

SERVICE	ATTENDING	RESIDENT/ARNP/PA
DIAGNOSIS	CONDITION	
ALLERGIES – PROVIDERS PLEASE REVIEW AND UPDATE HOME MEDICATION ORDER FORM (HMOF)		

POSTOPERATIVE DISCHARGE INSTRUCTIONS FOR SHOULDER SURGERY PATIENTS

POST-OPERATIVE ORDERS

1. Discharge Patient when Surgery Center Criteria met.
2. Review discharge instructions with patient.
3. Dressing:
 - Reinforce dressing if saturated
 - Other dressing instructions: _____

POST-OPERATIVE DISCHARGE INSTRUCTIONS

1. Patient instructions:
 - May shower, keep dressing dry with plastic bag or wrap.
 - No lifting anything heavier than a cup of coffee for 6 weeks.
 - No lifting arm above head.
 - Follow rehabilitation instructions as directed.
2. Sling:
 - Sling on at all times except for bathing.
 - Sling only as needed.
3. Dressing:
 - Patient to leave dressing intact until clinic visit
 - Reinforce dressing if saturated
 - Patient to change dressing: _____
 - Other dressing instructions: _____
4. Return to clinic:
 - 2 weeks 1 week Other: _____
 - Roosevelt Bone and Joint Center 206 598-4288
 - Eastside Specialty Clinic 425 646-7777

PROVIDER SIGNATURE	PRINT NAME	PAGER	NPI	DATE	TIME
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PT.NO

NAME

DOB

UW Medicine Health System
 Harborview Medical Center – UW Medical Center
 Northwest Hospital & Medical Center – University of Washington Physicians
 Seattle, Washington

POSTOPERATIVE DISCHARGE INSTRUCTION FOR SHOULDER SURGERY PATIENTS
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WHITE - MEDICAL RECORD

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