic.

In Shekgalagari, secondary ND clusters (from NVD after vowel deletion) remain voiced (Table 3). /d/ can surface in the elsewhere condition (not only before /i/ and /u/), but it does not alternate with devoiced [nt] ← /nd/ (because /d/ corresponds to Tswana /tl/). Shekgalagari (unlike Tswana) also features the palatal series of stops that enters PND (Solé et al. 2010). For a detailed discussion of differences between Tswana and Shekgalagari, see Solé et al. (2010) and Dickens (1984).

Makhuwa is also reported to undergo PND as a sound change. Sequences
of a nasal and a voiced stop (ND) develop to voiceless unaspirated stops (T) (Janson 1991/1992), but the process did not develop into a synchronic alternation in Makhuwa. To my knowledge, no elaborate accounts of the phonetic realization of voiced and voiceless stops in the elsewhere condition exist for Makhuwa.

Because the languages are closely related and there are other instances of common innovation between Sotho-Tswana and Makhuwa, Janson (1991/1992) and Hyman (2001) imply that PND in the three languages is likely a common innovation. For the same reason, I will treat these three languages together in this study. Since the description of PND in Makhuwa (and Sotho) is sparse and lacking in detailed phonetic descriptions, I will focus my discussion on Tswana and Shekgalagari; however in principle, the arguments for these two languages apply to Makhuwa as well.

### 3.1.3. Bube and Mpongwe

Unlike Makhuwa, Bube is not closely related to Tswana and Shekgalagari. Janssens (1993) reports that Bube also features PND. As will be shown below, several aspects of Bube PND are highly reminiscent of the process reported for Tswana, Shekgalagari, and Makhuwa despite the languages not being closely related. Bube is a Northwest A Bantu language, spoken by approximately 51,000 speakers on Bioko island (Simons & Fennig 2018). Sequences of a nasal and a voiced stop in Pre-Bube develop to voiceless stops in Bube. Table 4 illustrates the development.

Table 4 illustrates that Pre-Bube sequences of a nasal and voiced stop (ND)
yield a single voiceless stop (T) with the nasal being lost. In the elsewhere condition, the labial voiced stop surfaces as such, the dental develops to [r/l], and the voiced velar stop gets lost (similar to the situation in Tswana and Shekgalagari) (Janssens 1993). Voiceless stops can either delete, develop to [h] (in the labial series), or continue to surface as voiceless stops. NT sequences develop to a plain voiceless stop (T; Janssens 1993). The Bube synchronic system has no alternation between voiceless and voiced stops in the post-nasal vs. elsewhere condition, but the development is intriguing from a diachronic perspective: it appears as if PND operated in Pre-Bube.

In the Mpongwe dialect of Myene (Bantu B language, spoken in Gabon, Simons & Fennig 2018), PND is reported marginally for root initial [g] after some prefixes that historically ended in a nasal, e.g. *gâmb- > [i-kamba] (Mouguiama-Daouda 1990). However, because PND is marginal in Mpongwe – it is morphologically limited and does not apply categorically – I will for the most part leave it out of the ensuing discussion.¹⁰

3.1.4. Konyagi

Recently, PND as a sound change has been discovered in Konyagi (also known as Wamey, among others; Merrill 2014, 2016a, b). Konyagi, a member of the Atlantic subfamily of the Niger-Congo group, is spoken by approximately 21,000 speakers in Senegal (Simons & Fennig 2018). Note that Konyagi is not part of the Bantu family, which means that it is only very distantly related to the Bantu languages above with PND. Merrill (2014, 2016a, 2016b, p.c.) reconstructs a detailed picture of Konyagi’s pre-history. Notable in this reconstruction is a series of voiceless stops in post-nasal position that correspond to voiced stops in the neighboring languages Bedik and Basari of the Tenda group (data in Table 5 is from Merrill 2014, 2016a, b, based on Ferry 1991 and Santos 1996). It thus appears as if Konyagi underwent PND. Voiceless NT sequences develop to a plain voiceless stop (T) in Konyagi. Both voiceless and voiced stops fricativize in the elsewhere condition. Table 5 illustrates PND in Konyagi.

Synchronically, Konyagi features voiceless and voiced stops as well as voiceless and voiced fricatives. Non-nasal clusters are not permitted. Post-nasally, only voiceless stops are allowed. Elsewhere, voiceless and voiced stops can contrast with voiceless and voiced fricatives, except initially where only fricatives are allowed (Merrill 2014, 2016a, b). PND is part of a synchronic mutation process in Konyagi: devoiced stops after prefixes that historically ended in a nasal alternate with voiced fricatives after prefixes that historically ended in a vowel and voiced stops after prefixes that ended in another consonant (see Table 27 and Merrill 2014, 2016a, b). No instrumental phonetic data is available for Konyagi.

¹⁰ The UniDia survey (Hamed & Flavier 2009) reports that PND targets the labial series of voiced stops in Lembaama (another Bantu B language). However, I was unable to find a description of this development in the literature.
Table 5

PND in Konyagi (from Merrill 2014, 2016a, b).

<table>
<thead>
<tr>
<th>Konyagi</th>
<th>Bedik</th>
<th>Basari</th>
<th>Gloss</th>
</tr>
</thead>
<tbody>
<tr>
<td>åê-jamp</td>
<td>u-jâmb</td>
<td>ə-jâmb</td>
<td>‘millet stalk’</td>
</tr>
<tr>
<td>i-ńómp</td>
<td>ə-ńəmb</td>
<td>a-jâmb</td>
<td>‘plunge/immerse’</td>
</tr>
<tr>
<td>i-nòaw</td>
<td>qi-ngəm</td>
<td>ə-ngəw</td>
<td>‘animal/spirit’</td>
</tr>
<tr>
<td>i-kònt</td>
<td>ə-hònd</td>
<td>a-xònd</td>
<td>‘snore’</td>
</tr>
<tr>
<td>åê-ngænk</td>
<td>ga-njâŋ</td>
<td>a-njâŋ</td>
<td>‘Pterocarpus erinaceus (treesp.)’</td>
</tr>
<tr>
<td>åê-ngæl</td>
<td>ə-njəl</td>
<td>a-njən</td>
<td>‘caterpillar’</td>
</tr>
<tr>
<td>i-jânt</td>
<td>u-jâŋ</td>
<td>a-jâŋ</td>
<td>‘be long’</td>
</tr>
<tr>
<td>i-nkót</td>
<td>gę-ngət</td>
<td>ę-ngət</td>
<td>‘pole’</td>
</tr>
</tbody>
</table>

Table 6


<table>
<thead>
<tr>
<th>S.-Ital. dial.</th>
<th>Standard</th>
<th>Gloss</th>
</tr>
</thead>
<tbody>
<tr>
<td>antʃilu</td>
<td>anʃelo</td>
<td>‘angel’</td>
</tr>
<tr>
<td>pinʃiri</td>
<td>pinʃere</td>
<td>‘push’</td>
</tr>
<tr>
<td>kiantʃiri</td>
<td>pjantʃere</td>
<td>‘to cry’</td>
</tr>
<tr>
<td>fintʃiri</td>
<td>fintʃere</td>
<td>‘to feign’</td>
</tr>
<tr>
<td>tintʃiri</td>
<td>tintʃere</td>
<td>‘to dye’</td>
</tr>
</tbody>
</table>

3.1.5. South Italian dialects

Sicilian and Calabrian are dialects of Italian spoken in the corresponding regions of Italy by approximately 4.7 million speakers (Simons & Fennig 2018). PND has been reported for these dialects in Rohlfs (1949: 424–425). The peculiarity of South Italian PND is that the sound change targets only the voiced affricate *tʃ, which is devoiced to [ʃ] after the nasal [n] (*tʃ > [ʃ] / N__). Elsewhere, *tʃ develops to [j] in these dialects (Rohlfs 1949: 265, 358–359; Kümmel 2007: 376). Voiced stops are not reported to be devoiced in the post-nasal position: the feature [±voice] is contrastive for stops. The voiceless affricate either remains unchanged or develops to [ʃ] (Rohlfs 1949). Table 6 illustrates PND in Sicilian and Calabrian.

3.1.6. Buginese and Murik

PND has been reported in three Austronesian languages: Buginese, Murik, and the Bengoh dialect of Land Dayak (Blust 2005, 2013). PND in the latter is simply mentioned without accompanying data (Rensch et al. 2006: 69; Blust 2013); I therefore leave Land Dayak out of the discussion that follows. Buginese is spoken by approximately 5 million people in Sulawesi (Indonesia); Murik is spoken in Sarawak (Malaysia and Brunei) by approximately 1,000 speakers (Simons &
These three Austronesian languages are not closely related, so we cannot attribute PND to developments in a common ancestor; it is likely that PND developed independently in all three branches (Blust 2005, 2013).

Apparent PND in Buginese is represented in Table 7, showing the development of Proto-Malayo-Polynesian (PMP) voiced stops (data from Blust 2013). Velar stops are devoiced post-nasally. Labial stops appear devoiced after nasals, but surface as [w] initially and word-internally (with a sporadic reflex [b] in initial position). The dental stop *d is not implicated in PND; Pre-Buginese *d develops to /r/ in all positions, which does not undergo devoicing, e.g. *dindi > [renriŋ]. Word-initially, however, *d is sporadically preserved as a voiced stop [d] or develops to [l]. The voiced fricative *z is occluded to a voiced palatal stop initially, and develops to a sonorant [r] intervocically. Post-nasally, *z is devoiced to [c]. Word-finally, all stops develop to [p]. Voiceless NT sequences develop to a geminate voiceless stop (TT) in Buginese (Mills 1975, Blust 2005). Voiceless stops remain unchanged in the elsewhere position (Mills 1975).

The data cited as evidence of PND as a sound change in Buginese are given in Table 8.

In Murik, labials, alveolars, and velars undergo devoicing in post-nasal position. In the elsewhere condition, the developments vary according to the place of articulation. Bilabial voiced stops surface as such in the elsewhere condition. Voiced alveolars appear as [l] word-initially and [r] word-internally. Velars are devoiced not only post-nasally, but sporadically also in the elsewhere condition. PMP *z develops to the voiced palatal affricate [jj] initially, to [s] word-internally, and to the voiceless palatal affricate [cc] post-nasally. Table 9 illustrates the development of voiced stops from Proto-Kayan-Murik. Voiceless NT sequences develop to a plain voiceless stop (T) in Murik, while plain voiceless stops remain unchanged (Blust 1974, 2005).

PND is confirmed for Murik by the examples in Table 10.

Synchronically, PND in Buginese is reported to be an active phonological alternation (Sirk 1983) as well as an active sandhi process (Noorduyn 2012/1955; see Section 3.5 and Table 26). Buginese contrasts voiceless and voiced stops (Noorduyn 2012/1955), but voiced labial, palatal, and velar stops /b, d, g/ and a glide /w/ are reported to devoice (and change to a stop in the case of /w/) post-nasally in synchronic Buginese (see also Table 26 below). In Murik, PND

<table>
<thead>
<tr>
<th>#_</th>
<th>V_</th>
<th>V</th>
<th>N__</th>
</tr>
</thead>
<tbody>
<tr>
<td>*b</td>
<td>b/w</td>
<td>w</td>
<td>p</td>
</tr>
<tr>
<td>*d</td>
<td>d/r/l</td>
<td>r</td>
<td>r</td>
</tr>
<tr>
<td>*g</td>
<td>g</td>
<td>g</td>
<td>k</td>
</tr>
<tr>
<td>*z</td>
<td>j</td>
<td>r</td>
<td>c</td>
</tr>
</tbody>
</table>

Table 7
Summary of PND in Buginese.
Proto-SS | Buginese | Gloss
---|---|---
*bemba | bempa | ‘water jar’
*lambuk | lampu? | ‘pound rice’
*limbo | lempo| ‘deep water’
*rambu | rampu | ‘fringe’
*rumbia | rumpia | ‘sago palm’
*tambi | tampi | ‘addition to a house’
*barumbun | warumpu | ‘a color pattern’
*bumbun | wumpu | ‘heap up’
*gejgem | gejken | ‘hold in the hand’
*tungal | tunke? | ‘each, single’
*anjop | anka? | ‘price’
*anjap | ancə? | ‘offerings to spirits’
*janji | janci | ‘to promise’
*punjuC | ma-ponco? | ‘short’

Table 8
PND in Buginese with cognates from reconstructed Proto-South-Sulawesi (Proto-SS; from Blust 2005, 2013).

<table>
<thead>
<tr>
<th>#</th>
<th>V</th>
<th>V</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>*b</td>
<td>b</td>
<td>b</td>
<td>p</td>
</tr>
<tr>
<td>*d</td>
<td>l</td>
<td>r</td>
<td>t</td>
</tr>
<tr>
<td>*g</td>
<td>g/k</td>
<td>g/k</td>
<td>k</td>
</tr>
<tr>
<td>*z</td>
<td>j/j</td>
<td>s</td>
<td>ç</td>
</tr>
</tbody>
</table>

Table 9
Summary of PND in Murik (as reconstructed in Blust 2005).

is reported as a synchronic alternation only for the palatal stop series which alternates between [j] in the elsewhere condition and [ç] post-nasally. For other places of articulation, Blust (2005: 260) reports PND to be synchronically inactive due to ‘phonemic restructuring’.

3.1.7. Nasioi
The most recent report of PND is that in Brown (2017) for the South Bougainville language Nasioi, spoken in Papua New Guinea by approximately 20,000 speakers (Simons & Fennig 2018). Brown (2017), based on Hurd & Hurd (1970), claims that PND in Nasioi is a synchronic alternation and supports this claim by showing that while bilabial and alveolar voiced stops /b/ and /d/ contrast in voicing with
<table>
<thead>
<tr>
<th>Proto-KM</th>
<th>Murik</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>*kelembit</td>
<td>kolompit</td>
<td>‘shield’</td>
</tr>
<tr>
<td>*bumbuŋ</td>
<td>umpuŋ</td>
<td>‘ridge of a roof’</td>
</tr>
<tr>
<td>*lindem</td>
<td>lintom</td>
<td>‘dark’</td>
</tr>
<tr>
<td>*-inda</td>
<td>t-inta</td>
<td>‘beneath, below’</td>
</tr>
<tr>
<td>*mandaŋ</td>
<td>mantŋ</td>
<td>‘to fly’</td>
</tr>
<tr>
<td>*tundek</td>
<td>tuntuk</td>
<td>‘beak of a bird’</td>
</tr>
<tr>
<td>*lindiŋ</td>
<td>lintŋ</td>
<td>‘wall of a house’</td>
</tr>
<tr>
<td>*undik</td>
<td>untilk</td>
<td>‘upper course of a river’</td>
</tr>
<tr>
<td>*tandab</td>
<td>tantap</td>
<td>‘catch’</td>
</tr>
<tr>
<td>*andeŋ</td>
<td>antoŋ</td>
<td>‘deaf’</td>
</tr>
<tr>
<td>*pindaŋ</td>
<td>pintaŋ</td>
<td>‘blossom’</td>
</tr>
<tr>
<td>*pendan</td>
<td>pɔntan</td>
<td>‘small fruit bat’</td>
</tr>
<tr>
<td>*njji</td>
<td>nɔcci</td>
<td>‘one’</td>
</tr>
<tr>
<td>*menŋjat</td>
<td>mɔncɔt</td>
<td>‘pull’</td>
</tr>
<tr>
<td>*unjjuŋ</td>
<td>unɔcɔŋ</td>
<td>‘tip, extremity’</td>
</tr>
<tr>
<td>*anŋjat</td>
<td>anɔcɔt</td>
<td>‘rattan tote bag’</td>
</tr>
<tr>
<td>*tunjjuŋ?</td>
<td>tuncɔŋ?</td>
<td>‘to point, indicate’</td>
</tr>
<tr>
<td>*tuŋgan</td>
<td>tuŋkan</td>
<td>‘dibble stick’</td>
</tr>
</tbody>
</table>

Table 10
PND in Murik (from Blust 2005: 259–262; Blust 2013: 668).

