

PE:

| | | |
|-----------------|---|--|
| General: | <input type="checkbox"/> Well developed, well nourished ♂ ♀ in no apparent distress. Circle if applicable: Well Groomed Poorly Groomed Tobacco Smell | <input type="checkbox"/> Three Vital Signs in Chart (such as: Pulse, Respirations, BP, Temp, Ht, Wt) |
| PSYCH: | <input type="checkbox"/> Judgment, insight, memory, mood and affect within normal limits. | <input type="checkbox"/> Patient is alert and oriented to person, place and time. |

Right Upper Extremity

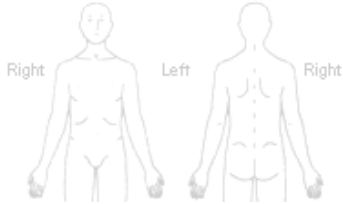
| | | | | | | | | |
|--|-----|--|-----|----|-----|----|-----|--|
| <p align="center">Skin Inspection</p> <input type="checkbox"/> No rashes, lesions, cafe-au-lait spots, ulcers, edema, ecchymosis or cyanosis <input type="checkbox"/> Previous surgical scar <input type="checkbox"/> Incision Site C/D/I Ø erythema or signs of infection | | | | | | | | |
| <p align="center">Musculoskeletal Inspection</p> <input type="checkbox"/> Ø obvious deformity noted on visual inspection <input type="checkbox"/> Ø Crepitus <input type="checkbox"/> Crepitus <input type="checkbox"/> Ø Defect Palpated <input type="checkbox"/> Defect Palpated in Rotator Cuff Area <input type="checkbox"/> Bicep Saw Nml <input type="checkbox"/> Bicep Saw Abnormal | | | | | | | | |
| <p align="center">ROM</p> <table border="0"> <tr><td>FE</td><td>ERA</td></tr> <tr><td>ER</td><td>IRA</td></tr> <tr><td>IR</td><td>CBA</td></tr> </table> | | FE | ERA | ER | IRA | IR | CBA | <p align="center">Str (-/5)</p> <p>S. Spinatus</p> <p>ER</p> <p>IR</p> <input type="checkbox"/> IR Lift off Nml |
| FE | ERA | | | | | | | |
| ER | IRA | | | | | | | |
| IR | CBA | | | | | | | |
| <p align="center">Stability</p> <input type="checkbox"/> Unremarkable and Stable <input type="checkbox"/> Abnml Apprehension <input type="checkbox"/> Abnml Load and Shift | | <p align="center">Neuro</p> <input type="checkbox"/> SILT M/R/U <input type="checkbox"/> EPL/FPL/IO Intact <input type="checkbox"/> Biceps Intact | | | | | | |

Left Upper Extremity

| | | | | | | | | |
|--|-----|--|-----|----|-----|----|-----|--|
| <p align="center">Skin Inspection</p> <input type="checkbox"/> No rashes, lesions, cafe-au-lait spots, ulcers, edema, ecchymosis or cyanosis <input type="checkbox"/> Previous surgical scar <input type="checkbox"/> Incision Site C/D/I Ø erythema or signs of infection | | | | | | | | |
| <p align="center">Musculoskeletal Inspection</p> <input type="checkbox"/> Ø obvious deformity noted on visual inspection <input type="checkbox"/> Ø Crepitus <input type="checkbox"/> Crepitus <input type="checkbox"/> Ø Defect Palpated <input type="checkbox"/> Defect Palpated in Rotator Cuff Area <input type="checkbox"/> Bicep Saw Nml <input type="checkbox"/> Bicep Saw Abnormal | | | | | | | | |
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| FE | ERA | | | | | | | |
| ER | IRA | | | | | | | |
| IR | CBA | | | | | | | |
| <p align="center">Stability</p> <input type="checkbox"/> Unremarkable and Stable <input type="checkbox"/> Abnml Apprehension <input type="checkbox"/> Abnml Load and Shift | | <p align="center">Neuro</p> <input type="checkbox"/> SILT M/R/U <input type="checkbox"/> EPL/FPL/IO Intact <input type="checkbox"/> Biceps Intact | | | | | | |

Neck

| |
|--|
| Skin: <input type="checkbox"/> No rashes, lesions, cafe-au-lait spots, or ulcers noted |
| Musculoskeletal: <input type="checkbox"/> Ø obvious deformity noted on visual inspection |
| <input type="checkbox"/> Ø Crepitus <input type="checkbox"/> Crepitus |
| <input type="checkbox"/> Ø Pain with axial compression <input type="checkbox"/> Pain with axial compression |
| <input type="checkbox"/> Ø Δ in pain with Traction <input type="checkbox"/> ↓ in pain with Traction |
| ROM: <input type="checkbox"/> Full flexion, extension, lateral flexion, lateral rotation |
| <input type="checkbox"/> No pain c head turn side of pain (Spurling's) <input type="checkbox"/> pain c head turn side of pain (Spurling's) |



Imaging:

XRay: R L Ø Fx Ø dislocation Prosthesis in good anatomical alignment
 Glenohumeral joint space is: preserved decreased destroyed
 Arthritis Ant Pos Wear pattern High riding Humeral Head

R L MRI
 Full Part Ø RCT

Assessment: DJD RCT RC Arthropathy Shoulder Instability Adhesive Capsulitis Normal Post Surgical Course

Plan: Discussed surgical and non-surgical management options to include risks and possible benefits of each. Intro to surg scheduler Order MRI
 PT: Cont FE_____ ER_____ 4Quad Stretch RC STR Scap Stab Lat Pull↓ Prog Sup Bench Old Records Reviewed Smoking talk

F/U: 2 3 4 6 wks months If Ø improvement AS needed After MRI

Seen & Exam with Consulted with

Winston J Warme Alexander Bertelsen

Signature: _____

PE: New **204** - comp PE and surg
 Comp - 8 systems **203** - det PE and (PT or read new x-ray)
 Det - gen, inspect, ROM, Str, stability Est **214** - det PE or surgery + mult/new prob
 Exp - gen, any MS **213** - exp PE or x-ray + PT/surgery
 Visit Greater than 50% Counseling
 New 10 - 201 20 - 202 30 - 203 45 - 204 60 - 205
 Est 5 - 211 10 - 212 15 - 213 25 - 214 40 - 215
 Frederick A. Matsen
 Winston J Warme Alexander Bertelsen Date: _____