

Posterior Hip Precautions

No Hip Flexion > 60°
No Adduction Beyond Midline
No Internal Rotation

Abductor Wedge ⇒ 3 – 5 days (° orders) ⇒ then pillows
Pillow or Rolled Towel Under Ankle
No Pillow Under Knee
Turn q 2 - 3° / Inspect Heels

Raised Cut-Out Toilet Seat (In 6 SE storage room or CS)
(If Dr. Clark patient c mini-incision ⇒ No Cut-Out RTS)
OT to Order for Home DC

Turn Knee Gatch OFF / Turn q 2° / Inspect Heels

Weight Bearing (c Assistive Device)
WBAT - Cemented
TTWB - Non-Cemented

TEDS / SCDS - While in Bed
Night Only If Ambulating Frequently

Pain Control
Epidural 1 - 3 Days or PCA

PT ⇒ POD # 1 & Each Day BID and OT ⇒ POD # 1 & Each Day QD

6-SE Stay
4 - 5 Days ⇒ then DC ⇒ Home / SNF / Rehab

Observe All Precautions For 6 Weeks

Anterior Hip Precautions

No Hip Flexion > 90°
No Abduction > 30° and No Adduction Beyond Midline
No External Rotation

Pillows Between Legs
Pillow or Rolled Towel Under Ankle
No Pillow Under Knee
Turn q 2 - 3° / Inspect Heels

Raised Toilet Seat - No Cut-Out / Order from CS
OT to Order for Home DC

Turn Knee Gatch OFF / Turn q 2° / Inspect Heels

Weight Bearing (c Assistive Device)
WBAT - Cemented
TTWB - Non-Cemented

TEDS / SCDS - While in Bed
Night Only If Ambulating Frequently

Pain Control
Epidural 1 - 3 Days or PCA

PT ⇒ POD # 1 & Each Day BID and OT ⇒ POD # 1 & Each Day QD

6-SE Stay (if Leopold patient)
3 Days ⇒ Rehab ⇒ Home (Nursing DC Sheet Needed for Rehab)

Observe All Precautions For 6 Weeks