Unaspirated voiceless /p/ and /t/ word-initially and after a glottal stop, only voiceless variants appear in post-nasal position. Elsewhere, stops fully contrast in the feature [±voice], but are not permitted other than word-initially and after a glottal stop: intervocically, labial and alveolar stops surface as a voiced fricative [β] and a flap [ɾ], respectively. The velar voiced stop /g/ does not occur in the system. This distribution points to a clear case of post-nasal devoicing. PND in Nasioli is not only a phonotactic restriction, but also seems to be an active synchronic alternation, which is illustrated by the example in (4) from Brown (2017). The voiceless version of the personal pronoun -p/b- surfaces post-nasally; the voiced one surfaces elsewhere.

(4) (a) kara-b-ant-∅-in
    talk-him-I-sg-did
    ‘I talked to him.’
(b) tiom-p-ant-∅-in
    follow-him-I-sg-did
    ‘I followed him.’
Brown (2017) specifically argues that post-nasal devoicing is an innovation in Nasioi and that the fact that a related language, Nagovisi, shows traces of post-nasal voicing (with a speculation that this might be indicative of the proto-language) suggests that Nasioi PND operated as a single sound change. In other words, this suggests that PND is not ‘derived from the confluence of multiple independent changes’ (according to Brown 2017: 275).

The data presented in this subsection seem to suggest, at first glance, that PND operated as a single sound change in the development of all thirteen of these languages. However, I will demonstrate below that a thorough investigation reveals a common pattern of complementary distribution in all thirteen cases along with other pieces of evidence, strongly suggesting that a combination of natural sound changes operated in place of a single PND sound change.

3.2. Explanations of PND

Several accounts in the literature understand PND as a single sound change; explanations for this process run the gamut from appeals to hypercorrection (Xromov 1972, Blust 2005), to perceptual enhancement (Kirchner 2000, Stanton 2016b, Lapierre 2018), to arguments that PND is actually a phonetically plausible or even natural process (Solé et al. 2010, Solé 2012). Three problems arise with such accounts. First, they struggle to explain why devoicing would operate in post-nasal position, where nasal leakage and volume expansion (Hayes & Stivers 2000, Coetzee & Pretorius 2010) militate against the anti-voicing pressure of closure (Ohala & Riordan 1979), whereas in other contexts, where speakers have to accommodate for voicing considerably more than post-nasally, voicing is preserved (see also the discussion in Section 3.4). Second, they each examine and account for only a single instance of PND, examined in isolation without the relevant cross-linguistic data. Finally, most of the existing proposals fail to explain recurrent patterns that are observed in all thirteen languages (e.g. fricativization of voiced stops elsewhere or devoicing of other voiced stops/voiced stops in related dialects; see Section 3.3). In Section 3.3, I argue that all cases of reported PND (that have until now been studied in isolation) in fact result from a combination of sound changes. This explanation was proposed for Tswana already in Dickens (1984) and Hyman (2001).

3.2.1. Hypercorrection

Xromov (1972) appears to invoke hypercorrection to explain PND in Yaghnobi. He postulates that in Sogdian and Yaghnobi, all stops voice post-nasally, but that this sound change is in progress, which results in variation between [NT]∼[ND] for the underlying /NT/. He further claims that the underlying /ND/ joined this pattern (probably through hypercorrection), which means that at some stage variation between [NT]∼[ND] existed for /ND/ as well. Once the voicing process was finished, the voiceless variant became more frequent for both inputs. No motivation is given for why the voiceless variant becomes prevalent, except
for an assumption that devoicing might have been influenced by morphological analogy in dentals and then spread to other places of articulation. Xromov’s explanation might be more convincing if we assumed hypercorrection arose from an interaction between two hypothetical dialects, where one voices all stops, and the other preserves the contrast; speakers of the neutralizing dialect could then hypercorrect their voiced stops to voiceless ones in post-nasal position. Not only do we lack evidence for the stage with the two dialects, but this assumption also fails to explain the connection between post-nasal devoicing and the development of voiced stops to voiced fricatives in the elsewhere condition.

Blust (2005, 2013) offers three possible explanations for the emergence of PND in Buginese, Murik, and Land Dayak. First, he notes that, much as PNV can be understood as an assimilation of stops to a voiced environment, PND can be explained as dissimilation. This assumption, however, lacks explanatory power: it simply restates that PND is the opposite process from PNV and does not specify whether such dissimilation would be driven by perceptual or other factors. Blust (2013: 668) himself notes that ‘this does little to explain why a change of this type would occur’.

Blust’s second explanation for Austronesian PND postulates that the three languages in question first underwent PNV: voiceless stops became voiced in post-nasal position, thus eliminating NT sequences. According to Blust (2013: 669), after PNV, ‘voice was free to vary’ post-nasally, and the ‘voiceless variant of postnasal obstruents prevailed over time’. In other words, Blust (2005) seems to suggest that the lack of contrast in [±voice] enables devoicing in this position. There are three major issues with this approach. First, it is not parsimonious to assume the independent occurrence of PNV three times without any comparative evidence. Second, it is difficult to explain why a voiceless variant would prevail in an environment in which voicing is preferred compared to other environments (e.g. word-initially), but would fully contrast in those other environments, where voicing is dispreferred. While it is true that the functional load/frequency of phonemes can influence the probability of a merger (Wedel 2012, Wedel et al. 2013, Hay et al. 2015), it is unclear why a merger would first happen to voiced stops and then to voiceless stops. Finally, this line of reasoning, like many others proposed thus far, fails to explain some common patterns, such as fricativization in the elsewhere condition or the presence of unconditioned devoicing in related languages/dialects (e.g. in Tswana, Section 3.1).

Somewhat related to Blust’s (2005) second proposal is the idea that the loss of contrasts could influence the operation of sound change (cf. Keyser & Stevens 2001, Hyman 2013). PND is, however, attested both in languages in which [±voice] likely does not contrast post-nasally (e.g. in Yaghnobi) as well

[11] On the other hand, Blust (2005) is right in that diminished functional load of post-nasal stops in the languages that do not contrast [±voice] in post-nasal position can influence the operation of devoicing in the sense that the unconditioned devoicing (proposed in Section 3.3) does not get blocked for functional reasons (Wedel et al. 2013).
as in languages in which \([±\text{voice}]\) fully contrasts post-nasally at the time of devoicing (e.g. in Konyagi or Tswana; see Table 2 and Section 3.3.2). Similarly, an analysis of devoicing as a loss of contrast in \([±\text{voice}]\) in the elsewhere condition is not appealing. Devoicing is attested in languages in which voiced stops fricativize elsewhere (which means that the contrast is that of \(T \sim Z\), e.g. in the Austronesian languages) and there are no voiceless fricatives \((S)\) in the systems, meaning \([±\text{voice}]\) could be redundant (and \([±\text{continuant}]\) contrastive), as well as in languages in which the contrast in the elsewhere position is between voiceless and voiced fricatives \((S \sim Z\), e.g. in Konyagi or Tswana) and stops surface only post-nasally (and contrast in voice), meaning \([±\text{voice}]\) cannot be redundant. Finally, the fact that complete devoicing occurs in some subdialects of Tswana without any contrast being lost beforehand and that in Yaghnobi devoicing targets all stops, not only post-nasal ones, speaks against this line of reasoning (see also Sections 3.3.1 and 3.3.2 for further discussion).

A third explanation offered in Blust (2005) invokes dissimilation by hypercorrection. Blust notes that NT sequences in Buginese and Murik develop either to T or TT. This means that, at a certain point, NT sequences were absent from the language and only voiced stops surfaced after nasals \((ND)\). At this point, according to Blust (2005: 261), speakers ‘may have assumed that prenasalized obstruents had acquired voicing by assimilation’ and then ‘undid’ that assumed voicing. This account faces three major difficulties. As already pointed out by Blust (2005: 261), it is unclear what would ‘prompt speakers to assume that voicing assimilation had taken place in earlier clusters’ of ND. Second, even if they had made this assumption, the speakers would still have to apply dissimilation, i.e. devoicing in a context that strongly promotes voicing compared to other positions. Finally, this particular approach with hypercorrection lacks broader explanatory power, since it cannot be extended to cases of apparent PND in other languages, where the sound change NT > TT, T is not attested (e.g. in Tswana).

### 3.2.2. Phonetic motivation

Some analyses have attempted to account for PND by motivating the process phonetically. Solé et al. (2010: 612) specifically identify PND as a ‘historical process’, suggesting that they assume PND operated as a single instance of sound change. Moreover, these authors claim that PND is not necessarily an unnatural process and may in fact have a phonetic explanation. The main evidence for this claim comes from Shekgalagari, which is assumed to feature ‘early velic rising’ Solé et al. (2010: 612) in NT sequences. This process is supposed to follow from the fact that (i) speakers do not show any passive voicing in the NT sequences in Shekgalagari, and (ii) underlying nasal-fricative sequences \(/nz/\) yield a nasal affricate \([nts]\). This process of early velic rising, which is argued to account for both of these observations, would also have caused a ‘long stop closure’ in ND sequences. Because voicing is difficult to maintain, especially during longer
Table 11
Secondary ND sequences in Tswana and Shekgalagari (table from Solé et al. 2010).

<table>
<thead>
<tr>
<th>Language</th>
<th>ND Sequence</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ts.&amp;Sh.</td>
<td>/χʊ-m-bóːn-á/</td>
<td>[χʊmpáná]</td>
</tr>
<tr>
<td>Sh.</td>
<td>/χʊ-mʊ-bóːn-á/</td>
<td>[χʊmbáná]</td>
</tr>
<tr>
<td>Ts.</td>
<td>/χʊ-mʊ-bóːn-á/</td>
<td>[χʊmmáná]</td>
</tr>
</tbody>
</table>

This explanation has three major drawbacks. First, secondary ND sequences surface as NN in Tswana and ND in Shekgalagari. The two examples in Table 11 (repeated from Table 3) illustrate this distribution.

If early velic rising in Shekgalagari were indeed a phonetic process, we should expect to see devoicing in secondary ND sequences as well. The fact that the stops in secondary ND sequences surface as voiced speaks against the proposal in Solé et al. (2010) and Solé (2012). Of course, one could assume that early velic rising operated prior to the period during which secondary ND sequences arose. However, there is a flaw in this assumption: Solé et al. (2010) provide evidence for early velic rising from synchronic phonetic data. If we postulate that early velic rising is responsible for PND as a synchronic phonetic process, we should expect secondary sequences to undergo devoicing as well. Conversely, if we posit that early velic rising should have been completed by the time secondary ND sequences were introduced, we should not expect to find continuing evidence for this process in the current phonetic data. The only reasoning that could explain why secondary ND sequences do not undergo devoicing under the early velic rising approach would be to assume that devoicing is blocked in order to prevent the merger of two grammatical morphemes, /m-/ and /mʊ-/. Even if this is indeed the case, it still means that early velic rising is not completely automatic in synchronic Shekgalagari, but can be overridden for functional reasons. Also, Solé et al. (2010) note that Shekgalagari has ND sequences in approximately ten items that do not arise from the /mʊ-/ morpheme. While ‘most’ of the ten items are assumed to be borrowings, it is unclear if all items indeed are borrowings (at least one of them is a grammatical marker [nde-]). This reinforces the view that early velic rising is not a completely automatic phonetic tendency in Shekgalagari, but can be blocked by at least functional and loanword factors. Second, realization of /nz/ as [nts] is typologically common and proceeds from general phonetic tendencies cross-linguistically (cf. Ohala 1997, Kümmel 2007, Ali et al. 1979, Steriade 1993, Busà 2007; see also Section 3.4). The fact that Shekgalagari /nz/ surfaces as [nts] hardly tells us anything about early velic rising. Third, an explanation along these lines fails to account for other cross-linguistic cases of apparent PND where no traces of early velic rising can be found. If PND were indeed motivated by early velic rising, we should expect to find evidence that early velic rising is similarly responsible for reported cases of PND outside Tswana and Shekgalagari (to my knowledge, there exist no studies of closure, the result would be devoicing of the stop (Solé et al. 2010: 612).
this phenomenon). Finally, the explanation proffered in Solé et al. (2010) fails to explain the connection between PND and the recurrent pattern of fricativization in the elsewhere condition or the pattern of unconditioned devoicing of voiced stop found in subdialects of Tswana (see Section 3.3.2 and Table 16).

### 3.2.3. Perceptual enhancement

This paper also speaks to a long-standing discussion on the role of production vs. perception in sound change and phonology in general. One of the approaches that understands PND as a natural process is the perceptual account outlined in Kirchner (2000) and Stanton (2016b). Post-nasal devoicing can be analyzed as a contrast enhancement with the following reasoning: sequences of a nasal and a voiced stop (ND) are perceptually very close to plain nasal stops (N). In order to enhance the perceptual contrast between N and ND, speakers can devoice stops in the latter sequence to NT. There is no doubt that perceptual (or auditory in Garrett and Johnson’s 2013 terms) enhancement plays a role in sound change and phonology (for an overview, see Garrett & Johnson 2013, Garrett 2015, Fruehwald 2016). For example, lip protrusion in *[f]* has no articulatory grounding, but a clear perceptual one: lip protrusion results in lowering of the frequency peak, which in turn results in perceptual enhancement of the contrast *[f]* ~ *[s]*. The majority of cases of perceptual enhancement discussed in Garrett & Johnson (2013) or Garrett (2015), however, involve phonetic properties of phonemes in all positions. Additionally, I am not aware of cases of perceptual enhancement that would operate in the unnatural direction, as would be the case for PND. Perceptual factors usually play a role in enhancing a contrast that already has some underlying articulatory motivation and consequently underlying phonetic motivation (e.g. vowel lengthening before voiced stops in English; de Jong 1991, 2004, Solé 2007, Beguš 2017).\(^{12}\) Below, I argue that the unnatural PND does not result from perceptual enhancement, but from a combination of three natural sound changes. To be sure, this does not suggest that perceptual enhancement is not a possible mechanism for sound change, but only that perceptual enhancement is likely not the underlying cause of PND.

