



Knee Arthroscopy

*What to expect after your operation –
Dr. Trey Green*

Symptoms to report to the doctor:

- Calf pain
- Fever greater than 100°F
- Pain not controlled by pain medication
- Excessive bleeding
- Redness or swelling around incision site
- Any problems with the medication such as nausea, rash, itching, or difficulty voiding
- Numbness or tingling in leg or foot

Activity

- Elevate operative leg for the first 48 hours.
- Weight bearing as tolerated.
- Use crutches if needed.
- Other activity restrictions: _____

Dressing

- Remove dressing in two to three days and cover with gauze or Band-Aids.
- Wear the support stocking on operative leg.
- Change support stocking daily.
- May shower after surgery. Keep incision covered with plastic wrap.

Pain

- May use ice packs or cryocuff on incision site.
- Elevate leg.
- Use pain medication if needed.

