Knee Arthroscopy
What to expect after your operation –
Dr. Trey Green

Symptoms to report to the doctor:
- Calf pain
- Fever greater than 100°F
- Pain not controlled by pain medication
- Excessive bleeding
- Redness or swelling around incision site
- Any problems with the medication such as nausea, rash, itching, or difficulty voiding
- Numbness or tingling in leg or foot

Activity
- Elevate operative leg for the first 48 hours.
- Weight bearing as tolerated.
- Use crutches if needed.
- Other activity restrictions: ________________________________

Dressing
- Remove dressing in two to three days and cover with gauze or Band-Aids.
- Wear the support stocking on operative leg.
- Change support stocking daily.
- May shower after surgery. Keep incision covered with plastic wrap.

Pain
- May use ice packs or cryocuff on incision site.
- Elevate leg.
- Use pain medication if needed.
Questions?

Call 206-543-1552

Your questions are important. Call your doctor or health care provider if you have questions or concerns. UWMC Clinic staff are also available to help at any time.

Sports Medicine
206-543-1552
Monday-Friday
8:30 a.m.-5:00 p.m.

After hours, call 206-598-6190 and ask the operator to page the resident on-call for the Orthopaedic Service.

Medication

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Follow-Up Appointment

Sports Medicine
Phone: 206-543-1552

Date: ________________  Time: ____________________

Notes:

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