Two studies of apparent post-nasal devoicing have recently argued that the process is perceptually motivated. Stanton (2016b: 1106) identifies a number of languages that devoice sequences of ND to NT word-finally, but not word-medially: Neverver, Kobon, Naman, Avava, Páez, and Tape. This distribution can be analyzed as contrast enhancement word-finally, where the contrast is additionally reduced. Lapierre (2018) similarly argues that devoicing of ND to NT in Panará can be motivated as perceptual enhancement of the contrast between the following nasal and oral vowels.

These proposals, however, face problems. First, it needs to be stressed that all

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\(^{12}\) A working hypothesis of this paper is that coarticulation is a necessary condition for perceptual contrast enhancement. Further research is needed to confirm this assumption.
languages with alleged PND in Stanton (2016b) and Lapierre (2018) lack plain voiced stops in their inventories altogether: all voiced stops are prenasalized (ND) and there is no series of plain voiced stops (D). The reported PND is thus better analyzed as unconditioned (or word-final) devoicing of voiced stops and as such does not qualify as a true case of post-nasal devoicing: it is xor the case that voiced stops devoice post-nasally and not elsewhere. For example, the languages with reported PND in word-final position in Stanton (2016b: 1106) (Neverver, Kobon, Naman, Avava, Páez, and Tape) lack plain voiced stops completely. Final D > T / N__# can thus simply be analyzed as devoicing of voiced stops in word-final position, which is a phonetically well-motivated development and does not lend support to the perceptual enhancement explanation.

The Panará example is even more relevant to our discussion (Lapierre 2018). Panará and Timbira lack phonemic voiced stops altogether: the inventory only features voiceless stops and nasals. Nasals (N) and pre-nasalized stops (ND) are in complementary distribution in Proto-Jê: before an oral vowel, the nasal stop /N/ is realized as [ND]. Proto-Jê ND surfaces as devoiced NT in Panará and Timbira (Lapierre 2018). The Panará example rules out devoicing as an enhancement between N and ND: in Pre-Panará, N and ND do not contrast, but are in allophonic distribution (one before nasal vowels and the other before oral vowels), which means there is no contrast between N and ND to be enhanced. It is true that devoicing can still be analyzed as enhancement of the contrast between the following nasal and oral vowel (as proposed in Lapierre 2018). Herbert (1986) (via Stanton 2018b), Stanton (2018b), and others propose that shielding (e.g. NV → NDV) is contrast enhancement – but oral closure in ND is sufficient that the nasalization would not spread into the following vowel. The perceptual analysis should show that devoicing (or longer oral release along the lines of Stanton’s Stanton (2018a) explanation) increases the contrast between the following V and ˜V. The mechanisms for this enhancement are not immediately obvious and experimental evidence is, to my knowledge, lacking. The alternative proposal where devoicing of ND in Panará and Timbira is analyzed as unconditioned devoicing of voiced stops is strongly supported by comparative evidence. All voiced stops (both plain and pre-nasalized) in other closely related languages devoice unconditionally (either simultaneously or D devoices before ND) (Nikulin 2017). In other words, unconditioned devoicing of voiced stops operated as a sound change in the prehistory of Panará and Timbira. Devoicing of the pre-nasalized voiced series (ND) is thus just an extension of such a sound change. In Section 3.3, I will propose that such unconditioned devoicing of stops is precisely what underlies all thirteen cases of PND in which voiced stops seemingly devoice only post-nasally and are preserved elsewhere.

The fact that in some varieties of Setswana, PND involves not only devoicing but also ejection likewise fails to support the enhancement explanation. Gouskova et al. (2011) observe that post-nasal devoicing in Setswana occasionally results in ejective stops. This distribution would be in line with the perceptual enhancement approach: to maximize the contrast, the speaker can use ejection as an additional
cue for the original N ~ ND contrast. While it is true that some stops in Setswana are realized with ‘weak’ ejection, this does not necessarily point to perceptual enhancement either. Setswana has three series of stops: voiced (D), voiceless aspirated (Tʰ) and voiceless unaspirated that are in variation with ejective articulation (T/T’). While at first glance, the alternation between voiced stops elsewhere and voiceless unaspirated/ejective (T/T’) in post-nasal position appears to be fortition, it can also be analyzed simply as devoicing and is actually expected under the historical approach presented below. From the data described in Gouskova et al. (2011), it appears that the ratio of voiceless unaspirated vs. ejective articulation in the T/T’-series of stops is not much higher in post-nasal position than in the elsewhere condition. For example, Gouskova et al. (2011) count the number of recorded tokens that have ambiguous acoustics (can be interpreted as either ejective or voiceless aspirated) and the number of unambiguous ejectives. In post-nasal position, the ratio is 41 (ambiguous) to 60 (ejective), and in intervocalic position 43 (ambiguous) to 54 (ejective). This means that ejection in post-nasal position can be analyzed as part of the common trend in Setswana to realize unaspirated voiceless stops (and in our case, devoiced stops) with ejection. In fact, I will argue below that PND in Tswana results from a combination of sound changes (following Dickens 1984, Hyman 2001), one of which is the devoicing of all voiced stops. Because voiced stops have significantly less aspiration than voiceless aspirated stops, we expect a devoiced variant of an unaspirated voiced stop to be phonetically closest to the voiceless unaspirated series (T). This series of stops can then get realized as ejective (either when devoicing occurs or after), which would explain the Setswana distribution without resorting to post-nasal fortition or contrast enhancement.

There exists some additional evidence against the perceptual enhancement explanation of PND. First, there are currently no experimental studies supporting the claim that NT is perceptually more salient than N or ND in intervocalic position. Kaplan (2008) is the only study known to me that tests this contrast perceptually and does not limit it to final position Katzir Cozier (2008). While NT is more salient than N and ND word-finally,¹³ no such significant effect has been found word-medially: all three stimuli, N, NT, and ND, were perceived with equal rates (Kaplan 2008). While this result could also be due to a ceiling effect, it nevertheless shows that the contrast between ND/N and NT is substantially more salient in intervocalic position than word-finally. This means that, according to the perceptual enhancement approach, we would expect many more cases of word-final post-nasal devoicing than of unrestricted post-nasal devoicing. As already mentioned, all cases in Stanton (2016b) are better analyzed as word-final stop devoicing and, to my knowledge, no cases of true word-final post-nasal devoicing

¹³ Kaplan (2008) indeed argues that post-nasal voiced stops in word-final position are perceptually most confusable, and thus perceptually motivates the *ND# constraint. The ‘motivated’ *ND#, however, is limited to word-final position. In English, the repair for *ND# is not devoicing, but deletion (which cannot be interpreted as contrast enhancement).
are attested (where voiced stops remain voiced word-finally except if preceded by a nasal). Second, PND is not attested as a repair strategy even in cases where we should expect it. For example, many languages disallow NC₁ VNC₂ sequences. A recent study in Stanton (2016a, 2018a) suggests that avoidance of these sequences constitutes a strategy to avoid a difficult contrast with NVNC₂. The vowel in NC₁ VNC₂ is universally phonetically nasalized, a process which reduces cues for the contrast between NC₁ and N. One way to repair this contrast would be to devoice the first consonant C₁. However, the survey in Stanton (p.c.) shows that NDVNC > NTVNC is not attested. It is unclear to me how this gap is explained within the perceptual enhancement approach. Finally, while perceptual enhancement might explain PND, it cannot, to my knowledge, explain other unnatural processes discussed elsewhere (especially intervocalic devoicing; Beguš (2018)).

As already mentioned, this paper does not argue against the existence of perceptual enhancement as a sound change in general. A number of arguments presented here, however, favor the three-sound-changes approach over the perceptual enhancement approach when dealing with PND. It seems suspect to suggest that a contrast will only be enhanced when a set of three sound changes happen to operate in the pre-history of a system. Future research involving processes other than PND should show whether other unnatural processes are better explained by perceptual enhancement or the three-sound-change approach called the Blurring Process proposed here.

While I am claiming that PND did not arise as contrast enhancement, I do, however, acknowledge the possibility that perceptual factors play a role in the phonologization of PND and the preservation of the alternation once it arises. It is thus possible that perceptual enhancement helps PND survive as a productive process longer than would be expected otherwise.

3.2.4. Multiple sound changes

Finally, Dickens (1984) and Hyman (2001) propose an explanation for PND in Tswana that assumes a set of three non-PND sound changes that conspire to produce apparent PND: fricativization, devoicing of stops, and occlusion of fricatives. I will argue in the remainder of this paper that this is in fact the correct explanation not only for Tswana and Shekgalagari, but that an essentially similar historical scenario played out in all thirteen cases of reported PND described above. Unfortunately, at the time of Dickens’ and Hyman’s work, no historical parallels existed in the literature that would support their explanation, which led other authors to propose alternative accounts of the data (see the three types of explanations in Sections 3.2.1, 3.2.2, and 3.2.3 above). Admittedly, in the absence of typological parallels, one might judge an explanation that operates with a single sound change (motivated by perceptual enhancement, articulatory factors, or hypercorrection) more parsimonious and justified than an explanation that requires three separate sound changes. By bringing numerous cases of PND from
disparate language families together and arguing that diachronic developments very similar to that proposed for Tswana in Dickens (1984) and Hyman (2001) operated in all thirteen languages, the next section dispels this concern and validates the three-sound-change analysis on typological grounds. In addition, I provide crucial new evidence in favor of the three-sound-change approach and argue that the three sound changes are directly historically attested in Avestan, Sogdian, and Yaghnobi, three languages in an ancestral relationship.

3.3. A combination of sound changes

A closer look into the collected data from Section 3.1 reveals an important generalization: for all cases of PND, either direct evidence or clear indirect evidence can be found that, at some stage of development, voiced stops surfaced as voiced fricatives except in post-nasal position. In other words, in the first stage of the development of PND, a natural sound change operates that fricativizes voiced stops except post-nasally (D > Z / [−nas]__). This sound change results in a complementary distribution: voiced stops surface post-nasally, voiced fricatives elsewhere. I argue that in all thirteen cases PND is a result of this complementary distribution plus the unconditioned devoicing of voiced stops: because voiced stops surface only post-nasally, the unconditioned devoicing results in apparent PND. While this explanation has been proposed for Tswana in Dickens (1984) and Hyman (2001), this section argues that the same diachronic scenario plays out in all thirteen cases by pointing to thus far unobserved pieces of evidence in favor of the three-sound-change approach. I also present data from Yaghnobi which offers the most direct evidence in favor of the three-sound-change approach, since all three diachronic stages are historically attested in written sources. Yaghnobi also provides crucial evidence in favor of the assumption that the second sound change, devoicing of voiced stops, is unconditioned.

3.3.1. Yaghnobi

Yaghnobi is a descendant of Sogdian, a Middle Iranian language spoken in the first millennium CE and preserved in documents from that period. In Sogdian, all voiced stops surface as voiced fricatives except post-nasally. This complementary distribution is directly attested in Sogdian and confirmed by the writing system (cf. Sims-Williams 1987: 178). It is equally clear that the Sogdian pattern developed through a sound change D > Z / [−nas]__ in an earlier stage of the language. In Avestan, which is closely related to Sogdian (but more archaic) and can be used to represent the parent language of Sogdian, voiced stops correspond to Sogdian voiced fricatives except post-nasally, e.g. Avestan [dasa]

[14] It is possible that Avestan, Sogdian, and Yaghnobi are not direct descendants, but that, for example, Sogdian derives from a closely related dialect of Avestan. The three languages, however, without doubt represent three stages in a development of closely related dialects and can be used to represent development of a single branch.
THE BLURRING PROCESS

### Table 12

<table>
<thead>
<tr>
<th>Stage</th>
<th>Sound change</th>
<th>Language</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>Avestan</td>
<td>band</td>
</tr>
<tr>
<td>2</td>
<td>D &gt; Z / [−nas]</td>
<td>Sogdian</td>
<td>βand</td>
</tr>
<tr>
<td>3</td>
<td>D &gt; T</td>
<td>Yaghnobi</td>
<td>vant</td>
</tr>
</tbody>
</table>

Development of PND from Avestan to Yaghnobi.


Given the complementary distribution attested in Sogdian, I propose that, on the way to Yaghnobi, an additional sound change operated: unconditioned devoicing of voiced stops (D > T; for phonetic motivation and attestations of this change, see Section 3.4). Evidence for this sound change in Yaghnobi are attested as directly as a sound change can be attested diachronically: Stage 2 (Sogdian) which is attested in written sources features voiced stops which surface as voiceless at Stage 3 (Yaghnobi). Because voiced stops surface after nasals, this combination of sound changes results in apparent PND. The development is summarized in Table 12.

Sogdian thus provides direct historical evidence showing that the apparent case of PND in Yaghnobi is a side effect of two natural and well-attested sound changes: (i) fricativization of voiced stops except in post-nasal position (D > Z / [−nas]_), and (ii) unconditioned devoicing of voiced stops (D > T).

To get PND, we need a third sound change: occlusion of voiced fricatives to stops (Z > D). Yaghnobi provides additional evidence for this process too: the original voiced labial and velar stops (Avestan [b] and [g] that develop to Sogdian [β] and [ɣ] in the elsewhere position) still surface as voiced fricatives [v] and [ɣ] in the elsewhere position in modern Yaghnobi (e.g. Yagh. [vant] ‘tie’ from Sogd. [βand]; Yagh. [yar] ‘mountain’ from Sogd. [yarʃ]). Nevertheless, the voiced dental fricative (Sogdian [ð]) in the elsewhere position gets occluded in Yaghnobi and surfaces as a voiced stop [d] (Xromov 1972: 123), thus blurring the original complementary distribution. Apparent PND in Yaghnobi thus fully holds only for the dental series of stops, because only this series of stops underwent a sound change that turned the original voiced fricatives ‘back’ to stops (Z > D). Table 13 illustrates the three sound changes that operated on the dental series of stops to produce PND.

Yaghnobi and Sogdian contain yet more crucial evidence in favor of the three-sound-change approach outlined above. One of the most serious objections to the three-sound-change approach in Yaghnobi and elsewhere is that devoicing should not be analyzed as unconditioned, but as post-nasal – precisely because it operates only in post-nasal position. This being the case, devoicing should indeed

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15 Yaghnobi examples are primarily taken from Xromov (1972) and Novák (2010, 2013, 2014).

be considered unnatural according to the definition in (2). However, Sogdian and Yaghnobi provide strong and unique evidence to suggest that devoicing of voiced stops is in fact unconditioned. I show below that devoicing targets all surface voiced stops in Yaghnobi, not just those in post-nasal position.

It is true that voiced stops surface primarily in post-nasal position in Sogdian, but they also surface in one additional, more marginal context: after voiced fricatives. The origin of such a distribution is straightforward: original voiced stops did not fricativize (i) after nasals (as already mentioned above) and (ii) after another fricative in order to avoid clusters of two fricatives. This property of Sogdian and Yaghnobi, which has up to now been a less discussed fact (Novák 2013), essentially means that voiced stops surface as fricatives in Sogdian in all positions except post-nasally (ND) and occasionally after a voiced fricative (ZD). We already saw that ND sequences devoice to NT in Yaghnobi. Crucially, Sogdian sequences of a voiced fricative and a voiced stop (ZD), too, devoice in the development from Sogdian to Yaghnobi – to ST (in central and western dialects),\(^{16}\) e.g. Sogd. [pozd\-a], Yagh. [past] or [pajst] ‘smoke’; potentially also Sogd. [ď\-xw\-da], Yagh. [duxtar]; Sogd. [su\-id\-], Yagh. [suxta]; Sogd. [\-xaf\-d\-i], Yagh. [xif\-ift]\(^{17}\) (from Novák 2013, 2014 and Xromov 1987). This devoicing is automatically explained by my proposal that voiced stops devoice unconditionally in Yaghnobi. ZD is thus predicted to first develop to ZT and then to ST when the voiced fricative assimilates in voicing to the following voiceless stop. That this scenario indeed took place is suggested by evidence from Western Yaghnobi, in which forms like [avd\-] and [avt\-] for Sogd. [ď\-d\-a] are attested (data from Novák 2014). While the first form [avd\-] dialectally lacks devoicing, the second form [avt\-] shows that only voiced stops devoice: the fricative is not yet assimilated to the following voiceless stop (compare the assimilated form from Eastern Yaghnobi [aft\-]).

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\(^{16}\) It appears that devoicing of stops post-nasally is dialectally more regular than devoicing of stops after voiced fricatives (Novák 2013, 2014), but this distribution might also result from borrowings.

\(^{17}\) While it is possible, although unlikely, that Yagh. [suxta] and [xif\-ift] preserve an earlier (pre-Sogdian) stage where the cluster of a fricative and a stop was not yet voiced, this cannot be the case in Yagh. [past] < Sogd. [pozd\-a] (and potentially also Yagh. [duxtar]), where the cluster is voiced already in Proto-Iranian (see reconstructions in Novák 2013).
Conversely, my model proposes voiced fricatives and consequently clusters of voiced fricatives do not devoice. This proposal is borne out by the data: Sogdian clusters of two voiced fricatives (that arise from a cluster of a voiced fricative and an approximant \([\text{dw}]\)), \([\text{ð}β]\), do not devoice in Yaghnobi: Sogd. \([\text{ð}β\text{ɔ}ri]\) ‘door’ and \([\text{ɔz}β\text{a}k]\) ‘tongue, language’ yield Yagh. \([z'\text{vɔ}k]\) and \([d'\text{vər}]\) (Novák 2013). Table 14 illustrates the development of voiced fricative-stop and fricative-fricative sequences.

Sequences of a voiced fricative and a voiced stop ZD that devoice in Yaghnobi to ST strongly support the claim that voiced stops undergo unconditioned (not only post-nasal) devoicing in Yaghnobi: all voiced stops that surface in the Sogdian and pre-Yaghnobi system get devoiced in the development of Yaghnobi. The development of ZD clusters in Yaghnobi is summarized in Table 15.

In the other twelve languages with PND, non-nasal clusters are generally not allowed (or they became simplified before the emergence of PND), so we do not see devoicing anywhere other than in post-nasal position. Devoicing in clusters in Yaghnobi thus offers a crucial piece of evidence in favor of the proposal that the devoicing of voiced stops that occurs in the development of PND is unconditioned; if it were not, we would not be able to unify our account of the devoicing of ND and ZD.

---

Table 14
Correspondences between ZD and ZZ sequences.

<table>
<thead>
<tr>
<th>Stage</th>
<th>Sound change</th>
<th>Language</th>
<th>Sequence</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>Sogdian</td>
<td>ZD</td>
<td>zd</td>
</tr>
<tr>
<td>2</td>
<td>D &gt; T</td>
<td>ZT</td>
<td>*zt</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>assimilation</td>
<td>Yaghnobi</td>
<td>ST</td>
<td>st</td>
</tr>
</tbody>
</table>

Table 15
Development of ZD sequences from Sogdian to Yaghnobi.

[18] Sequences of two fricatives are also realized with an automatic epenthetic vowel.
3.3.2. Tswana, Shekgalagari, and Makhuwa

If Yaghnobi provides crucial evidence for the three-sound-change approach on historical grounds, Tswana offers crucial dialectal evidence for this hypothesis. There are at least three different systems of stops in the micro-dialects of Tswana. Among one set of speakers, voiced stops get devoiced in all environments: no voiced stops are allowed in the system. Speakers of this system have been labeled ‘devoicers’ (Coetzee et al. 2007: 861). Another set of speakers change voiced stops into fricatives in all positions but post-nasally (these speakers are called ‘leniters’; Coetzee et al. 2007: 861). A third set of speakers use the so-called PND system: for these speakers, voiced stops surface as voiceless only post-nasally (Zsiga et al. 2006, Coetzee et al. 2007, Coetzee & Pretorius 2010). The three systems of Tswana are represented in Table 16.

As Hyman (2001) argues, the PND system arises precisely through the combination of two other (devoicing and leniting) systems: leniters take on fricativization except after nasals (D > Z / [−nas]_), while devoicers undergo unconditioned devoicing (D > T). Following Dickens (1984), Hyman (2001) argues that post-nasal devoicers undergo both sound changes. In other words, Dickens (1984) and Hyman (2001) argue that PND in Tswana results from a combination of three sound changes, the first of which is fricativization of voiced stops except post-nasally (the sound change that operates in the leniters’ system). Unconditioned devoicing happens next (the sound change that operates in the devoicers’ system), and because voiced stops surface only after nasals, the result is apparent PND. This interstage is confirmed by Kutswe, a variety of Sotho in which the alternation is between [p] post-nasally and [β] elsewhere (as mentioned in Dickens 1984). This pattern is obscured in Tswana and Shekgalagari, however, by an additional change in the dialect with PND: unconditioned occlusion of fricatives (Z > D). After this change, voiced stops surface as voiceless after nasals and, crucially, the feature [±voice] is fully contrastive in the elsewhere condition (Hyman 2001). Recall that this final sound change also occurred in Yaghnobi, but only for the dental series of stops.

The attestation of the subdialect of Tswana that has unconditioned devoicing of voiced stops also speaks against analyses that assume post-nasal devoicing results from the reduced functional load of the contrast in the feature [±voice] in post-nasal stops, when voiced stops develop to voiced fricatives elsewhere (see Section 3.2). In the ‘devoicer’ subdialect (Coetzee et al. 2007: 861), unconditioned

<table>
<thead>
<tr>
<th></th>
<th>*#ba</th>
<th>*aba</th>
<th>*mba</th>
</tr>
</thead>
<tbody>
<tr>
<td>devoicers</td>
<td>#pa</td>
<td>apa</td>
<td>mpa</td>
</tr>
<tr>
<td>leniters</td>
<td>#βa</td>
<td>aβa</td>
<td>mba</td>
</tr>
<tr>
<td>PND</td>
<td>#ba</td>
<td>aba</td>
<td>mpa</td>
</tr>
</tbody>
</table>

Table 16
Microdialects of Tswana (from Zsiga et al. 2006, Coetzee et al. 2007).
devoicing occurs without the development of voiced stops to fricatives (i.e. when the feature $\pm$voice is fully contrastive).

The pattern of development of Tswana voiceless stops provides a structural parallel that speaks in favor of the proposed explanation. As Hyman (2001) points out, voiceless stops underwent fricativization (except post-nasally) along with voiced stops. Table 17 shows this development.

The data in Table 17 provide yet another piece of evidence that complementary distribution occurred first in the development of PND in Tswana and related dialects, in both the voiced and voiceless series of stops (Hyman 2001). The voiceless and voiced series underwent lenition except in post-nasal position (as in the leniters dialect), and then voiced stops underwent further changes (unconditioned devoicing, as in the devoicers dialect) to produce PND, whereas voiceless stops retained the complementary distribution (Table 17).

### Table 17

<table>
<thead>
<tr>
<th>#</th>
<th>V</th>
<th>V</th>
<th>N</th>
<th>#</th>
<th>N</th>
<th>Gloss</th>
</tr>
</thead>
<tbody>
<tr>
<td>*p</td>
<td>φ</td>
<td>φ</td>
<td>pʰ</td>
<td>φena</td>
<td>m-pʰena</td>
<td>‘conquer (me)’</td>
</tr>
<tr>
<td>*t</td>
<td>r</td>
<td>r</td>
<td>tʰ</td>
<td>rátá</td>
<td>n-tʰ</td>
<td>‘love (me)’</td>
</tr>
<tr>
<td>*k</td>
<td>h, x</td>
<td>h, x</td>
<td>kxʰ, kʰ</td>
<td>xátá</td>
<td>η-kxʰ</td>
<td>‘trample (me)’</td>
</tr>
</tbody>
</table>

Despite the fact that Bube and Mpongwe are not closely related to Tswana, Shekgalagari, and Makhuwa, we find striking similarities between these languages that uniformly point to the conclusion that complementary distribution (with lenition of voiced stops except post-nasally) operated in the prehistory of Bube and Mpongwe, too. The data for the two languages, however, is sparse and detailed phonetic descriptions are lacking.

Several indicators in Bube data clearly point to a pre-stage with complementary distribution. Janssens (1993: 37) reports that in the labial series, the voiced stop and voiced fricative [b] and [β] are in free variation in medial position. Also, exactly parallel to Tswana, the voiced velar stop is lost in Bube, pointing indirectly to an interstage with [ɣ] (also reconstructed independently in Janssens 1993: 27). Finally, the dental series of stops undergoes lenition as expected: in the elsewhere condition, [d] develops to [l] or [r] (likely through an interstage *[ð]), depending on the vowel quality, e.g. *-dáb- > [-lábá] (Janssens 1993: 23). In fact, Janssens independently reconstructs a proto-stage of Bube with exactly the complementary distribution we observe in other languages with PND: voiced stops surface as fricatives except post-nasally.

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[19] Because other Sotho-Tswana languages and Makhuwa are closely related to Tswana, the same analysis can be applied to these languages as well.
In Mpongwe, PND that targets only the velar series also arises through a combination of three sound changes. Mouguiama-Daouda (1990) independently reconstructs a stage in which [g] surfaced as a voiced velar fricative [ɣ] except post-nasally, citing as evidence the fact that the voiced velar stop is still realized as [ɣ] by some older speakers (Mouguiama-Daouda 1990). PND in Bube and Mpongwe thus follows the usual trajectory: complementary distribution and unconditioned devoicing of stops that surface only post-nasally.

3.3.4. Konyagi

Konyagi and related languages, too, provide strong evidence in favor of a stage with complementary distribution, just like in Yaghnobi or Tswana. Proto-Tenda, an ancestor of Konyagi, is reconstructed on the basis of Konyagi and its neighboring languages Basari and Bedik (Merrill 2014, 2016a, b). The first stage of Proto-Tenda features a phonemic inventory with voiced and voiceless stops and fricatives. In Stage II, all stops fricativized everywhere but in post-nasal position. This fricativization in Proto-Tenda was quite radical, targeting both voiced and voiceless stops, as well as nasal stops (Merrill 2014, 2016a, b) and, as I reconstruct, geminates/ clusters.\footnote{I reconstruct that voiced geminate fricatives later undergo occlusion to voiced stops. For parallels, see K"ummel (2007: 150).} The fricativization is directly confirmed by the Basari dialect, which preserves the Proto-Tenda II stage with minor deviations. Table 18 shows the development of consonants in non-post-nasal position from Proto-Tenda I and II to Basari and Konyagi. Just like in Basari, original voiced stops surface as fricatives in Konyagi (further developing to sonorants in some places of articulation), except after nasals.

As already mentioned, Proto-Tenda voiced stops remain stops in post-nasal position. The following table summarizes the development of consonants in post-nasal position in the descendants of Proto-Tenda (from Merrill 2014, 2016a, b, p.c.).\footnote{The nasal stops are lost before voiceless stops.} Post-nasally, no fricatives occur in either Konyagi or Basari.

While in Bedik and Basari, original post-nasal voiced stops remain voiced, they devoice in Konyagi. Here too, however – like in all other cases of PND – the voiced stops that devoice post-nasally were in fact the only voiced stops in the language (the stage confirmed in today’s Basari). Thus, again, the sound

---

Table 18
Development of non-post-nasal consonants from Proto-Tenda to Konyagi (table from Merrill 2014, 2016a, b, Santos 1996).

| Proto-Tenda I |-pt-ck-f-f-x-b-d-j-g-w-ɣ-l-m-n-p-ŋ |
| Proto-Tenda II |-f-r-j-j-x-w-r-j-y-w-ɣ-l-w-ð-j-ɣ |
| Basari |-s-f-x-f-f-x-w-r-j-y-w-ɣ-l-w-n-j-ɣ |
| Konyagi |-f-r-s-x-f-s-x-ɣ-l-j-w-l-w-ð-j-ʃ |
change operating in Konyagi is in fact unconditioned devoicing of voiced stops. The apparent PND is once more the result of a combination of sound changes.

The third sound change, occlusion back to stops, is lacking in Konyagi. As a result, it is not voiceless and voiced stops that alternate at some stage of development in Konyagi, but rather voiced fricatives and voiceless stops. Konyagi, however, does not lack voiced stops completely: original fricative geminates were later occluded to stops and simplified, resulting in voiced stops being reintroduced into the synchronic inventory. All these changes result in a synchronic mutation system that involves voiced and voiceless stops and voiced fricatives or approximants (see Section 3.5).

So far, I have argued that all cases of apparent PND can be accounted for through a combination of two or three well-motivated sound changes. I now turn to a case of PND from the South Italian dialects to illustrate that such sound change combinations involving complementary distribution are not limited to stops, but can apply to other segments as well.

3.3.5. South Italian

On the surface, the data in South Italian suggest that *d̪e̪ devoices to [tf] only in post-nasal position (Section 3.1.5). However, if we look at the development of *d̪e̪ elsewhere, we observe that it gets de-occluded and further develops to [j] except after nasals (e.g. *fajina > Calabrian [fajina], *lejere > Calabrian [lejere], Sicilian [lejiri]; Rohlfs 1949: 358). Given the cases of post-nasal devoicing discussed so far, de-occlusion of the affricate and the development to the glide provides evidence for a stage with complementary distribution. At the point when *d̪e̪ appears post-nasally and [j] (or probably *ʒ) elsewhere, an unconditioned devoicing of voiced affricates occurs. This, too, is a well-attested and motivated sound change: voiced affricates are highly dispreferred, which is why devoicing is a natural tendency in these segments. Voice is difficult to maintain, especially in affricates, which combine two articulations that are highly antagonistic to voicing: closure and frication (Ohala 1983, 2006). Table 20 illustrates the reconstructed development: Stage 2 shows a period of complementary distribution, and Stage 3 represents the development after the unconditioned devoicing of voiced affricates.

Likewise, a Proto-Tenda sequence of a nasal and an implosive yields an ND sequence in Konyagi.
Note that this set of sound changes is in principle the same as in the previous cases, but here complementary distribution targets affricates instead of stops. Also, Stage 4 is absent from South Italian: the change that would occlude [j] to [ŋ] is absent.

3.3.6. Buginese and Murik
The emergent pattern that we have seen in all the apparent cases of PND so far can be generalized as follows: (1) a set of segments enters complementary distribution; (2) a sound change occurs that operates on the unchanged subset of those segments; (3) optionally, another sound change occurs that blurs the original complementary distribution.

Let us now turn to the three Austronesian languages. On the surface, the data from Buginese and Murik seem to point to PND operating as a single sound change. Moreover, there is no direct historical or dialectal evidence to suggest otherwise, as is the case for Yaghnobi, Tswana, and Konyagi. If the only attested instances of PND were those found in Austronesian languages, we would likely be forced to assume the operation of a single sound change – PND. However, these languages do, at least, show clear traces of a stage with complementary distribution. Below, I argue that the three-sound-change explanation again better captures the data, despite the lack of direct historical or dialectal evidence.

The main evidence against PND as a single sound change in Austronesian comes from the voiced labial stop in Buginese. Already in Proto-South-Sulawesi (PSS; from which Buginese developed), *b had developed to [w] except word-initially and post-nasally (Mills 1975: 547). Later, the change *b > [w] also targeted the word-initial position, as is clear from initial stop in cases like *bumbun > [wumpun]. Thus, at one stage in the language’s development, voiced labial stops surfaced only post-nasally: again, we have clear evidence for complementary distribution. From there, the development followed the trajectory described above: unconditioned devoicing of voiced stops occurred, but produced apparent PND because voiced stops surfaced only post-nasally. The development is illustrated in Table 21.

In Buginese, /w/ continues to surface as a non-plosive (since only two changes operated in the labial series). Based on the development of the labial series, we can reconstruct that the velar series likewise undergoes complementary distribution and unconditioned devoicing. Unlike the labial series, however, the voiced velar

<table>
<thead>
<tr>
<th>Stage</th>
<th>Sound change</th>
<th>N_pin</th>
<th>Elsewhere</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>ɖ̥ &gt; j / [−nas]</td>
<td>pinʤere</td>
<td>faʤina</td>
</tr>
<tr>
<td>2</td>
<td>pinʤere</td>
<td>paʤina</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>TS pinʤiri</td>
<td>faʤina</td>
<td></td>
</tr>
</tbody>
</table>

Table 20
Devoicing of post-nasal affricates in South Italian.
fricative *ɣ undergoes occlusion to [ŋ] (all three sound changes operated in the velar series), thus obscuring evidence for an inter-stage with complementary distribution. Note that this is precisely the same scenario attested in Yaghnobi, with the only difference being that, in Yaghnobi, it was the dental series of fricatives that underwent occlusion, whereas in Buginese, it was the velar series. The development leading to apparent PND in velars (with all three sound changes operating) is illustrated in Table 22.

The dental series of stops in Buginese escapes PND because *d developed to [r] in all positions (*dindŋ > [renriŋ]) and, as such, became ineligible for the devoicing of voiced stops. The development of *z also conforms to the proposal above: intervocally, it undergoes rhotacism to [r] (possibly through an interstage with *j); post-nasally, I reconstruct it occludes to *ŋ and devoices to [c] (according to the unconditioned devoicing of voiced stops which predictably targets the palatals); initially, it remains a fricative *j and later occludes together with *ɣ to [ŋ] (in other words, there was likely a stage of complementary distribution: *j post-nasally, *j/r elsewhere).

The initial stage with complementary distribution in Buginese stops is additionally confirmed by a recent description of Buginese by Valls (2014) which reports that voiced stops [b, d, g] have voiced fricatives [β, ɹ, ɣ] as allophones in apparent free variation in non-post-nasal position. This suggests that the last sound change that turns voiced fricatives to voiced stops is likely in progress in Buginese.

Just like in Buginese, evidence exists that complementary distribution underlies PND in Murik as well. The main evidence comes from the development of voiced alveolar stops. On the surface, Proto-Kayan-Murik *d surfaces as
Table 23
Reconstructed development of alveolars in Murik.

<table>
<thead>
<tr>
<th>Stage</th>
<th>Language</th>
<th>#</th>
<th>V</th>
<th>V</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pre-PKM</td>
<td>d</td>
<td>d</td>
<td>d</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>PKM</td>
<td>ð</td>
<td>ð</td>
<td>d</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Murik</td>
<td>l</td>
<td>r</td>
<td>t</td>
<td></td>
</tr>
</tbody>
</table>

Table 24
Reconstructed development of labials in Murik.

<table>
<thead>
<tr>
<th>Stage</th>
<th>Language</th>
<th>#</th>
<th>V</th>
<th>V</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Pre-PKM</td>
<td>b</td>
<td>b</td>
<td>b</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>PKM</td>
<td>β</td>
<td>β</td>
<td>b</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>PKM</td>
<td>β</td>
<td>β</td>
<td>p</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Murik</td>
<td>b</td>
<td>b</td>
<td>p</td>
<td></td>
</tr>
</tbody>
</table>

[l] initially, [r] intervocally, and [t] post-nasally (see Table 23). These data point to a stage with complementary distribution (PKM in Table 23). I propose a historical development with the following trajectory: Proto-Kayan-Murik *d lenited to [l] or [r] (probably through an inter-stage with *ð) initially and intervocally. After a nasal, however, *d remained a stop.

Next, I argue that unconditioned devoicing of voiced stops occurred. Because devoicing operated during a period when voiced stops surfaced only after nasals, apparent PND is the result. Based on the development of the alveolar series, I reconstruct that fricativization targeted labials and velars too: original voiced stops fricativized to *β and *γ (except after a nasal), at which point voiced stops (surfacing only post-nasally) got devoiced (e.g. *b > [p], *g > [k]). Unlike the alveolars, *β and *γ then underwent occlusion ‘back’ to stops, resulting in apparent PND. Table 24 traces the proposed trajectory from (Pre-)Proto-Kayan Murik to Murik for the labial series of stops.

A peculiarity of the development in Murik is that it combines the PND of stops that we saw, for example, in Tswana, with the PND of affricates that we saw in Sicilian and Calabrian – i.e., whereas the previously discussed languages devoice either stops or affricates, Murik devoices both. The development of stops in this language is straightforward – it follows the usual trajectory of PND: complementary distribution, unconditioned devoicing, and then optional occlusion to stops (as we saw above). The development of affricates is more complicated, but nevertheless revealing. PMP *z develops to *s intervocally already in Proto-Kayan-Murik (Blust 2005); this development cannot be considered part of PND, because it happens at an earlier stage. Elsewhere, *z is preserved as voiced and
palatalizes to *j. Post-nasally, occlusion to an affricate *jj takes place.\textsuperscript{23} The affricate then gets devoiced, exactly as in Sicilian and Calabrian, together with devoicing of other voiced stops. Because they surface only post-nasally at the time of unconditioned devoicing, the result is apparent PND. I further reconstruct that the initial fricative *j then gets occluded to a voiced stop, together with other voiced fricatives in Murik.\textsuperscript{24}

In sum, even though Buginese and Murik offer neither dialectal nor historical evidence for complementary distribution, there is enough language-internal evidence to posit that, at one stage, voiced stops (and affricates) surfaced only after nasals: the original voiced labial stops surface as fricatives even today in Buginese, whereas in Murik voiced alveolar stops surface as lenited [r] or [l], in accordance with the reconstructed complementary distribution.

3.3.7. Nasioi
That PND in Nasioi results from a combination of three natural sound changes is strongly suggested by Nasioi internal evidence and by diachronic development of its related languages. Evidence for a stage with complementary distribution comes from Nasioi itself: voiced stops /b/ and /d/ surface as a fricative [β] and a flap [r] intervocally. Lenition of voiced stops in related languages strongly suggests that a complementary distribution consisting of voiced stops developing to voiced fricatives except post-nasally, operated already in pre-Nasioi. In Buin and Nagovisi, for example, [r] and [d] are in complementary distribution whereby [d] surfaces post-nasally and [r] elsewhere (Brown 2017). In Motuna, the complementary distribution is not limited to alveolars, but targets labials as well. The stops [b] and [d] are in complementary distribution with [w] and [r] such that the stops surface only post-nasally and the approximants surface elsewhere, including in word-initial position (Onishi 2012). Table 25 summarizes the development of Motuna voiced labial and velar stops.

It is reasonable to assume that Motuna represents the proto-stage of Nasioi. In the development of Nasioi, voiced stops devoice, but because they surface only post-nasally, the change looks like post-nasal devoicing. Finally, Nasioi undergoes

\begin{table}[h]
\centering
\begin{tabular}{ccc}
\hline
# & V & N \\
\hline
*b & w & w & b \\
*d & r & r & d \\
\hline
\end{tabular}
\caption{Summary of the development of Motuna labial and velar stops (Onishi 2011).}
\end{table}

\textsuperscript{23} Alternatively, *z gets occluded to an affricate *jj in all positions and later undergoes deocclusion to *j in initial position, parallel to the South Italian development.

\textsuperscript{24} The affricate articulation in initial position (Blust 1974) is likely secondary: there exists variation between affricate and stop articulation. It is well known that palatal stops often develop into affricates.
occlusion of fricatives to stops (like Tswana and Shekgalagari, Yaghnobi, and Bugineese and Murik), but this occlusion is contextually limited to the initial and post-obstruent positions (see Section 3.1.7). Intervocally, voiced fricatives still surface as fricatives. Occlusion of fricatives that is limited to initial position or to clusters is a well-motivated and common sound change (see Kümmel 2007 and the discussion in Section 3.4 below).

3.4. Naturalness of the three sound changes

All sound changes assumed by the proposals above are natural, that is, both phonetically well-motivated and typologically well-attested, with clear phonetic precursors. A survey of sound changes in Kümmel (2007) lists approximately 56 cases in which voiced stops undergo fricativization in either post-vocalic or intervocalic position (in four cases the non-nasal environment is specifically mentioned), plus an additional two cases in which voiced fricatives occlude to stops post-nasally. Moreover, only two of the 17 surveyed languages with NC sequences permit sequences of nasal + continuant phonotactically (Maddieson 1984, reported in Steriade 1993). The articulatory reasons for the occlusion of post-nasal fricatives are clear: if in the transition from nasal stop to oral fricative the velum rises early, it causes ‘denasalization of the final portion of the nasal consonant’ (Busà 2007: 157) and results ultimately in a period of oral (denasalized) occlusion (see also Ohala 1993, 1997, Ali et al. 1979). Moll & Daniloff (1971) show that in 83% of English NC(CC) and NCN sequences, the gesture toward velar closure onsets during the nasal consonant: ‘movement toward velar closure is initiated long before the articulatory contact for the non-nasal consonant, usually during the preceding nasal’ (Moll & Daniloff 1971: 681). Because the majority of velar closure movements onset simultaneously with the ‘moment of nasal consonant contact’, Moll & Daniloff (1971) speculate that precisely the nasal contact articulation might trigger the early velar movement (also supported by Kent et al. 1974.25 While the mechanisms of epenthetic occlusion in NS clusters are well described, there are relatively few phonetic studies of the process available. The few existing studies observe that epenthetic closure (in NS) is shorter than underlying closure (in NTS), although in some studies this difference fails to reach statistical significance (Fourakis & Port 1986, Yoo & Blankenship 2003, Recasens 2012 and a discussion in Warner & Weber 2001). A number of properties of epenthesis in NS clusters suggest that the processes is a passive phonetic tendency: epenthesis is often not a categorical process, it operates gradiently, and phonetic properties of epenthetic oral closure differ from the closure of underlying stops.26 Further phonetic studies

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[25] As Moll & Daniloff (1971) point out, this speculation is not without difficulties as gesture onsets for velar movement appear elsewhere on the temporal continuum. For a discussion, see Moll & Daniloff (1971).

[26] Fourakis & Port (1986) report that in some dialects of English, oral closure never surfaces in NS sequences. The fact that epenthesis can be language specific does not mean that occlusion in
on languages other than English are desired (to my knowledge, the only proper phonetic account of this phenomena outside of English is Recasens’s 2012 study of Valencian Catalan). Despite the lack of phonetic studies, it is safe to assume dispreference of frication post-nasally is a UPT that is typologically common and well motivated.

Unconditioned devoicing of voiced stops is a well-motivated process too. Closure is in all respects antagonistic to voicing for clear aerodynamic reasons: the closure causes air pressure buildup in the oral cavity, which results in an equalization of subglottal and oral pressure. When this happens, the vocal folds are unable to vibrate due to the lack of airflow and voicing ceases. This mechanism has long been known as the Aerodynamic Voicing Constraint (Ohala 1983, Onishi 2011). The antagonism of closure to voicing is also confirmed by typology: of 706 languages surveyed, 166 have only voiceless stops (Ruhlen 1975, reported in Ohala 1983), among others ‘Cantonese, Hawaiian, Zuñi, Ainu, and Quechua’ Onishi 2011: 64. In contrast, only four languages are reported to have only voiced stops (Ohala 1983), and even in those languages, it appears that stops are voiceless initially. Unconditioned devoicing is also attested as a sound change. In Tocharian and in some subdialects of Tswana (Gouskova et al. 2011), in addition to other examples listed in Kümmel (2007), all voiced stops devoice in all positions, including the post-nasal position.

One might question the naturalness of unconditioned devoicing when voiced stops surface exclusively in post-nasal position: what mechanisms motivate devoicing if it operates only in the post-nasal position which itself favors voicing? As defined in (2), naturalness must always be evaluated with respect to a given context. Post-nasally, voicing of voiceless stops is indeed a UPT: voicing passively continues into closure in post-nasal position because nasal leakage and volume expansion counter the anti-voicing effect of closure (compared to stops in other positions). The increased amount of passive voicing, which is a phonetic precursor based on coarticulation, can result in a sound change of post-nasal voicing. However, voiced stops absent a specific context are nevertheless articulatorily dispreferred when compared to voiceless stops: closure is always antagonistic to voicing for clear aerodynamic reasons. Closure causes airflow to cease because of pressure build up (Ohala & Riordan 1979). To counter this

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NS sequences is not a passive phonetic tendency: speakers of these dialects apparently feature a high level of articulatory precision for the timing of gestures in NS sequences or even delay the velic movements after the release of the nasal stop. This means velar closure coincides with or happens later than stop release. In other dialects and languages that feature less articulatory precision in the timing of NS sequences, the articulatory mechanism outlined above will cause velar closure movement to onset earlier, which in turn results in epenthetic closure. It is also possible that different mechanisms are responsible for dialectal differences. Phonetic data from languages other than English are needed for this discussion.

[27] Initial stops in Yidiny have been reported to surface as voiceless, or at least partially voiced (Dixon 1977). My preliminary qualitative acoustic analysis of recordings of Yidiny made by Robert M. W. Dixon and obtained from AIATSIS confirm these claims: stops tend to be voiceless utterance-initially.
effect, speakers must passively or actively accommodate for voicing by expanding the volume of the oral cavity; otherwise vocal folds cease to vibrate after 5–15 ms (without any accommodation) or after approximately 70 ms (with only passive accommodation) from the onset of closure (Ohala & Riordan 1979). Because of nasal leakage and volume expansion due to velum rising, speakers need to accommodate for voicing the least in post-nasal condition; much less than, for example, word-initially or word-finally (Westbury & Keating 1986, Steriade 1997, Iverson & Salmons 2011). This means that devoicing that only targets the post-nasal position in a language that has voiced stops in other positions would indeed be unnatural. Despite nasal leakage and volume expansion, however, speakers still need to accommodate for voicing (all else being equal), in order to counter the anti-voicing effect of closure – even in post-nasal position. Failure to accommodate for voicing will result in devoicing, which means that devoicing is motivated post-nasally when it targets other positions as well. If voiced stops happen not to surface other than post-nasally due to an earlier sound change, devoicing is still phonetically motivated precisely because closure is antagonistic to voicing and speakers have to accommodate for voicing in all positions (despite the fact that some environments counter the antagonistic effect of closure on voicing).

That voicing of stops is a phonetic tendency post-nasally, while devoicing is a tendency evaluated on a global, unconditioned level (even for post-nasal position) is strongly suggested by data in Davidson (2016). Davidson (2016) acoustically analyzes the percentage of phonation into closure in English voiced obstruents. To my knowledge, the study is one of the largest of its kind and includes 37 speakers and 10,610 tokens. Davidson (2016) measures voicing into closure of English voiced stops [b], [d], and [g] and divides the stops into three categories: stops are devoiced if phonation ceases within the first 10% of the closure; stops are fully voiced if phonation continues for 90% of the closure; and stops that fall between these two categories are considered partially voiced. The data show that stops have the highest proportion of fully voiced closure precisely in post-nasal position. In other words, evaluating contextually, post-nasal position favors voicing more strongly than any other position, because post-nasal position counters the anti-voicing effects of closure more than other positions (see above for articulatory argumentation). Despite this distribution, devoicing of stops is still a phonetic tendency when evaluated globally, precisely due to the anti-voicing effect of closure (Aerodynamic Voicing Constraint). English voiced stops [b], [d], and [g], despite being phonemically voiced, are devoiced or partially voiced in 22% of cases in word-internal post-nasal prevocalic position (-N_V-). In other words, in 22% of recorded underlying voiced stops in word-medial post-nasal prevocalic position (N = 272),\textsuperscript{28} voicing ceases less than 90% of the way through

\textsuperscript{28} Davidson (2016) presents data for all following contexts. I am grateful to Lisa Davidson (p.c.) for providing me with the counts in prevocalic and word-internal position.
the closure. This tendency reflects the anti-voicing effect of closure that operates in all environments, including the post-nasal environment, although it is more suppressed post-nasally compared to other positions for clear articulatory reasons.

Two pieces of evidence from the data independently support the position that unconditioned devoicing operates in the development of PND. None of the languages with reported PND, with the exception of Yaghnobi, have non-nasal clusters or permit voiced stops to surface in any other position than post-nasally (at some stage of development). This means that the effect of unconditioned devoicing can only be observed post-nasally. Yaghnobi, however, shows that devoicing of voiced stops operated in its prehistory, not only post-nasally (N_), but also in the other position where voiced stops surfaced: after voiced fricatives (Z__). In other words, devoicing in Yaghnobi had to be unconditioned rather than limited to post-nasal position, which is clear from the fact that devoicing targeted all positions where voiced stops surfaced: both ND and the more marginal ZD clusters.

The second piece of evidence in support of the articulatory motivation of unconditional devoicing comes from Tswana. As already mentioned, there are at least three microdialects within Tswana: a devoicing dialect, a leniting dialect, and a PND dialect (Table 16). Phonetic studies of the dialect that devoices all stops in all positions show that devoicing is complete and unconditioned: devoiced stops that trace back to voiced stops are voiceless in all positions, including the post-nasal position (for instance, the devoiced post-nasal labial and alveolar stop have only 11% of closure voiced, compared to 7% and 12% intervocically; Gouskova et al. 2011). These instrumental results support the claim that unconditioned devoicing is an attested sound change, motivated by the anti-voicing effect of closure, even if it appears to operate only post-nasally. The devoicing microdialect of Tswana confirms that where unconditioned devoicing happens, it targets stops in all positions, including the post-nasal position, precisely because closure is always antagonistic to voicing. Furthermore, the fact that unconditioned devoicing, confirmed by instrumental phonetic studies, operates precisely in the subdialect of the language that features PND, additionally strengthens the assumption that the second sound change in the three-sound-change combination leading to PND was UNCONDITIONED devoicing.

Finally, unconditioned occlusion of non-sibilant fricatives to stops is also well

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[29] Some other systems of stops within Tswana microdialects are also reported: e.g. positional devoicers that have voiceless stops in all positions except initial position, where voiced stops remain voiced (Gouskova et al. 2011). Such systems are likely the result of fricativization except post-nasally, devoicing of stops, occlusion of initial fricatives, and devoicing of fricatives. Such systems are thus a combination of developments that we see in PND and intervocalic devoicing that we see in Berawan dialects. The treatment of this development is, however, beyond the scope of this work.

[30] For one speaker alveolars have 7% of closure voiced post-nasally and 5% intervocically (Gouskova et al. 2011).
Non-sibilant fricatives are typologically and articulatorily dispreferred (Maddieson 1984). There are many languages without fricatives in their inventories, but none without stops (21 or 6.6% of the languages surveyed in Maddieson 1984 lack any fricative, even a strident fricative). Moreover, fricatives require a greater level of articulatory precision than other manners of articulation: compared to stops, the articulatory targets and shape of the vocal tract require greater precision (Ladefoged & Maddieson 1996: 137). Deviation from precise articulatory targets can thus lead to the occlusion of fricatives to stops. Kümmel (2007) identifies at least six languages in which a sound change turned voiced fricatives into voiced stops for all places of articulation, as well as several more in which occlusion is limited to a single place of articulation. Kümmel (2007) also identifies cases of occlusion of fricatives that is limited to the initial position or to clusters (as is reconstructed for Pre-Nasioi).

3.5. PND as a synchronic alternation

Buginese, Konyagi, Nasioi, and especially Tswana and Shekgalagari, confirm that a combination of sound changes can and do result in productive unnatural synchronic processes. Note that, according to Kiparsky (2008), the third sound change in the series of the three sound changes that result in PND is expected to be blocked by UG, since the combination would result in an unnatural process and the surface pattern does not allow for phonological reanalysis. However, this blocking clearly does not happen: sound change that blurs the original complementary distribution and thus produces a synchronically unnatural process is attested in Buginese, Konyagi, Nasioi, and Tswana and Shekgalagari in particular.

As mentioned above, the combination of three sound changes is reported to yield a synchronic alternation in Buginese derivational morphology. Sirk (1983: 35–37) shows that sequences of N + D yield NT (except for dentals), while the sequence N + [w] yields [mp]. He also argues that the only permissible non-geminate clusters in Buginese are NT (to the exclusion of ND) (Sirk 1983: 35–37).

[31] The occlusion of fricatives is another example of naturalness needing to be evaluated with respect to a given context. While unconditioned occlusion of fricatives is well-motivated (see the discussion in this paragraph), intervocically its opposite process, fricativization of stops, is the natural direction (see also Ladefoged & Maddieson 1996: 137, Kaplan 2010).

[32] Kiparsky (2008: 51) posits that either the changes that would cause unnatural alternations are blocked or ‘the system they appear to give rise to must be reanalyzed’. It is unclear to me, however, how the system of PND as is attested, for example, in Tswana could be phonologically reanalyzed. It is impossible to assume that stops in post-nasal position are underlingly voiceless (and get voiced elsewhere), because voiced and voiceless stops contrast in the elsewhere condition in Tswana. PND could be analyzed as morphologized, but Coetzee & Pretorius (2010) show that the rule extends to nonce words, although they admittedly test only one morphological environment (for a discussion against a morphological analysis, see Hyman 2001). If reanalysis is not available, we would (in line with Kiparsky’s 2008 reasoning) expect the last sound change that would result in the unnatural alternation to be blocked.
Isolation | Gloss | Compound | Gloss
---|---|---|---
wořə | ‘heavy’ | sim-wořə | ‘just as heavy’
bone | ‘Bone (name)’ | arum-pone | ‘prince Bone’
gora | ‘shouts’ | sam-ŋora | ‘loud shouts’
jaiʔ | ‘root’ | map-caiʔ | ‘to sew’

Table 26

<table>
<thead>
<tr>
<th>-V_{V}</th>
<th>-V_{C}</th>
<th>-N</th>
<th>Gloss</th>
</tr>
</thead>
<tbody>
<tr>
<td>bilabial</td>
<td>-w ŋkáak</td>
<td>-b ŋkáak</td>
<td>-mp ŋkáak</td>
</tr>
<tr>
<td>coronal</td>
<td>-lómëxó</td>
<td>-dómëxó</td>
<td>-ntómëxó</td>
</tr>
<tr>
<td>palatal</td>
<td>-jóläxó</td>
<td>-góläxó</td>
<td>-nkóläxó</td>
</tr>
<tr>
<td>velar</td>
<td>-wünkáx</td>
<td>-günkáx</td>
<td>-nkünkáx</td>
</tr>
</tbody>
</table>

Table 27
Konyagi PND ‘mutation’ depending on the historical sources of prefixes (table from Merrill 2014, 2016a, b, Santos 1996).

Noorduyn (2012/1955) describes PND in Buginese as part of a sandhi phenomenon. A word-final nasal before a word-initial labial approximant [w] in sandhi results in the sequence [mp], e.g. /rilale wanua/ becomes [rilalempanua]. Noorduyn (2012/1955) also reports that PND in sandhi occasionally targets voiced labial stops as well, e.g. /tellu bocco/ → [tellumpoco], but the process is no longer productive. Data on this phenomenon are sparse, however, and detailed phonetic descriptions are lacking.

PND is also reported in Konyagi as part of a synchronic consonant mutation process in adjectives, depending on the prefix and its grade of mutation (Merrill 2014, 2016a, b). Adjectives surface with a sonorant in initial position after vowel-final prefixes that go back to vowel-final prefixes (-V_{V}), while voiced stops surface in the initial position of these adjectives after vowel-final prefixes that go back to consonant-final prefixes (-V_{C}). Finally, adjectives surface with voiceless stops in initial position after a nasal-final prefix (-N) (Merrill 2014, 2016a, b).

PND is reported as a synchronic alternation in Nasioi as well. Voiceless and voiced labial and alveolar stops contrast initially and after a glottal stop. Intervocically, voiced stops are lenited to a voiced fricative and a flap, but post-nasally they devoice and merge with voiceless stops. The alternation (PND) that might be morphologically limited is reported for two morphemes: the second person object suffix /-d/ and the third person object suffix /-b/ (e.g. [oo-d-a-∅-maan] ‘I see you’ vs. [manton-t-a-∅-maan] ‘I feel you’; Brown 2017). Further

[33] Hurd & Hurd (1970) suggest that /-b/ can be optionally deleted in intervocalic position.
research is required to establish the synchronic status of PND in Nasioi.

Buginese, Konyagi, and Nasioi have a synchronic process of PND, although the scope of PND in these languages is limited in that either it involves an alternation Z ~ NT instead of D ~ NT, or it is morphologically limited, or it targets only a subset of voiced stops. Detailed phonetic descriptions of PND in these languages are lacking. In Tswana and Shekgalagari, on the other hand, PND is not only reported as a productive synchronic alternation, but we also have detailed acoustic and experimental studies of it.

Two major contributions addressing the synchronic status and productivity of PND are Coetzee & Pretorius (2010) and Solé et al. (2010). These papers first show that the process in question in Tswana and Shekgalagari is in fact a phonetic devoicing of stops in post-nasal position. For seven speakers of Tswana (out of twelve total), voiced stops devoice and completely merge with the voiceless series post-nasally (Coetzee & Pretorius 2010); for example, /m-bV/ completely merges with /m-pV/, and the stops in post-nasal position (both the underlyingly voiceless and the devoiced) ‘agree nearly completely’ (Coetzee & Pretorius 2010: 413) in all relevant parameters with /re-pV/ and significantly differ from the underlying /re-bV/. The same conclusion is drawn for Shekgalagari based on acoustic and laryngographic data in Solé et al. (2010).34

Second, Coetzee & Pretorius (2010: 411) show that PND is fully productive, extending to nonce-words at the same rate as it applies to the native vocabulary in Tswana. The results from nonce-word experiments suggest that PND is not lexicalized, but rather a productive phonological process in the synchronic grammar of Tswana speakers. This means that unnatural alternations (according to the definition in (2)) produced by combinations of sound changes can become part of productive synchronic grammars.

Finally, Coetzee & Pretorius (2010) show that the natural process of PNV operates passively even in cases in which PND is a phonological process. The system containing the unnatural synchronic phonological process PND is attested for seven of the thirteen speakers. For the other five speakers, however, Coetzee & Pretorius (2010: 417) observe that they often realize the whole closure ‘with voicing’ in post-nasal position. This suggests that the five speakers have introduced a new rule into their system, which is the natural, phonetically motivated, and exact inverse process to PND: post-nasal voicing.35

4. The Blurring Process

4.1. The Blurring Cycle and Blurring Chain

In Section 3 above, I argued that one of the rare reported cases of unnatural sound changes, PND, did not operate as a single unnatural sound change, but

[34] Note that nasals in both Tswana and Shekgalagari are always realized as syllabic.
[35] The new rule, post-nasal voicing, might also be interpreted as dialect mixing.
as a combination of natural sound changes in all thirteen languages in which PND is reported either as a synchronic alternation or as a sound change. This typological study provides a basis for establishing a new diachronic model for explaining unnatural phenomena, the Blurring Process, which I present in this section. Using the Blurring Process, I also provide a proof that at least three sound changes are required for an unnatural process to arise: the Minimal Sound Change Requirement.

We saw above that all cases of PND proceed along a common trajectory of development. For all cases, I reconstruct a stage with fricativization, devoicing of voiced stops, and occlusion of fricatives. More schematically, PND arises from a complementary distribution, which is followed by an unconditioned sound change. To get a synchronic unnatural alternation, another sound change has to operate that blurs the original complementary distribution. I label these diachronic conditions that result in an unnatural synchronic process a Blurring Process.

(5) **Blurring Process**

(a) A set of segments enters complementary distribution
(b) A sound change occurs that operates on the changed/unchanged subset of those segments
(c) Another sound change occurs that blurs the original complementary distribution

Based on (5), I can identify several trajectories that result in unnatural processes: subtypes of the Blurring Process. Let us assume that \( A \rightarrow B / X \) is a natural alternation and a UPT, whereby \( A \) and \( B \) represent feature matrices that select one or more segments in a given language and \( X \) specifies the environment of the alternation. Because \( A \rightarrow B / X \) is a UPT, \( A \) and \( B \) differ in exactly one feature, \( \phi_1 \), such that the value of \( \phi_1 \) in \( B \) is universally preferred in the environment \( X \). This means that its inverse process, \( B \rightarrow A / X \), is an unnatural process: the value of \( \phi_1 \) in \( A \) is universally dispreferred in \( X \). How does \( B \rightarrow A / X \) arise? There are a number of possible trajectories, but I will focus on two main trajectories, i.e. combinations of sound changes, that are attested as historical developments. I will refer to the first development in (6) as the Blurring Cycle and the second development in (6) as the Blurring Chain. The crucial difference between the two is that in the Blurring Cycle, the sound change \( B > A \) does operate, but because it is unconditioned, i.e. not limited to the unnatural environment \( X \), it can be phonetically motivated. In the Blurring Chain, on the other hand, \( B > A \) never operates. Instead a ‘chain’ of developments occurs: \( B > C (/X) > D > A \). The motivation for the term ‘chain’ is clear: the last sound change in the Blurring Cycle reverses the first sound change (although the two differ in their contexts). In other words, the last sound change targets the outcome and results in the target of the first sound change. The term ‘chain’ is likewise motivated: the outcomes of a sound change in Blurring Chain become targets for following sound changes. Both developments ‘blur’ the original complementary
distribution, resulting in an alternation that operates against universal phonetic tendency \(B \to A / X\).\(^{36}\) The Blurring Cycle and Blurring Chain are schematized in (6) with the unnatural alternation \(B \to A / X\) that results from a combination of the three sound changes appearing under the line.

\[
\begin{array}{ccc}
\text{Blurring Cycle} & \text{Blurring Chain} \\
B > C / \neg X & B > C / X \\
B > A & C > D \\
C > B & D > A \\
B \to A / X & B \to A / X \\
\end{array}
\]

PND in all thirteen cases is a result of the Blurring Cycle.

\[
\begin{array}{ccc}
\text{Blurring Cycle} & \text{PND} \\
B > C / \neg X & D > Z / [\neg\text{nas}] \\
B > A & D > T \\
C > B & Z > D \\
B \to A / X & D \to T / [+\text{nas}] \\
\end{array}
\]

The Blurring Process approach explains further unnatural data beyond PND. I argue that the Blurring Chain explains the unnatural voicing of voiceless stops in Tarma Quechua (Adelaar 1977, Puente Baldoceda 1977, Nazarov 2008) and unnatural intervocalic devoicing in Berawan dialects (Blust 2005, 2013, Burkhardt 2014). The Blurring Chain in these languages, however, requires a separate treatment which goes beyond the scope of the present paper (Beguš & Nazarov 2017, To appear, Beguš 2018).

As already mentioned, rule telescoping (Wang 1968, Kenstowicz & Kisseberth 1977: 64, Anderson 1981, Stausland Johnsen 2012) has long been known to produce unmotivated results. However, to derive unnatural alternations (as defined in (2)), we need a special combination of sound changes defined here: the Blurring Process. Establishing the Blurring Process has another advantage: to my knowledge, this paper presents the first proof establishing the minimal number of sound changes required for different degrees of naturalness (see Section 4.2).

The Blurring Process thus serves as a diachronic model for explaining seemingly unnatural sound changes and synchronic processes and should be considered as an alternative to other strategies. The most common strategies for explaining unnatural sound changes or alternations thus far are the hypercorrection approach (Ohala 1981) and the perceptual enhancement approach (Stanton 2016b). Most studies that have tried to explain PND in isolation have invoked hypercorrection:

\[\ldots\]

\(^{36}\) Although some aspects of the Blurring Process resemble rule ordering in opacity (Kiparsky 1971, 1973), I avoid the opacity terminology, because the end result of the Blurring Process is a non-opaque simple unnatural alternation. Moreover, opacity concerns synchronic alternations, whereas the Blurring Process is a diachronic development. I likewise avoid the Duke-of-York terminology (Pullum 1976): the sound changes in the Blurring Process never operate in the opposite (unnatural) direction, as would be the case in the Duke-of-York derivation.
speakers analyze sequences of ND as voiced from NT and mentally ‘undo’ this voicing. However, in the absence of any restriction, hypercorrection as an explanation for unnatural phenomena leads to overgeneration. Unrestricted hypercorrection leads to the conclusion that every unnatural sound change should be possible (but perhaps very rare) – since, by definition, unnatural sound changes operate against UPTs. Speakers can analyze the surface data as having undergone a UPT and ‘undo’ the UPT, which would yield the unnatural process with a single sound change. This is the reason why Ohala (1981: 193) himself restricts the operation of hypercorrection to ‘those consonantal features [...] which have important perceptual cues spreading onto adjacent segments’. He specifically notes that the voice feature is unlikely to undergo dissimilation based on hypercorrection (see also Blust 2005). I have argued here that the Blurring Process approach is superior to hypercorrection in the case of PND; elsewhere (Beguš & Nazarov 2017, To appear, Beguš 2018), I argue that the Blurring Process better explains other unnatural processes, such as intervocalic devoicing. In Section 3, I also present evidence against the perceptual enhancement explanation of PND and point to the advantages of the Blurring Process approach over the perceptual enhancement approach. While this paper does not argue against the existence of hypercorrection or perceptual enhancement, I do claim that the Blurring Process approach explains the data better than alternative proposals at least in case of the unnatural PND. Further research should reveal whether other unnatural processes are better explained by one or the other strategy.

4.2. Minimal Sound Change Requirement

As already mentioned, the Blurring Process provides the groundwork for establishing the minimal number of sound changes required for natural, unmotivated, and unnatural processes to arise. Specifically, I argue that we can prove formally what we observe typologically: that the emergence of an unnatural process requires at least three sound changes to operate in combination.

Let us assume that $A > B / X$ is a natural sound change, whereas $B > A / X$ is unnatural. As per the definition in (3), we assume that a single instance of sound change means a change of one feature in a given environment (Section 2.2). This means that for a natural sound change ($A > B / X$), A and B differ in exactly one feature $\phi_1$ (for example $\pm$ voice] in the case of PNV or final voicing), so that a given value of $\phi_1$ in B is universally preferred in environment X and its opposite value $\neg \phi_1$ in A is dispreferred in the same environment X. How do we get the unnatural $B > A / X$? With one single natural sound change, it is impossible, because $B > A / X$ is by definition unnatural and therefore impossible under the assumption that sound change has to be natural (see Section 2). Moreover, a combination of two natural sound changes also cannot yield $B > A / X$. Why? A and B differ in one feature only ($\phi_1$). For a $B > A / X$ sound change to arise, therefore, we first need B to change into something other than A (it cannot change to A directly because such a sound change is unnatural). So, let B change to
C, where B and C differ in one feature, \( \phi_2 \), but, to be sure, a different feature from the one that separates A and B (\( \phi_1 \)). From this point, it is impossible for an unnatural sound change to arise without a third sound change. Indeed, C cannot develop directly to A, since the two segments differ in two features: feature \( \phi_1 \), which distinguishes A and B, and feature \( \phi_2 \), which distinguishes B and C, with \( \phi_1 \neq \phi_2 \). Since, by definition, two sound changes are required in order to change two features (see the discussion in Section 2.2), it follows that at least three sound changes must take place in order for an unnatural process to arise. This proof can be formalized as the **Minimal Sound Change Requirement**:

\[(8) \text{ Minimal Sound Change Requirement (MSCR)} \]

Natural alternations arise through a minimum of one sound change. A minimum of two sound changes have to operate in combination for an unmotivated alternation to arise. A minimum of three sound changes have to operate in combination for an unnatural alternation to arise.

The MSCR is derived even more clearly if we use feature notation to represent the Blurring Process. Let \( \phi_1 \) and \( \phi_{1+n} \) be two features in a feature matrix. Let us assume that a change in the direction \(-\phi_1 > +\phi_1\) is a universal phonetic tendency, given value \( \alpha \) of one or more other features \( \phi_{1+n} \) in the feature matrix (and other participating features) and given an environment X. How does the unnatural change in the direction \(+\phi_1 > -\phi_1\) arise? According to the definition in (3) and the requirement that sound change be natural, sound change cannot produce \(+\phi_1 > -\phi_1\) in a single step, given the constant value \( \alpha \) of \( \phi_{1+n} \). The change from \(+\phi_1 > -\phi_1\), however, can be phonetically motivated with different values of \( \phi_{1+n} \) (e.g. in a Blurring Chain) or when \([+\phi_1, \alpha_{\phi_1+n}]\) only appears in a given environment, which means the context becomes irrelevant (\( \emptyset \)) for evaluating naturalness (as is the case in the Blurring Cycle). In other words, we cannot change \([+\phi_1, \alpha_{\phi_1+n}]\) to \([-\phi_1, \alpha_{\phi_1+n}]\), but it is possible that \(+\phi_1 > -\phi_1\) is motivated under the \( \neg \alpha \) value of \( \phi_{1+n} \) or \( \emptyset \) (motivated under a different context). This means that first, a sound change that targets \( \phi_{1+n} \) has to operate and change its value, either in a given environment X (Blurring Chain) or in the elsewhere condition \( \neg X \) (Blurring Cycle). Under the changed \( \phi_{1+n} \), the change \(+\phi_1 > -\phi_1\) can be motivated (which is the second sound change in the Blurring Process). Finally, in order for the change \(+\phi_1 > -\phi_1\) to appear unnatural, the value of \( \phi_{1+n} \) has to change to the initial stage (the third sound change). Feature values of each stage in the Blurring Process that produce the unnatural \([+\phi_1, \alpha_{\phi_1+n}] > [-\phi_1, \alpha_{\phi_1+n}]\) are illustrated in Table 28. At least three changes are needed to get from Stage 1 to Stage 4 (MSCR).

The MSCR gives a lower bound on the number of sound changes required for a process to arise, but not an upper bound. More than one sound change can in some cases result in what would usually be analyzed as a natural alternation. This is primarily true for processes that allow multiple intermediate stages in their development. For example, the natural process \(/k/ \rightarrow [\emptyset] / [f] / [\emptyset] [+\text{front}]\) can arise through a combination of individual sound changes as defined in Section
2.2 (with intermediate stages such as \([c] > [\text{cc}]\)). The resulting process, \(/k/ \rightarrow [\text{tf}] / \underline{\_}[+\text{front}]\) is nevertheless natural because it operates in the direction of a universal phonetic tendency of fronting velars before front vowels (Guion 1996).

### Potential exceptions

There are two potential exceptions to the MSCR. First, unnatural alternations might arise from less than three sound changes when the change from \(+\phi_1\) to \(\neg\phi_1\) (Stage 2 to 3 in Table 28) automatically entails the change from \(\neg\alpha\) to \(\alpha\) in \(\phi_{1+n}\) (Stage 3 to 4 in Table 28). In other words, if a change in one feature (such as a change from \([-\text{nas}]\) to \([+\text{nas}]\)) entails the change of another, automatic (redundant) feature (e.g. \([-\text{son}]\) to \([+\text{son}]\)), or if one of the changes in the Blurring Process is a perceptual change that can target two features simultaneously and precisely those two features play a role in the Blurring Process, then the unnatural alternation might arise from two changes, as we know that the minimality principle holds only for non-automatic non-redundant features and might be violated in some cases (see Section 2.2). We expect such cases, if they exist at all, to be extremely rare because of the restriction that the change of two features in the Blurring Process be automatic/redundant or simultaneous.

Second, the MSCR might not hold in rare cases in which a phonetic change allows a reinterpretation of the phonological status of certain segments. Such cases are, however, expected to be rare and, more importantly, probably always allow alternative analyses. Let us imagine a language in which voiceless stops shorten in word-final position or in coda position more generally. Post-vocically, voiceless stops universally have some degree of voicing into closure as it is difficult to cease voicing immediately after the vowel (Westbury & Keating 1986, Davidson 2016). If the closure duration of such voiceless stops shortens significantly in the coda position, the percentage of voicing into closure will increase. Such shortened voiceless stops can be analyzed either as shortened voiceless stops or as voiced stops, because of the higher percentage of voicing into closure due to their shorter duration.\(^{37}\) In such cases that do not undergo the Blurring Process, however, the conditioning factor for a change is still present in the synchronic system. In the presence of this conditioning factor, alternative

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\(^{37}\) Thanks to Adam Albright (p.c.) for pointing me to this type of development.
analyses are possible. Finally, even if unnatural patterns can arise outside of the Blurring Process, they are comparatively rare, as this paper argues. All unnatural processes known to me for which no alternative explanations exist result from the Blurring Process (Beguš & Nazarov 2017, To appear, Beguš 2018). Under this less strong position, then, the MSCR is at least a strong tendency and the rest of the argumentation that follow from the MSCR still holds.

The MSCR is also limited in scope to segmental phenomena. Prosodic/suprasegmental processes cannot be represented by feature matrices as in Table 28 and require an independent tier under most approaches to prosodic phonology (Goldsmith 1976, Hayes 1995). Because the changes on a prosodic tier can be independent from changes in the segmental tier, unnatural prosodic processes can arise from less than three sound changes. Unnatural prosodic phenomena are beyond the scope of this paper. A more detailed investigation of what constitutes an unnatural change and whether the lack of the MSCR restriction in the prosodic domain translates into a higher rate of unnatural processes would be desired.

4.2.2. Phonotactic restrictions
It is important to note that fewer than three sound changes are required to produce unnatural static phonotactic restrictions. For instance, Kiparsky (2006) provides several trajectories of two or more sound changes leading to the unnatural process of final voicing. Most of his scenarios, however, would result in a phonotactic restriction against voiceless stops word-finally and not in FV as an alternation. Even a single sound change might produce an unnatural phonotactic restriction: if a sound change targets voiceless stops to the exclusion of voiced stops, the resulting phonological system would allow only voiced stops in word-final position. Similarly, post-vocalic voicing of stops would result in a system that would restrict word-final voiceless stops and allow voiced stops in word-final position. While such a system would better be analyzed as a natural restriction against post-vocalic voiceless stops, another sound change reintroducing prevocalic voiceless stops into the system would create an unnatural phonotactic restriction where voicing of stops would be contrastive initially and word-medially, but not word-finally – where only voiced stops would surface.

For the purposes of modeling the diachronic development of unnatural processes, this paper distinguishes between static phonotactic restrictions and alternations. The difference is that the latter require a segment to alternate in a given phonetic environment within the same morphological unit. In other words, the MSCR holds for alternations in which a segment B surfaces as a segment A in an environment X within the same morpheme.

One of the advantages of constraint-based approaches to phonology is that static phonotactics and alternations are modeled simultaneously with the same theoretical devices (Prince & Smolensky 1993/2004, Hayes 2004, Pater & Tessier 2006). It is likely that productive phonotactic restrictions and productive alternations have the same underlying grammatical mechanisms and should
therefore not be distinguished in synchronic grammars (Pater & Tessier 2006). There are three main reasons for why such a distinction is justified when modeling unnatural processes diachronically. Alternations provide considerably more and more reliable evidence for learners. In the case of alternations, learners are faced with surface forms within the same morpheme that contain both A and B. If a combination of sound changes does not result in an alternation, learners are faced with either categorical or gradient distributions. There is no doubt that phonotactic restrictions can be active phonological processes, but the likelihood of learners not acquiring a distribution of segments as an active process is much higher if evidence for the distribution does not surface in the same morpheme (e.g. Becker et al. 2011). Because of this increased likelihood that a combination of sound changes that provides only distributional evidence will not result in a productive process, combined with the fact that the typology of unnatural phonotactics is more challenging to establish (see below), I make a distinction between alternations and static phonotactics when modeling the diachronic development of unnatural processes. In fact, the two unnatural phonotactic restrictions which I argue elsewhere show signs of productivity, Berawan and Tarma Quechua (Beguš & Nazarov 2017, To appear, Beguš 2018), did indeed arise from a combination of sound changes that would also give evidence for an alternation if all changes operated categorically. The fact that evidence for the unnatural phonotactic restriction was morphological (which resulted from the Blurring Process) likely contributed to the productivity of the unnatural phonotactic restrictions.

Second, phonotactic restrictions that do not arise from a Blurring Process might allow alternative analyses. In the scenario outlined above in which post-vocalic voicing of stops is followed by a sound change that reintroduces voiceless stops in post-vocalic (but not final) position, a potential analysis could treat the newly introduced stops as a distinct series, especially if some phonetic properties of the segments the new series develops from are preserved. While such an analysis is undesirable, it is available in the case of phonotactic restrictions and impossible in the case of alternations: one cannot assume a different phoneme within the same morphological unit.

Finally, I distinguish phonotactic restrictions from alternations for practical purposes. It appears that many unnatural phonotactic restrictions go unnoticed in the literature or are not analyzed as unnatural, probably precisely due to the reasons described above. Identifying unnatural distributions/phonotactic restrictions is a harder task not only for the learner, but also for linguists describing languages. For this reason, it is considerably more difficult to create typological studies of unnatural phonotactic restrictions. For example, I have found two languages which potentially allow only voiced but not voiceless stops in word-final position and which have not been discussed in the literature on unnatural processes. Ho and some dialects of Spanish might have a restriction against final voiceless stops while allowing word-final voiced stops for at least a subset of places of articulation. In Ho, for example, voiceless stops do not appear word-finally (except in some loanwords), but voiced labial and retroflex stops do surface
word-finally (Pucilowski 2013). Word-final voiceless stops and labial and velar voiced stops in Spanish are restricted to loanwords. Word-final /d/, however, surfaces in native vocabulary. In a variety of Madrid Spanish, word-final /d/ is most frequently deleted or surfaces as a voiceless fricative, but in citation form, /d/ is recorded as surfacing as a voiced stop [d] in 30% of cases (Burkard & Dziallas 2018). It needs to be acknowledged that these cases are preliminary descriptions and detailed phonetic data is needed to confirm these restrictions. If the stops in word-final position are indeed phonetically real, these cases would suggest that a phonotactic restriction that allows word-final voiced stops while banning voiceless stops might be more common than previously thought. This would align well with the distinction between unnatural alternations that follow the MSCR and unnatural phonotactics that do not.

In sum, the MSCR states that unnatural segmental alternations always arise from at least three sound changes. Unnatural phonotactic restrictions or prosodic alternations can arise from fewer sound changes. This paper distinguishes between alternations and phonotactic restrictions because the first are more likely to result in productive processes, lack alternative analyses, and are easier to detect. While the MSCR does not apply to unnatural phonotactic restrictions, two cases I describe elsewhere (Berawan and Tarma Quechua; Beguš & Nazarov 2017, To appear, Beguš 2018) that did result in productive unnatural phonotactic restrictions actually did arise from the three sound changes in the Blurring Process. A further study of unnatural phonotactics and their diachronic developments would reveal how readily restrictions arising from fewer than three sound changes result in productive processes.

We saw that, while a single sound change is constrained to follow phonetic naturalness, a combination of sound changes appears unconstrained: a number of single instances of sound change can operate on each other (limited of course by the timeframe of active operation), and even if such a combination results in unnatural alternation, the synchronic grammar can still incorporate it (Section 3.5); the final sound change will not be blocked (pace Kiparsky 2006, 2008). However, if we assume that the combination of sound changes is unconstrained, we still need to explain why unnatural processes (B > A / X) are rare – as in the case of PND – or even unattested – as in the case of final voicing. Section 5 discusses implications of the Blurring Process and the MSCR for deriving typology within the Channel Bias approach.

5. Implications for the Channel Bias model of typology

Immediately related to the question of naturalness is the question of derivation of phonological typology. Two major lines of thought have emerged in the discussion

[38] The sample size in the study is not representative enough to yield conclusive results: experimental design was limited to one lexical item and includes 13 speakers (Burkard & Dziallas 2018). Further studies are needed to confirm this distribution.

A major objection against the CB approach is that it fails to explain why some processes, especially unnatural ones, are never attested (Kiparsky 2006, 2008, de Lacy & Kingston 2013). In other words, combinations of sound changes (or a single sound change, if we allow it to be unnatural, as proposed in Blust 2005, 2017 could in principle produce a number of unnatural alternations – yet, it seems that some hypothetically available processes are never attested. In fact, Kiparsky (2006, 2008) goes a step further and assumes some processes are impossible in synchronic grammar. This position is also encoded in the classical Optimality Theory (OT; Prince & Smolensky 1993/2004) and its factorial typology, where unnatural constraints are excluded from the universal constraint inventory (Con). On this approach, some output candidates are harmonically bounded and consequently some processes are impossible in synchronic grammars. For example, Kiparsky (2006, 2008) identifies several combinations of sound changes that would lead to final voicing, but the process is never attested (or at least is morphologically limited; see Yu 2004, Blevins 2004, de Lacy 2002). CB faces difficulties explaining this mismatch and AB is invoked to explain it (Kiparsky 2006, 2008, de Lacy & Kingston 2013).

The standard explanation offered for typology within CB is that ‘common sound patterns often reflect common instances of sound change’ (Blevins 2013: 485, also Greenberg 1978: 75–76). In other words, the more common a sound change is, the more common the synchronic alternation it will produce. However, by assuming only this factor, we face the crucial problem: if sound change has to be natural, why do we nevertheless see unnatural alternations? Of course, we can assume that unnatural alternations arise through combinations of sound changes (as is argued for in this paper). Under this hypothesis, however, we are faced with the problem that was raised by Kiparsky (2006, 2008) and de Lacy & Kingston (2013): if any combination of sound changes is possible, why are some patterns very common, others less common, and even more importantly, some
non-existent?

The Blurring Process model allows us to maintain the long-held position that a single sound change is always phonetically motivated (natural) and that a single sound change cannot operate against a UPT. The Blurring Process, however, also allows derivation of unnatural alternations through a combination of natural sound changes. In other words, natural alternations are phonologized instances of at least one sound change. Unmotivated alternations are phonologized combinations of at least two sound changes. Unnatural alternations are phonologized combinations of minimally three sound changes. Crucially, the number of sound changes required for a process to arise determines that process’s relative frequency: all else being equal, the probability of a single sound change occurring will be greater than the probability of two or three particular sound changes occurring in sequence, which translates into a scale of probability in which natural alternations are the most likely to occur, followed by unmotivated changes, and then unnatural alternations. Even if we do not assume that a sound change is strictly minimal, but can in some instances involve changes of more than one feature simultaneously which would mean the MSCR is a strong tendency rather than a categorical rule (Sections 2.2 and 4.2), the typology in (9) still holds: even if we admit simultaneous sound changes of multiple features in the set of possible sound changes, they are still considerably less frequent than sound changes that target only one feature (see Sections 2.2 and 4.2). The overall probability of an unnatural alteration will thus nevertheless be smaller than the probability of an unmotivated alteration, all else being equal.

(9) A scale of decreasing probabilities
P(natural) > P(unmotivated) > P(unnatural)

The idea that unusual rules are rare because they require complex history is not new. The low probability of combinations of changes has previously been relied on to account for the rarity of certain phonological processes (Bell 1970, 1971, Greenberg 1978: 75–76, Cathcart 2015, Morley 2015). Bell (1970, 1971), Greenberg (1978: 75–76), and Cathcart (2015) attempt to quantify the rarity of phonological processes based on the number of states in their pre-history and their transition probabilities (Markov Model; Greenberg 1978) or based on the number of permutations that result in unnatural processes (compared to all possible permutations of sound changes; Cathcart 2015). The models in Greenberg (1978) and Cathcart (2015), however, do not take into consideration the crucial distinctions made in this paper: the subdivision of unusual rules into unnatural versus unmotivated rules, paired with the proof that the latter require at least three sound changes to arise (MSCR). In other words, to my knowledge, none of the proposals so far actually explain the mechanism for why the least frequent processes are also phonetically unnatural and less frequent phonetically unmotivated, a generalization that follows automatically from the MSCR. In addition, the models in Greenberg (1978) and Cathcart
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(2015) face implementation challenges Beguš (2018). The surveys of changes that Greenberg’s 1978 model of transition probabilities is based on are not representative enough for the result to be reliable. Cathcart’s 2015 model, on the other hand, requires surveys of sound changes to be representative for all possible sound changes, which is a considerable obstacle. In Beguš (2018), I show that the Blurring Process and the MSCR facilitate a quantitative model of typology within CB. With the Blurring Process and MSCR, we can identify sound changes required for a process to arise, which means surveys (samples) need to be representative only for sound changes involved in the estimated alternation.

While the Blurring Process and the MSCR do not solve the problem of why some unnatural processes (such as final voicing) are not attested, while others (such as PND) are, they provide the first step in this direction. Unnatural processes are predicted to be less frequent than natural and unmotivated processes (see (9)). Our estimation of the probability that an alternation arises based on diachronic factors, however, does not need to end here. Estimation of individual probabilities of sound changes in a Blurring Process that leads to an unnatural alternation has the potential to explain individual differences in probabilities within the unnatural group of alternations. It is possible that some unnatural processes are unattested because the probabilities of individual sound changes and consequently the joint probability of the three sound changes in the Blurring Process are sufficiently low that the combination would never arise diachronically. The estimation of individual probabilities of sound changes is beyond the scope of this paper, but this line of reasoning has the potential to explain why some unnatural processes are never attested (while others are) without invoking the AB explanation (Beguš 2018).

The lower probability of a combination of sound changes in the Blurring Process is not the only reason why unnatural processes are rare. Crucially, as soon as an unnatural process operating against universal phonetic tendency does arise and become fully and productively incorporated into the synchronic phonological grammar (B → A / X), the inverse universal phonetic tendency (A > B / X) will begin operating against it. As a result, the probability that an unnatural alternation will survive is even further reduced by the fact that a common sound change (and universal passive phonetic tendency) operates progressively against its existence. This erosion is precisely what we see happening in Tswana: in a system with unnatural alternation (PND), a single instance of natural and opposite sound change (PNV) is in the process of operating against the unnatural alternation (see Section 3.5).

One could argue that, even though combinations of sound changes are less frequent than any single instance of sound change, over the course of an almost unlimited timespan, sound changes ought to ‘stack up,’ yielding multiple unnatural alternations in any given language. In other words, given that every language has a several-thousand-year history during which sound changes have occurred continuously, we should perhaps expect many more unnatural alternations than are actually attested. Consider, however, that any given sound
change has a time of operation. In other words, a sound change becomes active at one point in time and ceases to operate at another point in time (Chen 1974). This is primarily evident from the fact that, at some point in any language, certain sound changes cease to apply to novel vocabulary, loanwords, and morphological alternations. For an unnatural phonological alternation to arise, all the sound changes that play a part in the Blurring Process must be active as ordered: a sound change in the Blurring Process must be active and exceptionless, but can cease to operate by the time of the following sound change, provided that substantial novel/loan vocabulary or morphological contexts are not introduced that would fail to undergo the change. Thus, the timespan available to produce such unnatural alternations is not unlimited, but rather limited by the time in which single sound changes that combine to yield the alternation in question are active/affect all lexical items and morphological alternations in a given language. In probabilistic terms, we would say that language history is not a pure-birth process, but rather a birth-death process.

As Moreton (2008: 84) points out, the AB and CB approaches have in the past often been treated as mutually exclusive, either explicitly or implicitly. A mounting body of research, however, argues that both AB and CB shape typology (Hyman 2001, Myers 2002, Moreton 2008, Moreton & Pater 2012a, b, de Lacy & Kingston 2013). The goal of phonological theory should be to disambiguate the two influences: what aspects and what proportions of phonological typology are caused by learnability/learning biases (AB) and how much of phonological typology is due to the directionality of sound change (CB)? To disambiguate the two influences, we first need a good understanding of how exactly each of them results in typology. The Blurring Process and MSCR provide the first step towards the goal of quantifying the CB influences of phonology. Based on the Blurring Process, we can maintain that the directionality of sound change is restricted to phonetically motivated processes. This restriction can be employed in probabilistic estimation of the CB influences on phonology. The MSCR quantifies the number of sound changes required for natural, unmotivated, and unnatural processes. This quantification already predicts the relative frequencies of natural, unmotivated, and unnatural processes (see (9)). The derivation of CB does not need to stop here: the next step is to quantify the probability of each individual sound change in the Blurring Process. By combining the Blurring Process and the MSCR with probabilistic estimation of sound change, we can quantify the CB influence on typology with a relatively high accuracy (Beguš 2018). The estimation of each individual sound change is, however, not a trivial task and is beyond the scope of this paper (Beguš 2018).

[39] The first sound change in the Blurring Cycle in fact has to be inactive at the time of the second sound change for the unnatural process to arise.
6. Conclusion

This paper addressed two outstanding questions in synchronic and diachronic phonology: whether unnatural sound changes exist, and how unnatural alternations arise. By collecting all known cases of PND, one of the rare reported unnatural sound changes, I showed that common patterns emerge, yielding the conclusion that PND is the result of three natural sound changes, not only in Tswana and Shekgalagari (Dickens 1984, Hyman 2001), but in all thirteen cases. This conclusion allows us to maintain the long-held position that sound change cannot operate against a universal phonetic tendency. I provided new crucial evidence from Sogdian and Yaghnobi that historically confirms the reconstructed development. On this basis, I then presented a new diachronic model, the Blurring Process, which describes the exact diachronic trajectory required for an unnatural alternation to arise and can serve as a strategy for explaining unnatural phenomena beyond PND. I argued that, at least for PND, the Blurring Process approach explains the data better than the hypercorrection and perceptual enhancement approaches. Application of the Blurring Process to further unnatural processes should reveal whether other cases of unnatural processes more commonly arise by hypercorrection, perceptual enhancement, or by the Blurring Process. The result of such an investigation should have implications for our understanding of the relationship between production, perception, sound change, and synchronic alternations. The Blurring Process also provided grounds to define a Minimal Sound Change Requirement (MSCR). The paper presented a proof that at least three sound changes are required for an unnatural segmental alternation to arise and at least two for an unmotivated one (MSCR). The two concepts combined present the first step in the ultimate goal of quantifying the Channel Bias approaches to typology. The MSCR quantifies the relative rarity of unnatural processes compared to natural or unmotivated processes based on the number of sound changes they require. It also provides a groundwork for performing more detailed estimates: in addition to quantifying the probability of combinations of sound changes, we can estimate the probability of each individual sound change required for an alternation to arise. A model combining the two concepts should provide a more accurate estimation of the Channel Bias influences on typology.

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